



# Menu of Spa Services



## BODY TREATMENTS

WEEKDAYS WEEKENDS

### Aroma Crush 60 minutes

\$140

\$155

Invigorate and detoxify with a mineral scrub customized with your selection of lavender, neroli, ginger, or eucalyptus. Rose porfyr stones massage the mineral-rich essential oils into the skin, refining the skin and rejuvenating the spirit.

### Organic Aloe Wrap 60 minutes

\$160

\$175

Quench dry skin with the healing and moisturizing properties of aloe vera combined with algae and soothing lavender. While you relax during this deluxe hydrating body wrap, enjoy a massage of the scalp, neck and feet.

### Seaweed Surrender 60 minutes

\$165

\$180

Be wrapped in a luxurious treatment packed full of vitamins, minerals and polysaccharides. Incorporating dry brushing, cocooning, and scalp massage, this body wrap will help hydrate and restore skin tone and vitality.



## DELIGHTFUL EXTRAS

WEEKDAYS WEEKENDS

### Hand & Foot Pampering 45 minutes

\$70

\$90

Exfoliation, massage, and warm hydrating shea butter cure tired hands and feet.

### Hot Oil Scalp Treatment 30 minutes

\$160

\$175

Energizing scalp treatment revitalizes scalp and stimulates circulation, tone, and vitality.



## DAY OF INDULGENCE

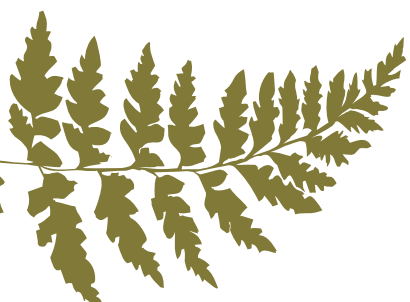
### Joyful Moment

3 HOURS

\$285

Begin your renewing experience at Alderbrook Resort & Spa with our luxurious Custom 60-minute facial. Combined with our 60-minute Alderbrook Signature Massage, we'll help prepare your body for your next adventure!

SEE WEBSITE FOR BOOKING, PROTOCOL, GRATUITY, AND SAFETY PRECAUTIONS



## MASSAGE TREATMENTS

WEEKDAYS WEEKENDS

**Alderbrook Signature Massage 60 minutes** \$155 \$170  
Hot stone massage lavender, ginger, neroli, or eucalyptus oil.

**Relaxation Massage 60 minutes** \$130 \$145  
Full body treatment is a classic massage to increase circulation using long fluid strokes.

**Therapeutic Massage 60 minutes** \$140 \$155  
Natural anti-inflammatory arnica with deep tissue massage to release tension and stress.

**Healing Hot Stone Massage 60 minutes** \$145 \$160  
Heated basalt stones with a full body massage deeply penetrates healing energy.

**Maternal Bliss 60 minutes** \$145 \$160  
Ease the many physical and mental stresses unique to the expectant mother.

**Full Spectrum CBD Massage 60 minutes** \$145 \$160  
Ease tense muscles and soothe sore joints with an application of CBD and Kava balm.

## FACIAL TREATMENTS

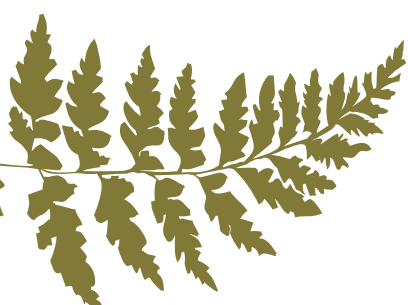
WEEKDAYS WEEKENDS

**The Vital Facial 60 minutes** \$195 \$210  
Massaging cleanse, gua sha, jade rolling, and guided meditation leave skin and soul revived.

**Rejuvenating Oxygen Treatment** \$185 \$200  
Ultimate hydration for all skin types, dramatically lifts, tone and hydrate.

**Opulence Oxygen Treatment 60 minutes** \$185 \$200  
Acupressure massage and aromatherapy cleanse, exfoliate, and nourish skin.

**Atoxelene Treatment 30 minutes** \$85 \$100  
Instantly firm lift and plump your skin for a dramatic reduction of fine lines and wrinkles.



SEE WEBSITE FOR BOOKING, PROTOCOL, GRATUITY, AND SAFETY PRECAUTIONS