



WINTER SPA HOURS

Spa Services: 10am - 6pm | Pool: 8am - 8pm | Fitness Center: 24 hours a day

SERVICES

LE SPA SIGNATURE MASSAGE **50 MIN \$145 | 80 MIN \$185 | 110 MIN \$225**

Using a customized blend of techniques to address your needs, the therapist will consult with you to determine the perfect pressure and specific areas of concern to ensure optimum results.

STONE THERAPY MASSAGE **80 MIN \$190**

Your expert therapist will use hot stones to warm your muscles alleviating aches, pains, and joint discomfort. The heat from the stones assists in healing of chronic pain, arthritic pain, and insomnia. Perfect for someone who enjoys the benefits of a deep tissue massage with a lighter touch.

MOUNTAIN "HEELING" **50 MIN \$135**

Soothe and revitalize tired, sore legs and feet. An invigorating scrub exfoliates and refreshes aching feet while hot stones melt away tension, increase circulation, and eliminate toxins. This treatment restores peak performance to stressed muscles.

DESERVING MOTHER'S MASSAGE **50 MIN \$135 | 80 MIN \$175**

A soothing treatment for the mother-to-be, this massage improves circulation and provides a gentle, soothing touch for expectant mothers. Designed for mothers-to-be who are in their second trimester or farther along.

ENHANCEMENTS

- **CBD INFUSION \$35:** CBD oil helps to deeply penetrate, soothe, and relax muscle tissue, while also helping to ease tension and stress. Enhancement to be added to a service.
- **OXYGEN TREATMENT 25 MIN \$35:** This treatment provides numerous health benefits including high altitude relief, symptom relief, mental clarity, and detoxification. Can be scheduled with or without a service.

GRATUITIES

A 20% gratuity will be added to all Le Spa services. Upon check out, please feel free to adjust this in either direction based on your experience.

RESERVATIONS & CANCELLATIONS

We ask that you please arrive to your appointment on time. Late arrivals for any service will limit the length of treatment. Masks will be required to receive treatments. Guests should plan to leave valuables in their rooms and silence cell phones during spa visits. Le Spa is reserved for guests over the age of 18 and children ages 12-17 when accompanied by an adult. Any changes or cancellations must be done 24 hours in advance of service to avoid being charged in full. Please note, the locker room amenities will not be available winter 2020/21.

BEAUTY TREATMENTS

Beauty treatments are offered at Stein Eriksen Lodge, including manicures, pedicures, and hair services. Private yoga instruction available by advance appointment only. Please contact the Le Spa Concierge to book a treatment. (435) 658-9538

Spa Reservations: (435) 658-9538 or ext. 1038 | spa@the-chateaux.com