

SUMMER 2020 PROGRAMMING

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>10:30 AM - 12:00</u>	Nature interpretation hike	Survival in the forest	Yoga	Nature interpretation hike	Yoga	Survival in the forest	Nature interpretation hike
<u>1:30-3:0 PM</u>	Discovery in a kayak	Introduction to canoeing	Introduction to paddle board	Discovery in a kayak	Introduction to paddle board	Discovery in a kayak	Introduction to paddle board
<u>Paid activities</u> <u>3:30-5:30 PM</u>	Choice of activities: cycling, fatbike, archery, kayak, paddle, coureur des bois.	Choice of activities: cycling, fatbike, kayak, paddle, coureur des bois, geocaching	Choice of activities: cycling, fatbike, kayak, paddle, archery	Choice of activities: cycling, fatbike, kayak, paddle, coureur des bois, archery, geocaching	Activities on request	Choice of activities: cycling, fatbike, archery, kayak, paddle	Choice of activities: cycling, fatbike, archery, kayaking, paddle, coureur des bois, geocaching
<u>Evening activity</u> <u>8:00 PM</u>		Torchlight hike		Percussion Del Toro on the beach			Kayaking at sunset
At all times	<p>A playroom is also available free of charge in the Baie du Milieu room. Open from 9:00 AM to 5:00 PM every day under your supervision.</p> <p>Please note that in case of rain, we offer animated activities inside the Baie du Milieu room. Welcome to all!</p>						

*** ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE. DURATION OF ACTIVITIES: 1H30. ARRIVE 10 MINUTES BEFORE THE ACTIVITY ***