



## WELCOME

Escape to a tranquil place, a place where your wellness is nurtured to harmonise your inner self...Escape to Vie Spa.

From the moment you enter our sanctuary you will feel a wave of calm wash over you.

Inspired by the pristine, natural beauty of the Wardandi Aboriginal land and ocean surrounding us, we are proud to offer you a bespoke collection of iKOU Spa Rituals. Organic and Australian-made, using indigenous ingredients, iKOU is a sensory experience... a journey for body and mind to transform you to a feeling of deep relaxation and bliss.

# RITUALS

## **OCEANIC BODY & MIND BALANCE** 120mins | \$310

De-stress the mind, balance the body and restore energy and hydration in this soothing head to toe signature rejuvenation ritual.

Focusing on mood lifting benefits using essential oils to promote a feeling of wellbeing, this calming treatment will leave you feeling relaxed and hydrated.

- Australian jojoba & orange full body scrub
- Relaxing aromatherapy full body massage
- Wellbeing radiance facial
- Soothing foot treatment

## **FOREST REVIVAL** 120mins | \$310

Breathe new life into your body and soul and enjoy a fresh start with this uplifting ritual. A sea salt scrub reveals radiant skin while preparing the body and relaxing the mind to fully enjoy the benefits of full body massage that focuses on releasing tension and leaves you as energised as a walk in the forest.

- Quandong deep conditioning scalp cocoon
- Australian lemon myrtle body scrub
- Reviving full body massage
- Foot restoration massage with cucumber mask

## **NATIVE WHITE FLANNEL FLOWER SANCTUARY** 120 mins | \$310

Unwind and allow your body to receive the healing benefits of deep relaxation. Inspired by the beauty and healing properties of the Australian white flannel flower, this popular ritual is a complete head-to- toe degustation of iKOU treatments. Connect with the inner joy that lives within you, and restore a radiant all-over glow. From head to toe, unwind, breathe, relax.

- Organic coconut & jasmine body polish
- Australian white flannel floral hydrating cocoon
- Organic radiance facial
- Full body white flannel flower soufflé
- Foot restoration massage

## **EARTH DREAMING** 90mins | \$250

Feel a sense of renewal for mind and body. This classic combination of body scrub and massage is customised to you.

With a choice of two moods: Energise & renew or De-stress & calm

- Full body exfoliation
- Full body massage

## **CAPE NATURALISTE RENEWAL** 90mins | \$250

Experience the feeling of a fresh start, let go of tension in areas of the body most affected by stress and immerse looking and feeling relaxed and vibrant. This ritual includes a deeply hydrating facial to restore your radiant glow.

- Neck, back and shoulder massage
- Back exfoliation
- Deep cell hydration facial



# FACIALS

All of our facials are customised to take your skin on a journey specific to your needs using high performance iKOU skin care.

## **iKOU SIGNATURE WHITE FLANNEL FLOWER ANTI-AGEING FACIAL** 90mins | \$230

Showcasing all signature techniques and sensory surprises from the full menu of iKOU Facials, this journey of treatments delivers high-performance, visible Anti-Ageing results. Radiant skin is revealed with an AHA & BHA Australian Desert Lime Face Polish and toning and firming of the skin, hydrating and boosting collagen is achieved using active, organic ingredients, serums and masques extracted from unique, high-performance Australian plant, fruit and flowers infused into the skin and boosted with acupressure facial massage. This beautiful, detailed facial incorporates Aromatherapy scalp, foot, arm and lower leg massage with Australian White Flannel Flower, to inspire a blissful experience.

