

Massage Therapy & Specialty Treatments

Personalized Massages

**Masks will be required to receive any and all treatments*

STEIN'S FREESTYLE MASSAGE | 60 | 90 | 120 Minutes

Using a blend of tailored techniques to address your needs, you will consult with an expertly skilled therapist to determine ideal pressure and specific areas of concern to ensure optimum results.

ROLIG CBD MASSAGE | 60 | 90 | 120 Minutes

When used in your massage, the CBD oil will deeply penetrate, soothe, and relax muscle tissue, while also helping to ease tension and stress. This full body treatment is excellent for restoring balance and equilibrium at a cellular level. This massage can still be customized to address your individual concerns for best results.

RIVER STONE REBALANCING THERAPY | 90 | 120 Minutes

Heated basalt stones are incorporated into your massage to warm your muscles, increase joint flexibility, and alleviate aches, pains and discomfort. This service provides you with the benefits of a deep tissue massage with a lighter touch.



HIMALAYAN SALT STONE MASSAGE | 60 | 90 | 120 Minutes

In addition to the exfoliating benefits of a receiving massage with heated Himalayan salt stones, salt therapy emits negative ions that deliver many benefits such as higher mental alertness, protection against germs in the air, and supports a healthy respiratory system and sinuses.

ANTI-INFLAMMATORY MASSAGE | 60 | 90 Minutes

Relieve inflammation, increase circulation, and assist in decreasing aches and pains in muscles and joints. You will start with a dry brush exfoliation to increase circulation and prepare your body to detox. Your expert therapist will perform a specialized massage using light tissue strokes stimulating the lymphatic system to further relieve inflammation.



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STEIN'S WINTER POLISH | 90 | 120 Minutes

A full body sugar exfoliation infused with winter spices, citrus peel, and teakwood oxygenate the skin before being nourished with a blend of coconut and marula oils for ultimate hydration.

MOUNTAIN HEELING | 60 Minutes

Soothe and revitalize tired, sore legs and feet. A clay mask refreshes aching feet while hot stones melt away tension, increase circulation, and eliminate toxins. This treatment restores peak performance to stressed muscles.

THAI MASSAGE | 90 Minutes

A blend of stretching, acupressure, and healing arts helps to adjust the skeletal structure and increase flexibility, leaving you feeling relaxed and rejuvenated. Loose-fitting workout wear or yoga garments are required for this treatment.

ASHIATSU MASSAGE | 90 Minutes

Inspired by Eastern massage techniques, this treatment is adapted from ancient forms of barefoot massage. Our therapist, supported by parallel bars, applies deep foot pressure to strategic points along the spine and body to achieve maximum muscle compression. One- and two-footed strokes distribute pressure evenly, providing for a deep, relaxing massage.

COUPLE'S MASSAGE | 60 | 90 | 120 Minutes

Enjoy a massage with a partner on side-by-side massage tables set within our couple's suite. Two therapists work in unison to provide a memorable shared experience.

OXYGEN THERAPY | 25 | 45 Minutes

Supplemental oxygen provides numerous health benefits including high altitude relief, mental clarity, and detoxification. This treatment is particularly beneficial at higher altitudes.



Facials & Salon Services

Nail Services

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STEIN'S SIGNATURE MANICURE | 90 Minutes

This all-inclusive treatment is the ultimate in attention to detail for perfect hands. The ritual begins with a specialized scrub to exfoliate the hands and continues with a paraffin treatment. A massage follows with warm lotion to soothe and soften the skin. Nail shaping, cuticle work, and callous softening are included. Choice of shellac or Dazzle Dry polish application.

ALPINE DAZZLE DRY MANICURE | 60 Minutes

A delightfully hydrating treatment for the delicate skin of the hands. This nourishing manicure offers an exfoliating scrub and massage to soothe hands leaving them looking elegant and well-groomed. This manicure is complete with a vegan Dazzle Dry polish application that hardens like a gel, but breathes and removes like a polish.

SHELLAC MANICURE | 60 Minutes

After being cured with a UV lamp, a shellac manicure results in a hardened shell for a long-lasting finish.

STEIN'S SIGNATURE PEDICURE | 90 Minutes

Treat your feet to the ultimate in pampering and relaxation beginning with a soothing soak. Your cuticles and nails will receive special care and attention. A relaxing calf & foot hot stone massage will be performed, followed by a paraffin treatment to hydrate and leave your feet feeling silky smooth. Choice of shellac or Dazzle Dry polish application.

ALPINE DAZZLE DRY PEDICURE | 60 Minutes

This moisturizing pedicure offers a relaxing foot soak, hydrating scrub, massage, and specialized mask to hydrate and soothe tired feet. This pedicure is complete with a vegan Dazzle Dry polish application that hardens like a gel, but breathes and removes like a polish.



Hair Services

All hair services include a hair consultation, a warm towel wrap, and access to our beautiful spa relaxation area. Price adjustments will be determined during your consultation and based on your hair length and density.

- Women's Haircut & Blowout
- Women's Shampoo & Blowout
- Gentlemen's Haircut
- Partial Foil Highlight
- Full Foil Highlight



Facials & Salon Services

Facials

STEIN'S SIGNATURE FACIAL | 60 Minutes

Our expert estheticians will consult with you to customize your experience based on individualized skin needs. Indulge in this personalized treatment for the ultimate skin rejuvenation.

