

- Welcome to our Spa -

The Abbey Inn Spa is a peaceful sanctuary to create positive change for body and mind. Our sacred space utilizes the healing properties of nature with a collection of rejuvenating treatments to leave guests with restored balance, renewed energy, and natural radiance.

For The Abbey Inn guests, we are pleased to offer the ultimate experience, which includes the use of our fitness center, hot tub, sauna and luxurious locker rooms.

Spa day guests are welcome to use the sauna and locker rooms.

- Facials -

All facials are customized to meet client's skin care needs.

THE ABBEY INN SIGNATURE FACIAL

50 min

This individualized facial treatment is highly personalized to meet your unique needs. Cleanse, exfoliate and soothe your skin with a mask made from an infusion of ultra-hydrating botanicals. Your skin is left repaired and nourished.

Add a Honey Glaze & Sweet Cream Scrub, Hand & Foot Renewal or Avocado-Lime & Honey Hydrator for an additional charge.

TEEN FACIAL

30 min

Teen facials typically begin with a deep cleansing, followed by gentle extractions. A healing mask will then help to rehydrate dry, flaky, irritated skin, or eliminate oily particles. Created with the teen's complexion needs in mind, these facials can help with persisting teen skincare troubles or prevent them before the problem starts.

GENTLEMAN'S FACIAL

50 min

Our Gentleman's Facial provides a customized treatment that includes deep pore cleansing, exfoliation, and a soothing mask. This facial helps repair the damage caused by daily shaving, skin sensitivity, dullness, aging and the environmental impact of both city and outdoor living.

- Geneo Treatments -

50 min

OxyGeneo provides a unique approach to facial treatments. Recruiting natural physiological processes to increase oxygen levels in the skin and achieve exceptional results. Unlike other technologies, OxyGeneo utilizes natural oxygen from within resulting in an effective treatment and immediate results.

GENEO ILLUMINATE FOR SKIN BRIGHTENING VITAMIN C FACIAL

50 min

Geneo Illuminate unifies skin tone, improves pigmentation and rejuvenates the skin. The Geneo Illuminate OxyPod includes Kojic Acid and Vitamin C for an even skin tone effect, as well as Opuntia Fruit Extract and Carrot Extract for moisturizing and smoothing the skin.

GENEO REVIVE FOR SKIN REJUVENATION RED ALGAE FACIAL

50 min

Geneo Revive refreshes dull skin, reduces fine lines and improves overall skin texture and appearance. The Geneo Revive OxyPod includes Red Algae, a powerful antioxidant with an anti-aging effect and also Caffeic Acid and Retinol, known to treat the signs of aging and assist in skin rejuvenation.

GENEO BALANCE FOR OILY SKIN CHARCOAL FACIAL

50 min

Geneo Balance Charcoal Facial treatment purifies and soothes oily skin, improving its texture and appearance. The Geneo Balancing OxyPod includes Bamboo Charcoal for a detoxifying effect, Camu-Camu extract for vitamins and antioxidants and Mandelic Acid for treating acne-prone skin.

- Facial Add On -

EYE MASK

ICE GLOBE

LIP TREATMENT

CHOCOLATE DÉCOLLETÉ

FOOT TREATMENT

HAND TREATMENT

THE ABBEY INN

SPA

Relax. Unwind. Rejuvenate.

- Microdermabrasion Treatments -

50 min

Microdermabrasion restores the youthful appearance of skin without chemicals, laser, surgery, or extended periods of irritation and redness. Microdermabrasion successfully treat numerous skin conditions, improves skin texture, treats fine lines and wrinkles, treats acne, rosacea, skin pigmentation, and reduces uneven skin tone.

dmGLOW

50 min

dmGlow™ is a renewing and rejuvenating facial treatment which combines facial cup vacuum massage, dual exfoliation and botanical skin care to provide a fresh and radiant glow. The gentle suction helps to release muscle and fascia tension, temporally plumping your skin as it reduces the appearance of fine lines and wrinkles. This skin care program that incorporates vacuum massage is highly recommended to make long lasting improvements to your skin.

CBD FACIAL & DÉCOLLETÉ

60 min

CBD facials are designed to let your skin reap the most benefits from this cannabis compound. CBD, non-intoxicating cannabis derivative, is now ubiquitous in the beauty world. Having a CBD facial has many benefits to repairing sun damage, acne, clogged pores, reducing the appearance of wrinkles, and fine lines. CBD rejuvenates your skin with potent anti-inflammatory ingredients. Leaving your skin look refreshed and glowing.

A peel is incorporated in your Microdermabrasion treatment.

- Waxing -

EYEBROWS	HALF ARM	UNDERARM
LIP	FULL ARM	BIKINI
CHIN	HALF LEG	BRAZILIAN
FULL FACE	FULL LEG	CHEST
		BACK

- Visit our website for treatment descriptions and pricing at theabbeyinnspa.com -

- Massages -

THE ABBEY INN CORNERSTONE MASSAGE

50 min

Our signature massage combines the healing properties of massage and the heat from lava stones to relieve tension and stress. This warming promotes massage loosens muscles, increases circulation and promotes deep relaxation.

RESTORATIVE AROMA MASSAGE | 50 min

This aromatic sensory journey is designed to relieve tension and restore your balance. Using a customized blend of essential oils and therapeutic massage techniques, you'll drift away into total relaxation and leave restored, renewed, and radiant.

SWEDISH MASSAGE | 50 min

Provides relaxation for the entire body using long gliding strokes in upward motions along muscle groups. Improves circulation and lymph drainage.

DEEP TISSUE MASSAGE | 50 min

This therapeutic massage combines long, deep strokes and firm pressure to enhance circulation, balance energy, and promote well-being. This massage is ideal after sports activities or to improve flexibility and relaxation.

MOTHER-TO-BE | 50 min

Our expert therapists will create a personalized treatment for your specific needs using massage techniques safe for expecting mothers. This specialty service will focus on releasing stress and inflammation and promoting well-being.

THE ABBEY INN COUPLES CORNERSTONE MASSAGE

50 min

Enjoy our signature massage together! Our Cornerstone massage loosens muscles, increases circulation and promotes deep relaxation by combining the healing properties of massage and the heat from lava stones to relieve tension and stress.

SWEDISH COUPLES MASSAGE | 50 min

Our Swedish couples massage provides relaxation for the entire body using long gliding strokes in upward motions along muscle groups to improve circulation and relaxation.

- Cancellation Policy -

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made 24 hours in advance. Same-day service cancellations will be charged in full to the credit card provided. No-show appointments will also be charged in full.

- Spa Gift Certificates -

Spa gift cards are a wonderful way to give the gift of health, relaxation and beauty to the special people in your life. We will be more than happy to assemble a group of services to fit all personalities or special occasions. Gift cards may be purchased at the front desk, at the SPA or by phone. Gift cards may not be redeemed for cash value.

- We Grow to Delight -

Our skincare products are grown and crafted with delicious flair! Each is either certified organic or uses a high concentration (up to 100%) of naturally derived ingredients. They're all chock-full of fruits, vegetables, milks, and more from U.S. farms, including our own.



Thank you and we look forward to your visit!

theabbeyinnspa.com

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