



the
SPA
at the Heritage Hotel



Relax, Renew, Rejuvenate

Hours

Friday 10:00am - 6:00pm • Saturday 10:00am - 5:00pm
Sunday 10:00am - 2:00pm

522 Heritage Road, Southbury, CT
www.SpaHeritageHotel.com • 203-267-2639



Massage

Soothing Tension Massage.....	60 min \$120 / 90 min \$170
	Package of 6 sessions 60 min \$600
Deep Tissue Massage.....	60 min \$140 / 90 min \$190
Sports Massage for Injury Prevention.....	60 min \$150 / 90 min \$190
CBD Massage	60 min \$150 / 90 min \$190
Eases arthritis, joint pain, muscle discomfort and inflammation.	
Hot Stone Massage.....	60 min \$145 / 90 min \$195
Prenatal/ Postnatal Massage.....	60 min \$125 / 90 min \$165
Reflexology	30 min \$75 / 45 min \$95
Romantic Retreat Couples Massage	60 min \$270 / 90 min \$370
In-Room Massage	60 min \$140 / 90 min \$190
Aromatherapy Enhancements	\$25
Beautifully Balanced massage experience to calm both body and mind with a therapeutic blend of essential oils which frees skin of environmental stress and toxins. Enhance your massage with aromatherapy. Choose one of our aromatic, therapeutic oils and indulge in a multi- sensory journey.	

Foot/ Hand Scrub Treatment Add- On \$25 each

Cupping	30 min \$80
Relieve pain, muscle tension, inflammation, blood flow, promote cell repair, and offer relaxation. It may also help form new connective tissues and create new blood vessels in the tissue. Suggested add on to a deep tissue massage.	

Skincare

Deep Cleansing Signature Facial	60 min \$125
Express Facial.....	30 min \$75
Fresh and Full Hydration	60 min \$150
Micro Dermabrasion	\$125 per session / 6 sessions \$585
Anti-Aging Facial.....	60 min \$150
Bright Skin Facial	60 min \$150
Sensi Peel	\$125 per session/ Schedule 3 receive the 4th FREE (Must be paid in full prior)

Advanced exfoliation is a comfortable treatment to increase cell turnover. The peel will improve and prevent most skin concerns, including discoloration, aging, rosacea, and acne. Leave with a healthy glow. Schedule a treatment during your lunch break. *With any facial a Sensi Peel may be added on for \$50*

Sensi NoPeel Peel.....	\$125
This protocol is designed to treat fair skin types with a desire for brighter, smoother skin without the potential of post-treatment visible exfoliation. Good new entry level peel or in between peel treatment. Experience gentle exfoliation with no expected visible peeling or downtime. NoPeel Peel removes impurities, detoxifies pores, and helps reduce inflammation post-treatment while boosting collagen production to help prevent signs of premature aging.	



Double Lift Facial..... 60 min \$200

A treatment that helps fight the signs of premature skin aging.

A combination of active serums stimulates collagen production to deliver instant results.

Gentleman’s Facial 60 min \$140

Back Treatment 30 min \$80 / 60 min \$115

FACIAL ENHANCEMENTS:

Anti- Aging Eye & Lip Treatment..... \$25

Anti-Acne Mask \$50

Manual Lymphatic Drainage (MLD)..... \$30

Cupping \$30

Lip Scrub \$15

Aromatherapy \$15

CBD \$30

Lash Tint..... \$30

Brow Tint..... \$25

Combo..... \$50

Body Treatment

Warm ‘n Smooth Exfoliation \$65

Prepare your skin with a dry brush exfoliation before being hydrated to delight your skin and senses with a slight sent of sweet fig. The benefit to dry brushing is it encourages blood circulation, cell regeneration, and lymphatic drainage. All of these actions promote internal detoxification which can aid in weight loss, cellulite reduction, and the elimination of accumulated toxins. Take home your own brush following the session.

**It is suggested to follow the dry brush treatment with a full body Soothing Tension Massage.*

Nail Services

Express Manicure..... 30 min \$25

Express Pedicure 45 min \$45

Express Combo \$60

Spa Signature Manicure 60 min \$45

Spa Signature Pedicure..... 60 min \$80

Spa Combo..... \$115

Hot Stone Pedicure..... \$55

Gel Manicure \$45

French Manicure \$50

Polish Change \$15

Gel/Shellac Soak Off \$20

Child’s Mani/ Pedi \$15/\$21

(age 10 & under)



Foot & Leg Revival **60 min \$80**

A wonderful treat for sore legs and feet. This treatment includes a hydrating exfoliation enhanced with pumpkin to lock in moisture before the winter months and a massage from the ankle to the knee to improve circulation and rid discomfort of your feet. Sip on a sweet fall flavored beverage while experiencing this time for Self-Care.

Winter Glow Pedicure **60 min \$90**

This pampering session begins with a scrub and then experience a milk and honey mask before your toes may be polished.

Happy Hydrated Hands **30 min \$40**

We will offer your hands the perfect renewal treatment designed to revitalize and repair dry skin. A gentle exfoliate will be followed by an ultimate hydrating wrap. Finish with a rejuvenating hand massage.

Hot Buttered Rum Holiday Hands OR Feet Treatment..... **\$25 ea**

Spread holiday cheer with a mask of warm rum essence and spiced botanical butters paraffin , all while providing moisture to soothe chapped, dry winter skin on the hands or the feet.

Waxing

Lip/ Chin/ Nose **\$15 ea**

Side of Face **\$20 ea**

Brow Wax/ Tweezing **\$18 and up**

Under Arms **\$28**

Half Arm/ Full Arm..... **from \$30 / \$40**

Half Legs/ Full Legs **from \$50 / \$70**

Chest/ Back..... **from \$45 / \$75**

Bikini..... **from \$25**

Brazilian Bikini..... **\$50 & up**

Special Day of Pampering..... **3 hours \$270 (\$295 value)**

Spend the day of self care. Start with a calming, soothing and relaxing personalized massage, followed by a one hour signature facial. To complete this luxurious experience, settle in and relax with your manicure.

Cancellation Policy: Any cancellation or changes to treatment or appointment time within 24 hours of scheduled services will result in a charge of the full price of your booked session.

Guests of the Heritage Hotel may enjoy some massage services in the comfort and privacy of their guest rooms.

Touch 6047 from your guest telephone to schedule your appointment and assure we can accommodate services in your room.

