



CACTUS

S P A

Spa Treatment Menu



The Oasis Between the Ancient and the Modern World.

From a dimension of relaxation where delight is a frequently heard word, Cactus Spa will definitely captivate your senses.

Beauty, Life Balance, Harmony, Tradition, Vitality, Nature and Culture. Seven essential elements of our services, now closer to you than ever. The ideal place exists. We are waiting for you.

Massages

Full Body Massage

50 min. \$3120 pesos. 80 min. \$4180 pesos.

Make your choice on the type of technique and release physical and mental tension, at the same time that the massage improves the skin tone as well as the blood and lymphatic circulation.

Therapeutic Massage

50 min. \$3320 pesos. 80 min. \$4580 pesos.

The therapeutic massage is designed to treat a specific condition, it's a combination of relaxation massage and remedial massage to not only relax your whole body but at the same time, work through some of the muscle issues or "tight spots" you may be experiencing.

Aromatherapy Massage

50 min. \$3180 pesos. 80 min. \$4380 pesos.

This relaxing and anti-stress treatment is a perfect combination of massage and natural essential oils to establish harmony between your mind, body and soul.

Chocolate Massage

50 min. \$3180 pesos. 80 min. \$4380 pesos.

Indulge in a sense of well being with this unique massage, while you are pampered by a romantic and exotic chocolate scent.

Pregnancy

50 min. \$3120 pesos. 80 min. \$3880 pesos.

This specially designed massage aids in the relief of aching back muscles and heavy legs.

Reflexology

25 min. \$1980 pesos.

This ancient technique uses pressure on strategic points of the feet and hands, which correspond to the body's principal organs and glands. This is the perfect massage to relax and revitalize you.

Back, Neck and Shoulders

25 min. \$1980 pesos. 50 min. \$2920 pesos.

The main areas of the body where we accumulate tension are the neck, back and shoulders. This massage focuses on those areas and diminishes stress and tension while improving blood circulation with relaxing strokes and restorative movements.

Cactus Massage

80 min. \$3900 pesos.

Combining techniques such as reflexology and cranial massage specially designed for you, this massage will rejuvenate your body, mind and soul.

Abhyanga Massage

80 min. \$3900 pesos.

Abhyanga the ayurvedic oil massage is an integral part of the daily routine recommended by this healing system for overall health and well-being. Traditional ayurvedic texts wax eloquent on the benefits. Here's what one says "Give yourself a full-body oil massage on a daily basis. It is nourishing; pacifies the doshas; relieves fatigue; provides stamina, pleasure and perfect sleep; enhances the complexion and the luster of the skin; promotes longevity; and nourishes all parts of the body.

Hot Stones Massage

80 min. \$4580 pesos.

In this fabulous full-body massage we use heated stones in specific points of the body lingering just long enough to melt the tension from each muscle.

Personalized Massage

50 min. \$3380 pesos. 80 min. \$4580 pesos. Signature therapeutic massage, adapted to suit your individual needs, to encompass the feel and touch of wellness. This therapy is ideal to alleviate stress and tension, to ease pains, to improve circulation, muscular and joint mobility, to heal and balance body and mind.

In-room or Outdoor Massage

Enjoy the benefits of massage in the comfort of your hotel room or the palapa beach side. Pay additional \$400 pesos over selected massage price for the set up.

Facials

The Signature Cactus Facial

50 min. \$3520 pesos. 80 min. \$4380 pesos. Connect with the origins of the Mexican Ancestral Herbalism with this facial that provides a natural shine to your skin thanks to its moisturizing, regenerating, antioxidant and purifying agents.

Anti-age Facial

50 min. \$2920 pesos. 80 min. \$3680 pesos. Turn back time and reduce the signs of aging by using all the power of the Tepezcohuite that will counteract the marks caused by age and help you prevent the signs of aging in combination of regenerating and antioxidant active ingredients that act against the free radicals that age your skin.

Body Treatments

The Detox

50 min. \$3320 pesos. Every 3 months our body becomes saturated with toxins and it is important to release them. This detoxifying treatment based on the properties of Organic Agave and a synergy of essential oils of fresh mint herbs, will activate and adequate circulation to free the body from toxins and energy charges.

