

Relax, Renew, Rejuvenate

# Hours

**Friday 10:00am - 6:00pm • Saturday 10:00am - 5:00pm Sunday 10:00am - 2:00pm**

**522 Heritage Road, Southbury, CT** [**www.SpaHeritageHotel.com**](http://www.SpaHeritageHotel.com/) **• 203-267-2639**

# Massage

**Soothing Tension Massage 60 min $115 / 90 min $165**

**Package of 6 sessions 60 min $525 Deep Tissue Massage 60 min $135 / 90 min $185**

**Sports Massage for Injury Prevention 60 min $150 / 90 min $190**

**CBD Massage 60 min $150 / 90 min $190**

Eases arthritis, joint pain, muscle discomfort and inflammation.

**Hot Stone Massage 60 min $129 / 90 min $169**

**Prenatal/ Postnatal Massage 60 min $125 / 90 min $165**

**Reflexology 30 min $75 / 45 min $95**

**Romantic Retreat Couples Massage 60 min $270 / 90 min $370**

**In-Room Massage 60 min $140 / 90 min $190**

**Aromatherapy Enhancements $25**

Beautifully Balanced massage experience to calm both body and mind with a therapeutic blend of essential oils which frees skin of environmental stress and toxins. Enhance your massage with aromatherapy. Choose one of our aromatic, therapeutic oils and indulge in a multi- sensory journey.

**Foot/ Hand Scrub Treatment Add- On $25 each**

**Cupping 30 min $80**

Relieve pain, muscle tension, inflammation, blood flow, promote cell repair, and offer relaxation. It may also help form new connective tissues and create new blood vessels in the tissue. Suggested add on to a deep tissue massage.

# Skincare

**Deep Cleansing Signature Facial 60 min $125**

**Express Facial 30 min $75**

**Fresh and Full Hydration 60 min $150**

**Micro Dermabrasion $125 per session / 6 sessions $585**

**Anti-Aging Facial 60 min $150**

**Bright Skin Facial 60 min $150**

**Sensi Peel $125 per session/ Schedule 3 receive**

**the 4th FREE (Must be paid in full prior)** Advanced exfoliation is a comfortable treatment to increase cell turnover. The peel will improve and prevent most skin concerns, including discoloration, aging, rosacea, and acne. Leave with a healthy glow. Schedule a treatment during your lunch break.

**Therapeutic Pumpkin Mask $125**

*Available Mid-October*

Promotes the retexturing of the skins cell turnover to fight the signs of aging, discoloration, hyperpigmentation, dullness, as well as acne and sun damage. This nutritive treatment mask exfoliates rough textured skin for a healthy, glowing complexion. It combines exfoliating pumpkin enzymes, salicylic acid, along with a host of antibacterial and antioxidant ingredients to address your skin.

**Double Lift Facial 60 min $200**

A treatment that helps fight the signs of premature skin aging.

A combination of active serums stimulates collagen production to deliver instant results.

**Gentleman’s Facial 60 min $140**

**Back Treatment 30 min $80 / 60 min $115**

# FACIAL ENHANCEMENTS:

**Anti- Aging Eye & Lip Treatment $25**

**Anti-Acne Mask $50**

**Lip Scrub $15**

**Aromatherapy $15**

**CBD $30**

**Lash Tint $30**

**Brow Tint $25**

**Combo $50**

# Body Treatment

**Beauti- Fall Body Treatment 60 min $125**

This body scrub treatment will target cellulite while moisturizing. It removes skins dullness, leaving you with a healthy glow to overworked summer skin. Complete with a warm wrapping of sweet lasting hydration to leave your skin feeling extremely supple.

**Autumn Glow Restoration 60 min $110**

A intensely hydrating treatment including the sweet scents of milk, honey and fig which will indulge the senses and inspire the feeling of comfort.

**Fall Into Bliss $65**

Prepare your skin with a dry brush exfoliation before being hydrated to delight your skin and senses with a slight sent of sweet fig. The benefit to dry brushing is it encourages blood circulation, cell regeneration, and lymphatic drainage. All of these actions promote internal detoxification which can aid in weight loss, cellulite reduction, and the elimination of accumulated toxins. Take home your own brush following the session.

*\*It is suggested to follow the dry brush treatment with a full body Soothing Tension Massage.*

# Nail Services

**Express Manicure 30 min $25**

**Express Pedicure 45 min $45**

**Express Combo $60**

**Spa Signature Manicure 45 min $40**

**Spa Signature Pedicure 45 min $75**

**Spa Combo $105**

**Hot Stone Pedicure $50**

**Gel Manicure $40**



**French Manicure $50**

**Polish Change $15**

**Gel/Shellac Soak Off $12**

**Child’s Mani/ Pedi $15/$21**

**(age 10 & under)**

**Autumn Foot & Leg Revival 60 min $80**

A wonderful treat for sore legs and feet. This treatment includes a hydrating exfoliation enhanced with pumpkin to lock in moisture before the winter months and a massage from the ankle to the knee to improve circulation and rid discomfort of your feet. Sip on a sweet fall flavored beverage while experiencing this time for Self-Care.

**Harvest Glow Pedicure 60 min $90**

This pampering session begins with a scrub and then experience a honey and pumpkin mask before your toes may be polished.

**Happy Hydrated Hands 30 min $40**

We will offer your hands the perfect renewal treatment designed to revitalize and repair dry skin. A gentle exfoliate will be followed by an ultimate hydrating wrap. Finish with a rejuvenating hand massage.

# Waxing

**Lip/ Chin/ Nose $15 ea**

**Side of Face $20 ea**

**Brow Wax/ Tweezing $18 and up**

**Under Arms $28**

**Half Arm/ Full Arm from $30 / $40**

**Half Legs/ Full Legs from $50 / $70**

**Chest/ Back from $45 / $75**

**Bikini from $25**

**Brazilian Bikini $50 & up**

*Special Day of Pampering* **3 hours $270** *($295 value)*

Spend the day of self care. Start with a calming, soothing and relaxing personalized massage, followed by a one hour signature facial. To complete this luxurious experience, settle in and relax with your manicure.

**Cancellation Policy:** Any cancellation or changes to treatment or appointment time within 24 hours of scheduled services will result in a charge of the full price of your booked session.

**Guests of the Heritage Hotel may enjoy some massage services in the comfort and privacy of their guest rooms.**

**Touch 6047 from your guest telephone to schedule your appointment and assure we can accommodate services in your room.**