



CONTINENTAL

From the Bakery

Selection of fresh rolls, breads
(for toasting) and pastries

Toppings

Butter portions and a selection of fruity preserves

Fruit

Cool creamy yoghurt in a variety of flavours
A selection of fresh produce from the fruit bowl
Freshly chopped fruit pieces in juice

THE FULL CORNISH

Local pork sausage or vegan sausage
Back bacon
Baked beans
Grilled forest mushroom
Grilled tomato
Choice of eggs (poached, scrambled or fried)

SPECIALS

Perfect porridge

A simple and comforting
bowl of warm oat
porridge and milk

Bacon or sausage sandwich

Grilled bacon or succulent sausage
between buttered bread. Ketchup
or brown sauce optional

Buttermilk pancakes

American pancakes topped with
the perfect balance of salty and
sweet bacon and maple syrup

Smoked salmon & scrambled eggs

A classic favourite featuring
smoked salmon & silky
scrambled eggs

Eggs Royale

Toasted English muffin
topped with smoked
salmon, poached eggs and a
classic hollandaise sauce

Eggs Benedict

Toasted English muffin
topped with ham,
poached eggs and a
classic hollandaise sauce

DRINKS

Tea

Freshly brewed pot of
Tregothnan tea

Coffee

Cafetière of rich full-bodied
coffee served with milk

Juice

A choice of fresh fruit juices
and iced water