After Sun

50 min. \$2920 pesos. This body treatment will return to your skin the lost nutrients by the exposure to the sun with highly regenerating active ingredients such as aloe, chamomile and a regenerating phytocomplex of blue agave.

The Energy Wrap

50 min. \$3120 pesos. A body energizing treatment that eliminates dead cells, revitalizes, softens and moisturizes the skin. It provides antioxidants that will help us to reduce the effects of free radicals and hormonal changes to which the skin is exposed, through organic agave extract and a synergy of essential oils that contain green tea, rosemary, lime and hibiscus.

Special Treatments

Aena Alignment

80 min. \$3920 pesos.

Aena that means 'In the sky', it is a purifying treatment on an energetic level that flows through the alliance of the chakras and produces a balance in the aura by means of a dry bamboo brushing followed by a holistic massage and concludes with a Hawaiian ancestral technique known as the lomi lomi and a touch of hot stones to reach an emotional zen state.

Mayahuel Ritual

80 min \$3920 pesos.

Mayahuel was the Mexican goddess of the Maguey who left us an important cultural legacy in Mexico, this treatment focused on muscle healing through the use of tequila takes us through history and gives us a unique ritual with medicinal properties at the same

time as you receive stretches with the rebozo (a Mexican blanket) belonging to our roots to align and close the spine and fight muscle pain, get rid of not only tension and stress, but also the emotional tense part.

The Candle Therapy

80 min \$3920 pesos.

This unique therapy hydrates, nourishes and softens the skin. Made from a 100% plant-based active ingredients in an innovative combination of Mexican herbalism, which when heated becomes a delicious massage oil, promotes its absorption and prolongs the action of its assets during the massage. Paraben and paraffin free. It does not contain dyes, synthetic fragrances or gluten. They are not tested on animals. Vegan, 100% handmade.

The Journeys

For Her

90 min. \$4380 pesos.

This detoxifying treatment based on the properties of Organic Agave will activate and adequate the blood circulation and free the body of toxins and energy charges, while receiving a delicious hand and foot massage, just to nicely close the therapy with a facial cleanser that will hydrate your skin.

For Him

90 min. \$4380 pesos.

This energizing body treatment removes dead cells, revitalizes, softens and moisturizes the skin in combination with sports massage, continue this journey with a relaxing scalp massage while your face is masked with a stimulating cleansing.

A Just Married Hideaway

120 min. \$5180.00 pesos.

Enjoy this relaxing love hideout with this exclusive treatment that moisturizes, nourishes and softens the skin through a romantic candle therapy, while your skin is nourished with the power of 'Tepezcohuite' that will counteract the marks caused by age and help you to prevent the signs of aging, all this while being wrapped in an atmosphere of aromatherapy that stimulates your senses.

The Retreat

120 min. \$5180 pesos.

Escape to a retreat that detoxifies you from everything at the same time you get a touch of hydration and care on your face, this treatment is perfect for you. Enjoy this ancestral tequila-based ritual by stretching with a 'rebozo', followed by a nutrient-rich agave facial with an anti-aging effect, to end with a guided meditation with bowls that free your mind through the sound therapy.

Love is Love

120 min. \$5180 pesos.

Let yourself be embraced by the power of the 7 colors that represent the chakras and experience how they line up in an atmosphere of love immersed in a holistic massage with chocolate flavor and the heat of the stones, follow the path marked by the rainbow of the chakras and get a final touch of hydration around your eyes and lips to seal a trip full of purification. Love comes in so many ways and shapes so does relaxation.

Hair, Hands, and Feet

Blow Dry

Short	\$1180 pesos
Medium	\$1380 pesos
Long	\$1580 pesos

Hair Cut for Ladies

Short	\$1380 pesos
Medium	\$1580 pesos
Long	\$1780 pesos

Hair Cut for Men

\$ 780 pesos

Girl Blow Dry

Short	\$ 980 pesos
Medium	\$1180 pesos
Long	\$1380 pesos

Bridal Up Do

Short	\$2780 pesos
Medium	\$2980 pesos
Long	\$3180 pesos

Make up

\$1780 pesos

Color

Short	\$1560 pesos
Medium	\$1760 pesos
Long	\$1960 pesos

Moroccan Oil Ritual

Short	\$1380 pesos
Medium	\$1580 pesos
Long	\$1780 pesos

Hands Treatment

Manicure	\$1120 pesos
Polish change	\$ 580 pesos
Acrylic Nail Set	\$1440 pesos
Acrylic Nail Fill	\$1640 pesos
Acrylic Nail Repair (each nail)	\$ 380 pesos
Kids Manicure	\$ 680 pesos
Gelish	\$ 780 pesos

