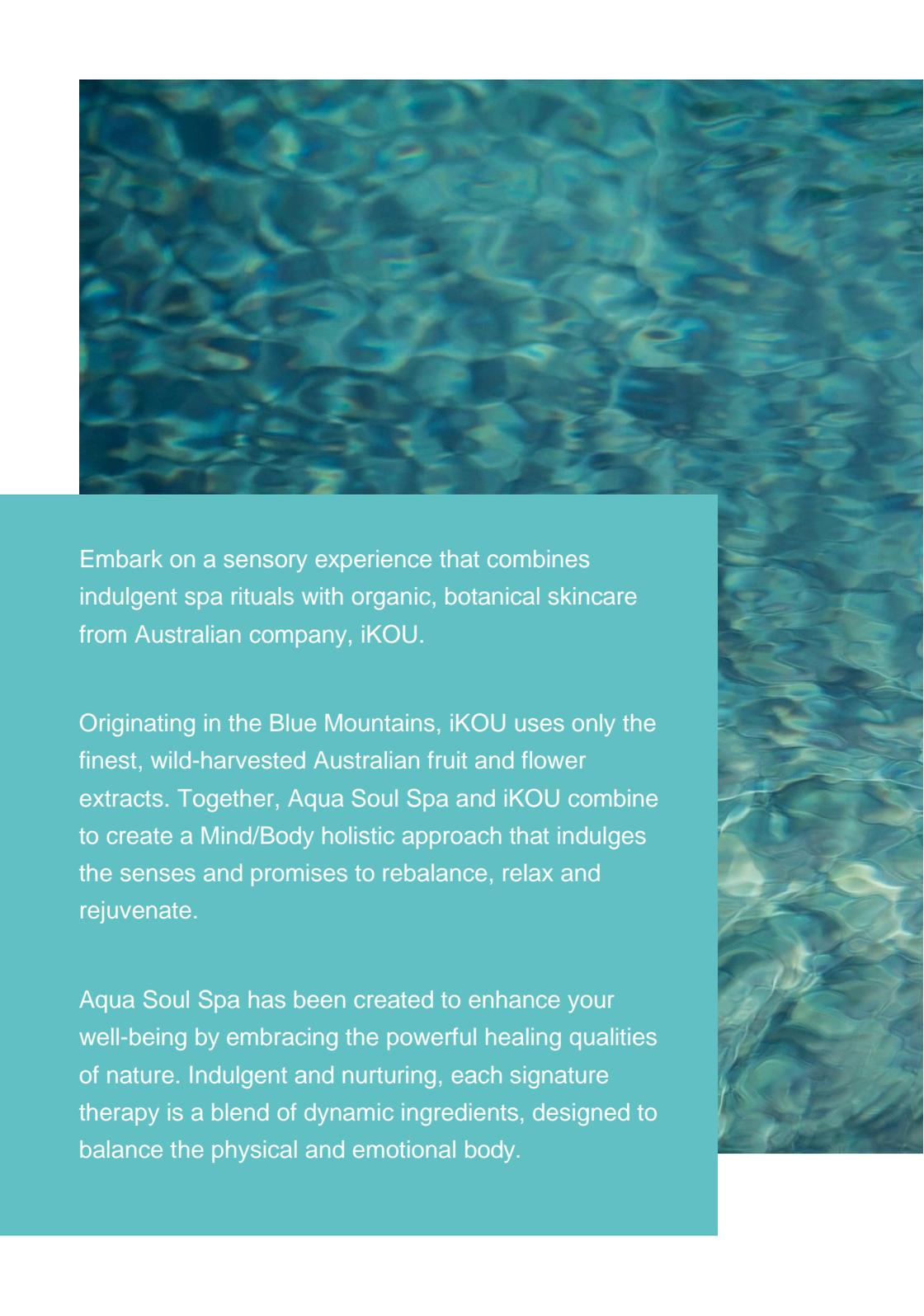


AQUA SOUL
SPA & WELLNESS



Heron Island
GREAT BARRIER REEF



Embark on a sensory experience that combines indulgent spa rituals with organic, botanical skincare from Australian company, iKOU.