## **iKOU DE-STRESS ORGANIC FACIAL** 90mins | \$230

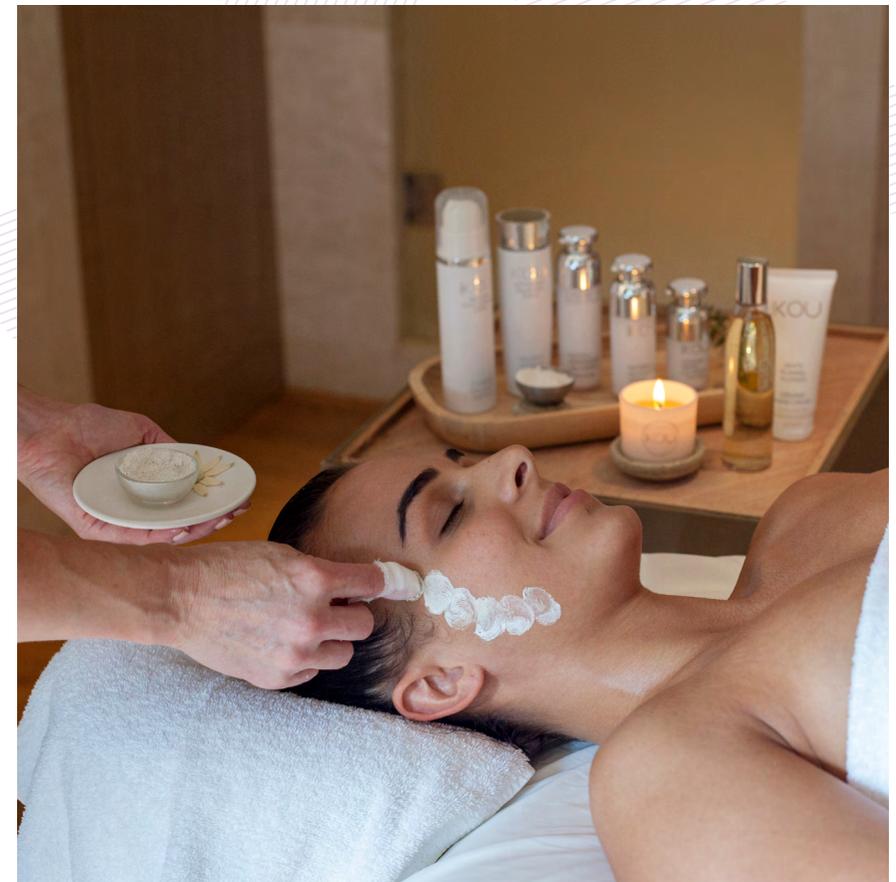
Stress has a powerful effect on ageing and skin sensitivity, and this calming, restorative facial focuses on collagen regeneration, healing, nourishing and rebuilding skins elasticity and protective hydration using Organic & Wild-Harvested Australian fruit and flower extracts. This sensory facial incorporates aromatherapy scalp, foot, arm and lower leg massage with Geranium, Lavender & Clementine for a deeply relaxing experience.

## **iKOU BRIGHTENING VITAMIN RENEW FACIAL** 60mins | \$170

An active facial to boost luminosity, improve elasticity and deliver powerful Anti-Ageing results. Advanced, ultra-intensive blend of antioxidant Astaxanthin with vitamins and emollients to protect against environmental damage and deliver age-defying results. Collagen is boosted and cells are renewed with vitamin A rich Australian Banksia Seed Oil.

## **iKOU DEEP CELL HYDRATION FACIAL** 60mins | \$170

Quench thirsty skin and restore elasticity and radiance in this deeply hydrating facial. Featuring super-antioxidant, native Australian rainforest Crown of Gold. Renewal begins with a focus on effective exfoliation. Moisture balance is restored with a deep cell low molecular weight Hyaluronic Acid infusion compress and luxurious double masques for instant, visible results leaving skin radiant, nourished and revitalised.



## MASSAGE

Our full-body relaxation massages combines rhythmic movements and soothing massage with the art of the senses. Create your own journey with your choice of one of five organic iKOU natural plant oil blends. Intuitively guide your mind and body to greater relaxation and energy balance.

### **VIE MASSAGE** 60mins | \$145

Our signature full-body massage combining rhythmic movements with your choice of an organic iKOU oil blend.

### **HOT STONE HEALING** 60mins | \$160 90mins | \$205

Expertly guided hot basalt stones combined with geranium and clementine oils and fluid movements. 90min option includes additional foot renewal exfoliation.

