

SPA

AT PEPPERS SEMINYAK



THE LIFESTYLE RETREAT at Peppers Seminyak

In the heart of Seminyak, a world class villa resort now offers you the best of both worlds: the Balinese wellness experience within one of the trendiest neighborhood on the island. Renamed and reformatted to bring you the best from the world of wellness, The Lifestyle Retreat at Peppers Seminyak is ready to welcome you for a stay that benefits you long after you leave our resort.

As a proven stress reducers, retreats are beneficial for your mental and physical health. For those creatively inclined, taking the time to slow down on a regular basis and going off the grid is key to keeping your creative spark alive. You'll be enveloped in the best environment and guided to a mindset to make the most of a short getaway.

With two tailored packages of three (Breakaway) and seven (Blissful) night stays, you will be immersed in mindful activities such as yoga and daily meditation, acclaimed spa treatments, juice cleanse, healing sessions with some of the best healers in Bali, and nutritional consultations for a straightforward approach of balance in life. For those already residing in Bali, the retreat also provides the option to take up the whole regiment of wellness treatments without night stays at the resort.

The Laneway Restaurant caters wellness inspired curated meals three times a day and our skilled therapists at Peppers Seminyak is on hand to administer the right treatments for your mind and body.

Go home refreshed and energized. Re-approach your life with a newfound zest.



BREAKAWAY

For urban dwellers and city executives with only a weekend to break away, wanting the best of both Bali and self-care. Take a break from the non-stop action of city life that never sleeps.

We'll keep you focused on yourself for three whole night stays, and take all the unnecessary decisions away from you. With full board on breakfast, lunch, and dinner, you'll be surrendering your meal times to our specially curated menu, made by our professional chefs.

Find recalibration for your outlook on life and work with a short 3 day Wellness Retreat getaway.

INCLUSIONS

- Three nights stays in villa.
- Daily yoga and meditation program during the program.
- Full board breakfast, lunch and dinner.
- Colonic Hydrotherapy.
- Spa treatments
- Healing.
- Nutritional consultation

BLISSFUL

"We are what we repeatedly do."

Should you find more time for lifestyle improvements, this package is designed to help you maintain even better focus and self-care.

By taking yourself out of the box for more days, you'll be treated to deeper sessions of meditation, more opportunities for healing sessions, and get your body and mind used to the flow of relaxation and clearer mindset.

With everything included in our Breakaway package and more, a seven night getaway would be one of the best treats you can gift yourself for the year.

INCLUSIONS

- Seven nights stay in villa.
- Daily juicing program.
- Daily yoga or fitness.
- Full board breakfast, lunch and dinner.
- Spa treatments.
- Colonic Hydrotherapy.
- Healings.
- Nutritional consultant.



RATES

BREAKAWAY

- 1 person : IDR 9,000,000
with 1BR stay : IDR 18,000,000
- 2 person : IDR 18,000,000
with 2BR stay : IDR 28,500,000
- 3 person : IDR 27,000,000
with 3BR ROYAL stay : IDR 39,000,000
- 3 person : IDR 27,000,000
with 3BR PRESIDENTIAL stay : IDR 40,500,000
- 4 person : IDR 36,000,000
with 4BR stay : IDR 51,000,000
- 5 person : IDR 45,000,000
with 5BR stay : IDR 61,500,000

BLISSFUL

- 1 person : IDR 21,500,000
with 1BR stay : IDR 42,000,000
- 2 person : IDR 42,500,000
with 2BR stay : IDR 67,000,000
- 3 person : IDR 64,000,000
with 3BR ROYAL stay : IDR 92,000,000
- 3 person : IDR 64,000,000
with 3BR PRESIDENTIAL stay : IDR 95,500,000
- 4 person : IDR 85,000,000
with 4BR stay : IDR 120,000,000
- 5 person : IDR 107,000,000
with 5BR stay : IDR 145,000,000

For more information please contact us :
Jl. Pura Telaga Waja, Petitenget, Seminyak - Bali 80361
Phone +62 361 733 398 or +62 361 730 333
spa@peppersseminyak.com • www.peppersseminyak.com

  SpaAtPeppersSeminyak