Originating in the Blue Mountains, iKOU uses only the finest, wild-harvested Australian fruit and flower extracts. Together, Aqua Soul Spa and iKOU combine to create a Mind/Body holistic approach that indulges the senses and promises to rebalance, relax and rejuvenate.

Aqua Soul Spa has been created to enhance your well-being by embracing the powerful healing qualities of nature. Indulgent and nurturing, each signature therapy is a blend of dynamic ingredients, designed to balance the physical and emotional body.

FACIALS

DEEP CELL HYDRATION

45 min

Quench thirsty skin and restore elasticity and radiance in this deeply hydrating facial featuring super-antioxidant native Australian rainforest ingredients. Renewal begins with an effective exfoliation. Moisture balance is restored with a deep cell low molecular weight hyaluronic acid infusion compress and luxurious double masques.

DELUXE VITAMIN RENEW

60 min

An active facial to boost luminosity, improve elasticity and deliver powerful age-defying results. Advanced, ultra-intensive blend of antioxidant astaxanthin with vitamins and emollients to protect against environmental damage and deliver age-defying results. Collagen is boosted and cells are renewed with vitamin A rich Australian banksia seed oil.

WHITE FLANNEL FLOWER AGE DEFYING FACIAL

90 min

Radiant skin is revealed with an AHA & BHA Australian desert lime face polish and toning and firming of the skin, hydrating and boosting collagen is achieved using active, organic ingredients, serums and masques extracted from unique, high-performance Australian plant, fruit and flowers infused into the skin and boosted with acupressure facial massage.



iKOU RITUALS

RAINFOREST REVIVAL

90 min

Breathe new life into your body and soul and enjoy a fresh start with this uplifting ritual. A sea salt scrub reveals radiant skin while preparing the body and relaxing the mind to fully enjoy the benefits of full body massage that focuses on releasing tension and leaves you energised and walking on air.

BODY & MIND BALANCE

120 min

Breathe Relax and de-stress the mind, balance the body and restore hydration in this soothing head to toe rejuvenation ritual. Focusing on mood lifting benefits using essential oils to promote a feeling of positivity and wellbeing, this calming treatment will leave you feeling relaxed and hydrated.





WHITE FLANNEL FLOWER SANCTUARY

105 min

Unwind and allow your body to receive the healing benefits of deep relaxation. Inspired by the beauty of the Australian White Flannel Flower, this popular ritual is a complete head-to-toe degustation of iKOU treatments. Connect with the inner joy that lives within you, while exotic ingredients restore a radiant all-over glow.

From head to toe;
unwind... breathe... relax...

iKOU ORGANIC BODY SCRUB

60 min

Transform body and mind with iKOU Organic High-Performance Body Scrubs. Polish away dull skin to reveal a radiant glow with instant results. Rich in essential fatty acids and antioxidants with selected oils to promote cell renewal and long-lasting healthy skin results. The finishing application of a triple butter Organic Body Souffle leaves the mind relaxed and skin rejuvenated. The perfect indulgence to enjoy before a massage.

MASSAGE

BALANCE & CALM

30 min or 60 min

This full-body relaxation massage combines rhythmic movements and gentle massage manipulation with the art of the senses. Create your own journey with your choice of one of four iKOU organic aromatherapy plant oil blends.

HEAD, NECK & SCALP WITH FRAGONIA & BERGAMOT

60min

Australian fragonia & bergamot is renowned for relieving stress and assisting with conditions such as psoriasis or dry, itchy scalp. This warming iKOU mask provides deep conditioning and invites rest for the mind and washes away your cares.

iKOU RAINFOREST FOOR RITUAL

30min

Massage to restorative points in the feet can assist in easing tension, increase circulation and balance the body's natural equilibrium. A eucalypt foot soak and scrub, followed by a specialty massage and soothing lemon scented tea tree and cucumber mask, leaves you with a spring in your step.

AROMA STONE MASSAGE

75min

By using the ancient healing powers of hot basalt stones to soothe aches and pains this aroma stone ritual helps you to unwind and leaves your body feeling rejuvenated. Combined with essential oils and relaxing hot stone placement this therapeutic full body treatment will melt away tension and stress.





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Your treatment time has been reserved especially for you. However, we understand that plans change. If you do need to change or cancel your treatment, you are required to provide four hours notice. Without notice the full charge of your treatment will apply.

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