Feet Treatment

Pedicure	\$1220 pesos
Polish change	\$ 580 pesos
Kids Pedicure	\$ 840 pesos
Gelish	\$ 780 pesos

Waxing Services

Full Leg	\$1580 pesos
Half Leg	\$1060 pesos
Full Arm	\$ 799 pesos
Half Arm	\$ 680 pesos
Bikini Area	\$ 980 pesos
Under Arm	\$ 560 pesos
Chin, Lip, Eyebrow (Each)	\$ 560 pesos
Back	\$1060 pesos
Face	\$1060 pesos

Spa Etiquette

Cactus Spa facilities are an oasis of serenity, relaxation and rejuvenation. To maintain this tranquil environment, we ask you to be respectful to others privacy, speak softly, and deactivate any disruptive communication devices, such as cell phones or pagers.

What to Wear?

We will provide you with a robe and slippers to wear while visiting our spa and you will be assigned a locker to store your personal belongings. During your spa treatment, it is recommended that you experience body services without clothing. Our therapists are professionally trained and will ensure a level of comfort by appropriately draping areas of the body that are not a focus of the treatment. We require that swimming attire be worn in all co-ed whirlpool, sauna, and steam facilities.

Cancelling a Spa Reservation

We request that all guests using the spa extend a 24-hour cancellation notice. If less than 24-hours notice is given, a services charge may be posted to the credit card or room number noted at the time of booking.

Storing Valuables

All lockers will have a security mechanism (such as a combination lock), but if you feel more comfortable, we strongly recommend that you leave valuable personal items in the safe in your guest room, or in one of the safe deposit boxes at the front desk of the hotel.

Late arrival time

We ask that you arrive at least 15 minutes prior to your scheduled appointment time; however, if a late arrival is unavoidable, please call to notify the spa receptionist whenever possible. Arriving late will simply limit the time for your treatment, as we must complete your service by the designated end-time in order to appropriately accommodate the next guest.

Special health considerations

If you have health concerns or are pregnant, please be sure to notify our spa staff when booking your treatment. Our receptionist can offer guidance on which treatments will be the most beneficial and those that should be avoided due to physical limitations or sensitivity.

Alcoholic Beverages and Spa

We recommend that you do not consume alcohol before, during or immediately after your spa treatments.. Alcohol is not permitted at the Spa.

Gratuities

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. Gratuities for these efforts are greatly appreciated and can be either given directly to the staff member, or extended at the front desk of the spa facility. Standard practice for excellent service ranges from a 15-20% gratuity.

Payment

We accept all major credit cards. If you are a guest of the hotel, you may also charge spa service to your hotel room. No cash accepted.

Spa gift certificates

You may purchase gift certificates for a specific amount or for a particular service at the reception desk of the spa or by phone. Please call the spa to confirm availability.

Age Minimum

Guests must be 18 years of age or older to experience a massage, body treatment or enjoy the Spa relaxation areas, locker areas and pool. Teen treatments are available to anyone from 14 to 17 years of age with a parent or guardian present in the treatment room.

Salon treatments are available for children 5 years of age and older. This includes hair and nail services only. Parent must be present for the service.

Feed Back

Please share your suggestions on how we can improve on our services; feel free to contact us!.

Spa Facilities

As part of our Spa Services, the use of the hydrotherapy facilities is available to you without charge on the day of your treatment. We recommend that you allow enough time before your appointment to enjoy a hydrotherapy routine prior to any Spa or Salon treatment.

Operating hours everyday from 7am. to 9 pm.

Reservations 624 145 8000 ext. 4080

Taxes and service charge are included.

Hacienda del Mar Los Cabos Resort, Villas & Golf.

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