### **BABY BALANCE** 60mins | \$145

Treat yourself during your pregnancy with this specialised massage to relieve tension while supporting both your body and bump. Suitable after 12 weeks.

## BODY & H2O

### **COUPLES BATH AND MASSAGE** 90mins | \$385

Enjoy a romantic shared experience in our tranquil couple's suites with this massage treatment for two.

- Couple's Aromatherapy Bath Soak - a blissful way to re-connect before your massage
- Vie Massage - Our signature full body massage combining rhythmic movements & organic iKOU oils

### **SINGLES BATH AND MASSAGE** 60mins | \$200

- Aromatherapy Bath Soak - a blissful way to re-connect before your massage
- Vie Massage - Our signature full body massage combining rhythmic movements & organic iKOU oils



## ADD-ON'S

### **VIE BODY SCRUB** 30mins | \$85

A customised body exfoliation that is rich in essential fatty acids and antioxidants, infused with oils that promote cell renewal and polish away dull skin.

### **AROMATHERAPY BATH SOAK** 30mins | \$85

Water, the source of life. Utilise the therapeutic benefits of hydrotherapy as a blissful add on before or after your treatment.

### **HEAD, NECK & SCALP** 30mins | \$85

Calm thoughts and ease stored tension with this warm, deep conditioning hair mask.

### **BACK, NECK & SHOULDER** 30mins | \$85

Target the areas that carry stress with an organic iKOU essential oil blend.

### **REVIVER FACIAL** 30mins | \$85

Finish any of our treatments with gorgeous glowing skin.

### **RAINFOREST FOOT MASSAGE** 30mins | \$85

Ease tension and increase circulation with a eucalypt foot soak and scrub, specialty massage and a lemon scented tea tree cucumber mask.

### **EXPRESS CND™ SHELLAC® MANICURE OR PEDICURE** 45mins | \$100

CND™ SHELLAC® polish add on | \$35  
CND™ SHELLAC® polish removal | \$35

## BLISSFUL ENHANCERS

Enjoy some extra indulgence with our selection of Blissful Enhancers that can be included into any of our treatments (as part of your treatment)

### **VIE SACRED SCALP** | \$45

A nourishing scalp treatment that works with pressure points.

### **BLISSFUL EYE MASK** | \$45

Make your eyes instantly clearer, relieve puffiness and improve hydration.

### **STEAMER** | \$45

Enhance your face with this face steamer to promote circulation.

### **FOOT MASK** | \$45

Hydrating restoration foot mask.

## HAND & FOOT

### **HAND PRINT** 60mins | \$110

Our signature manicure. Replenish, repair and soften with exfoliation, massage, nail care and mask. Includes a colour polish.

### **SOLE REVIVAL** 60mins | \$110

Our signature pedicure. Indulge in a warm foot soak, smoothing exfoliation, nail care, massage and mask. Includes a colour polish.

## VIE SPA FAQ

### ARRIVAL

Please arrive at least 15 minutes prior to your appointment to give yourself time to enjoy our relaxation lounge and complete your consultation form.

### CANCELLATIONS

Bookings cancelled within 24hrs or 'no-shows' will incur a 100% cancellation fee.

### VALUABLES

Locker facilities are provided, however we cannot accept responsibility for loss of valuables.

### COUPLES

Enjoy a romantic shared experience in one of our tranquil double suites. Any individual treatment can be tailored to give you time together while caring for your personal preferences.

### CONFERENCES

Ask about our specially designed express treatment menu for busy conference groups.

### PRODUCTS

Our highly trained therapists use organic, Australian-made iKOU products made in the Blue Mountains of New South Wales.

## OPENING HOURS & RESERVATIONS

Open from 10am - 5pm daily, advance bookings are strongly recommended.

Please call **+61 8 9756 9160** or email **viespa.bunkerbay@accor.com** for enquiries or to book your treatment.

Visit the web site to place an online booking **[pullmanbunkerbayresort.com.au](http://pullmanbunkerbayresort.com.au)** or find us on Facebook for our current specials and promotions.



