



## BREAKFAST

hot oatmeal (nuts or dried fruit)	6.50
traditional croissant	3.50
pain au chocolat	4.00
muffin	4.00
> pumpkin Vg/GF	
> carrot GF	
> banana berry	
iced cinnamon bun	4.00

## PASTRY

cheesecake with berry compote	6.50
chocolate walnut brownie	3.75
granola bar Vg	3.75
blueberry scone	4.00
cranberry orange scone	4.00
cookies	3.00

#getyaourfix

## LUNCH

chicken salad sandwich with celery & tarragon mayonnaise	9.50
montreal smoked meat with swiss emmental and mustard	9.50
emperor ham with triple crème brie on baguette	9.50
feature vegetarian sandwich	8.50
soup of the day	10.00
chef's salad	
> baby greens, cucumbers, cherry tomato, bell peppers, goat cheese, toasted pumpkin seeds, sweet mustard dressing	8.00
soba noodle salad	8.00
> soy mushrooms, edamame, peppers, shredded carrots, sesame, scallions, crispy tofu, ginger soy dressing	