



## *Winter Spa Hours*

Spa Facilities Hours: 10am - 6pm | Pool Hours: 9am - 8pm | Fitness Center Hours: 9am - 8pm

\*Reservations are required for the pool and fitness center

## *Body Treatments*

### **Silver Aspen Signature Massage**

**60min \$190 | 90min \$265 | 120min \$350**

Using a customized blend of techniques to address your needs, the therapist will consult with you to determine the perfect pressure and specific areas of concern to ensure optimum results.

### **Rebalancing Stone Therapy**

**90min \$270**

Your expert therapist will use hot stones to warm your muscles alleviating aches, pains, and joint discomfort. The heat from the stones assists in healing of chronic pain, arthritic pain, and insomnia. Perfect for someone who enjoys the benefits of a deep tissue massage with a lighter touch.

### **CBD Massage**

**60min \$235 | 90min \$310**

When used in your massage, the CBD oil will deeply penetrate, soothe, and relax muscle tissue, while also helping to ease tension and stress. This full body treatment is excellent for restoring balance and equilibrium at a cellular level. This massage can still be customized to address your individual concerns for your best results.

### **Anti-Inflammatory Massage**

**90min \$285**

Relieve inflammation, increase circulation, and assist in decreasing aches and pains in muscles and joints. You will start with a dry brush exfoliation to increase circulation and prepare your body to de-stress. A specialized massage using light tissue and lymphatic work will be performed to further relieve inflammation.

### **Mountain "Heeling"**

**60min \$190**

Soothe and revitalize tired, sore legs, and feet. An invigorating scrub exfoliates and refreshes aching feet while hot stones melt away tension, increase circulation, and eliminate toxins. This treatment restores peak performance to stressed muscles.

### **Deserving Mother's Massage**

**60min \$190 | 80 min \$265**

A soothing treatment for the mother-to-be, this massage improves circulation and provides a gentle, soothing touch for expectant mothers. Designed for mothers-to-be who are in their second trimester or farther along.



## *Facials*

### **Silver Aspen Custom Facial**

**50min \$195 | 80min \$270**

Our expert estheticians will consult with you to customize your experience based on your skin needs. Indulge in this customized treatment for the ultimate skin rejuvenation and you will see instant results.

### **Pure Forest Facial**

**80 minutes \$280**

Relax, release the stresses of urban living, and let the restorative powers of nature take over. This luxurious facial harnesses the healing properties of hydrating snow mushroom, regenerative reishi, and purifying birch water to repair and protect your skin. Calm your senses with the serenity of the forest and uncover a pure, glowing complexion.

### **Après Ski Facial**

**80 minutes \$280**

Reset dry, dehydrated, irritated skin. This targeted post-slope treatment envelops the skin in rich moisture while utilizing clinically proven peptides and the latest in hydrating technology to leave your skin calm, dewy, and ready to face the slopes again.

## **Beauty Treatments**

Beauty treatments are offered at Stein Eriksen Lodge, including manicures, pedicures, and hair services. Complimentary shuttle services will be provided to and from our sister property. Please contact the Silver Aspen Spa Concierge to book a treatment. (435) 940-6604

## *Reservations*

We ask that you please arrive at least 15 minutes prior to your scheduled appointment. Late arrivals for any service will limit the length of treatment. Masks are required to receive any and all treatments. Guests should plan to leave valuables in their rooms and silence cell phones during spa visits. Silver Aspen Spa is reserved for guests over the age of 18 and children ages 12-17 when accompanied by an adult. Any changes or cancellations must be done 24 hours in advance of service to avoid being charged in full. Massages after 8pm will incur an additional \$100.00 charge.

## *Gratuity*

A 20% gratuity will be added to all Silver Aspen Spa services. Upon check out, please feel free to adjust this in either direction based on your experience.