

# LUNCH MENU

Restaurant The Tides at Bayside Boutique Hotel

## **CAESAR SALAD - ROOTS ARE FOREVER**

Homemade croutons on top of hand tossed romaine lettuce mixed with grilled chicken and sprinkled with Parmesan cheese and Caesar dressing.

25 NAF - \$ 14

## **SALAD NIÇOISE**

Anchovies and tuna placed on a bed of locally grown lettuce tossed with string beans, potato, tomato, eggs, black olives with a perfect dash of herbal vinaigrette.

25 NAF - \$ 14

## **QUINOA SALAD**

Quinoa with mixed vegetables on a bed of pumpkin puree, nestled on the shell of the pumpkin and sprinkled with delicious herbs, spices and pieces of walnuts.

20 NAF - \$ 11.25

## **TIDES SPICY (BURGER)**

Freshly sliced tomatoes, lettuce, onions placed on succulent beef, covered with the chefs signature sauce and placed in two warm buns (optional: add cheese).

32 NAF - \$ 18

## **FOR THE LOVE OF CHEESE (BURGER)**

Gruyère and brie melted on juicy beef, topped with caramelized onions and rich truffle aioli between toasted burger buns.

34 NAF - \$ 19

*All prices include all taxes*

# Menu

## **IT'S NO SECRET DELUXE (BURGER)**

Homemade pico de gallo and avocado aioli placed on a perfectly grilled burger, topped with caramelized onions and nestled between two buns.

36 NAF - \$ 20

## **PASTA WITH STUFFED CHICKEN**

Chicken filet stuffed with bacon and bell pepper placed on creamy pasta topped with herbs.

41 NAF - \$ 23

## **VEGAN PASTA**

Roasted cherry tomatoes, onions, bell peppers, broccoli and spinach gently tossed with handmade vegan pasta and served with a garlic cream sauce.

25 NAF - \$ 14

## **CRISPY TUNA**

Served with Moroccan couscous and herbs.

41 NAF - \$ 23

## **PANINI CARPACCIO**

Beef carpaccio with cheese, tomatoes and drizzled with aioli sauce and browned beautifully.

18 NAF - \$ 10

# Menu

## **PANINI HAM & CHEESE**

Gouda cheese placed on ham slices topped with tomatoes placed between two panini slices and toasted to perfection.

18 NAF - \$ 10

## **CLUB SANDWICH**

Freshly sliced chicken breast, fried eggs, bacon, lettuce, tomatoes and mayonnaise.

25 NAF - \$ 14

## **TENDERLOIN**

Tender grilled tenderloin served with sautéed broccoli, carrots and red bell peppers. Served with fries.

41 NAF - \$ 23

All burgers, panini's and club sandwich served with French fries.