



À LA CARTE BREAKFAST

PLEASE CHOOSE ONE ITEM FROM THE MENU

PALEO GRANOLA *(gf)*

Fresh fruit, natural or coconut yoghurt

EGGS YOUR WAY ON TOAST *(gfo)*

Poached, fried or scrambled

BLUE EDGE TOAST *(gfo)*

Jam, peanut butter, vegemite, butter

TASMANIAN COLD SMOKED SALMON

Spring onion pancake, herb and chilli salad, 65-degree eggs

DUKKAH FRIED EGGS *(gfo)*

Hummus, asparagus, crispy kale, chickpeas

TRADITIONAL BREAKFAST *(gfo)*

Scottsdale crispy bacon and pork sausage, grilled tomato,
Hash brown, fried eggs, tomato chutney and blue edge toast

FREYCINET BREAKFAST BOWL *(gfo) (vgo)*

Sautéed exotic mushroom, house pickled vegetable, rice, wakame, tempura nori,
65-degree egg

WAFFLE OF THE DAY

Please ask our staff for daily special

Basic cereals available on request
(Coco pops, corn flakes, Nutri-grain)

Vegan/ Vegetarian menu is available on request