APRÈS SKI FACIAL | 60 Minutes

Reset dry, dehydrated, irritated skin. This targeted post-slope treatment envelops the skin in rich moisture while utilizing clinically proven peptides and the latest in hydrating technology to leave your skin calm, dewy, and ready to face the slopes again.

PURE FOREST FACIAL | 60 Minutes

Relax, release the stresses of urban living and let the restorative powers of nature take over. This luxurious facial harnesses the healing properties of hydrating snow mushroom, regenerative reishi, and purifying birch water to repair and protect your skin. Calm your senses with the serenity of the forest and uncover a pure, glowing complexion.



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HYDRAFACIAL® | 60 | 90 Minutes

Experience a results-driven HydraFacial treatment to moisturize, brighten, plump, and protect. Through the use of patented vacuum technology to infuse ultra-nourishing antioxidants and intensive peptide serums at a deeper level, you will leave with an instantly gratifying glow. *When you enhance your HydraFacial treatment to 90 minutes, it will include either the proprietary Dermabuilder or the Britenol with no additional charge. This can be upgraded to the Connective Tissue Growth Factor (CTGF) for \$45.*

HydraFacial Boosters

- Proprietary Dermabuilder is delivered to help effectively address fine lines, skin tone evenness, and texture.
- Britenol is specially formulated to target dark spots and sun damaged areas. Britenol is clinically proven to leave skin glowing with a more even complexion.
- CTGF (Connective Tissue Growth Factor) is specifically designed to restore skin health, which helps diminish the appearance of fine lines and wrinkles.



Etiquette & Wellness

About Us

At 24,000-square-feet with more than 16 treatment rooms, The Spa at Stein Eriksen Lodge offers guests the ultimate in decadence and relaxation. Separate, spacious relaxation rooms for men and women include access to a sauna, steam room, and hot and cold plunge baths.

Utah's only Forbes Five-Star hotel and spa features two couple's treatment rooms, two Vichy wet treatment rooms, a nail suite and a separate salon for hair services.

Wellness Experiences

Private yoga, meditations, personal training, hikes, or other mindful activities can be scheduled and tailored to a private group setting as well. Sessions subject to availability.

Please contact The Spa directly for class options and pricing for the perfect health addition to your luxury spa experience.

Medical Needs

Kindly inform us of any special or medical needs that require additional attention. If you are pregnant, or have specific medical conditions, some treatments are not recommended. If you are unsure, please ask.

Age

Children under the age of 12 are not permitted in The Spa. We invite our guests from the ages of 12 to 17 to experience spa services and facilities when accompanied by an adult.

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Spa Reservations & Cancellations

(855) 508-0881 | spa@steinlodge.com

For maximum convenience and flexibility, we recommend that you schedule your spa sessions in advance of your visit. Appointments may be guaranteed with a credit card, room, or confirmation number. As we reserve your appointment time especially for you, please provide 24-hour advance notice should you need to change or cancel your appointment. No-shows and guests who cancel less than 24 hours before an appointment time will be billed for the full price. Late arrivals for any service will limit the length of treatment.

Winter Spa Hours

Spa Facility: 9:30am - 6:30pm

Spa Services: 10am - 6pm Last service at 5pm

Pool Area: 8:30am - 9pm

Fitness Center: 5am - 7pm



Spa Pricing

Massage Pricing

Stein's Freestyle Massage 60 90 120 Minutes	\$200 / \$300 / \$380
Rolig CBD Massage 60 90 120 Minutes	\$245 / \$345 / \$425
River Stone Rebalancing Therapy 90 120 Minutes	\$315 / \$410
Himalayan Salt Stone Massage 60 90 120 Minutes	\$215 / \$315 / \$410
Anti-Inflammatory Massage 60 90 Minutes	\$225 / \$295
Stein's Winter Polish 90 120 Minutes	\$325 / \$405
Mountain Healing 60 Minutes	\$325 / \$405
Thai Massage 90 Minutes	\$210
Ashiatsu Massage 90 Minutes	\$315
Couple's Massage 60 90 120 Minutes	\$420 / \$620 / \$780
Oxygen Therapy 25 45 Minutes	\$45 / \$80



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Facial Pricing

Stein's Signature Facial 60 Minutes	\$205
Après Ski Facial 60 Minutes	\$225
Pure Forest Facial 60 Minutes	\$225
HydraFacial® 60 90 Minutes	\$295 \$385

Nail Services Pricing

Alpine Dazzle Dry Manicure 60 Minutes	\$75
Shellac Manicure 60 Minutes	\$85
Stein's Signature Manicure 90 Minutes	\$100
Alpine Dazzle Dry Pedicure 60 Minutes	\$95
Stein's Signature Pedicure 90 Minutes	\$120

Hair Services Pricing

Women's Haircut & Blowout	\$80
Women's Shampoo & Blowout	\$75
Gentlemen's Haircut	\$50
Partial Foil Highlight	\$110
Full Foil Highlight	\$200

**Automatic 20% gratuity added to all services for your convenience.
Adjusted amount at your discretion at the time of check out.*

