



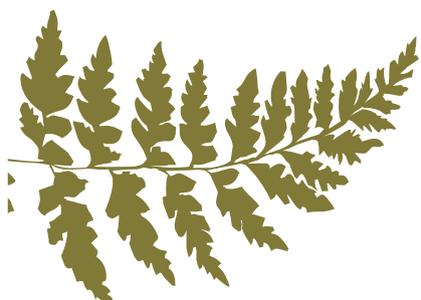
# Menu of Spa Services



## BODY TREATMENTS

WEEKDAYS WEEKENDS

<b>Aroma Crush 60 minutes</b>	<b>\$140</b>	<b>\$155</b>
Invigorate and detoxify with a mineral scrub customized with lavender, neroli, ginger, or sage.		
<b>Organic Aloe Wrap 60 minutes</b>	<b>\$160</b>	<b>\$175</b>
Quench dry skin with aloe vera, algae and lavender, with effleurage of scalp, neck, and feet.		
<b>Seaweed Surrender 60 minutes</b>	<b>\$140</b>	<b>\$155</b>
With vitamins, minerals and polysaccharides, dry brushing, cocooning, and scalp massage hydrate and restore skin tone and vitality		
<b>Hand &amp; Foot Pampering 45 minutes</b>	<b>\$70</b>	<b>\$90</b>
Exfoliation, massage, and warm hydrating shea butter cure tired hands and feet.		
<b>Hot Oil Scalp Treatment 30 minutes</b>	<b>\$160</b>	<b>\$175</b>
Energizing scalp treatment revitalizes scalp and stimulates circulation, tone, and vitality.		
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Energizing scalp treatment revitalizes scalp and stimulates circulation, tone, and vitality.		



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## MASSAGE TREATMENTS

WEEKDAYS WEEKENDS

**Alderbrook Signature Massage 60 minutes** \$155 \$170  
Hot stone massage lavender, ginger, neroli, or eucalyptus oil.

**Relaxation Massage 60 minutes** \$130 \$145  
Full body treatment is a classic massage to increase circulation using long fluid strokes.

**Therapeutic Massage 60 minutes** \$140 \$155  
Natural anti-inflammatory arnica with deep tissue massage to release tension and stress.

**Healing Hot Stone Massage 60 minutes** \$145 \$160  
Heated basalt stones with a full body massage deeply penetrates healing energy.

**Maternal Bliss 60 minutes** \$145 \$160  
Ease the many physical and mental stresses unique to the expectant mother.

**Full Spectrum CBD Massage 60 minutes** \$145 \$160  
Ease tense muscles and soothe sore joints with an application of CBD and Kava balm.

## FACIAL TREATMENTS

WEEKDAYS WEEKENDS

**The Vital Facial 60 minutes** \$195 \$210  
Massaging cleanse, gua sha, jade rolling, and guided meditation leave skin and soul revived.

**Rejuvenating Oxygen Treatment** \$185 \$200  
Ultimate hydration for all skin types, dramatically lifts, tone and hydrate.

**Opulence Oxygen Treatment 60 minutes** \$185 \$200  
Acupressure massage and aromatherapy cleanse, exfoliate, and nourish skin.

**Atoxelene Treatment 30 minutes** \$85 \$100  
Instantly firm lift and plump your skin for a dramatic reduction of fine lines and wrinkles.

## DAY OF INDULGENCE

**Joyful Moment** 3 HOURS \$285  
Begin your renewing experience at Alderbrook Resort & Spa with our luxurious Custom 60-minute facial. Combined with our 60-minute Alderbrook Signature Massage, we'll help prepare your body for your next adventure!