



CAYENNE
Spa

CUSTOMISED DERMALOGICA SKIN TREATMENTS

Complimentary Skin Analysis	15 min	Free
A trained therapist will provide insight into your skin's condition, which will allow for the prescription of a targeted homecare regime and ensure a healthy future for your skin.		
Dermalogica Proskin 30	30 min	R315
Giving your skin maximum impact in minimum time, we will use professional-grade products and advanced technology to radically boost your skin's health and appearance in just 30 minutes. A firm favourite for those who want visible results fast.		
Dermalogica Proskin 60	60 min	R625
A personalised, Dermalogica treatment that takes you on the ultimate journey to your healthiest looking skin. This bespoke treatment guarantees optimal results and is the perfect choice for those who want to address all skin concerns and achieve healthy glowing skin.		
Expert Active Treatments	45 min	R755
An intensive resurfacing treatment with dramatic results. This super-charged treatment features Dermalogica's signature BioSurface Peel, boosted with the latest technology to deliver smooth, polished skin. Address the signs of acne, aging and hyperpigmentation with this professional chemical peel - without the downtime.		

MASSAGES

Aromatherapy Massage		
Combining the relaxing effects of touch and aromatherapy, this massage will help you relax with a combination of natural oils.		
Back Massage	45 min	R520
Full Body Massage	60 min	R750
Deep Tissue Massage	60 min	R800
Hot Stone Massage	75 min	R850
Smooth, heated stones are used to massage and ease tense muscles and damaged soft tissue.		
Pregnancy Massage	60 min	R700
Reduce stress, promote overall wellness and help relieve some of the normal discomforts associated with pregnancy, including backache, leg cramps and swelling.		
Reflexology	60 min	R650
Focusing on the pressure points on your feet to provide a sense of healing and balance.		
Add a massage to any treatment	20 min	R100
Hand Foot Scalp Face Neck & Shoulder		

SIGNATURE AFRICOLOGY TREATMENTS

Africology Intonga Stick Massage Combining skilled hand techniques with the use of differently sized wooden sticks, tight muscles are stretched and toxins eliminated from the body.	75 min	R800
Africology Body Exfoliation Improve blood circulation and remove dead skin cells with a combination of African Marula oil, walnut micro particles, African sweet potato and hydrating shea butter.	45 min	R550
The Cayenne Experience Focusing on intense rejuvenation for your face and back, destress with a bespoke facial, followed by a back cleanse and foot treatment.	90 min	R920
Back Exfoliation and Massage Remove dead skin cells with a thorough back exfoliation, before treating muscles to a relaxing back massage.	45 min	R580
Africology Inkomfmi Renewal Massage Expect smooth, nourished skin from top to toe with a full body exfoliation, followed by a relaxing full body massage.	90 min	R980
Africology Body Wrap A full body exfoliation followed by your choice of body wrap: immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato.	60 min	R720
Body Renewal Experience A full body exfoliation, full body massage and a choice of body wrap: immune boosting, slimming detox, rooibos and lavender, coffee and mint or African potato.	90 min	R1250
Africology Balancing Scalp and Leg Massage A balancing treatment, focused around a scalp and foot massage.	45 min	R500
Africology Shea Aromatherapeutic Massage A hydrating, soothing and conditioning massage recommended for dry and dehydrated skin, or those suffering from eczema or sunburn.	75min	R790

FOR COUPLES

Aromatherapy Massage	60 min	R1380
Body Renewal Experience Full body exfoliation and full body massage	90 min	R1900
Hot Stone Massage	75 min	R1600

HANDS & FEET

Express Manicure	30 min	R230
Nail shaping and polish application on hands.		
Express Pedicure	30 min	R250
Nail shaping and polish application on feet.		
Deluxe Manicure	60 min	R360
A full manicure experience, including a nourishing mask for hands and arms with a massage.		
Deluxe Pedicure	60 min	R390
A full pedicure experience, including a nourishing mask for feet and legs with a massage.		
MediHeel Pedicure	60 min	R420
A pedicure with an AHA foot peel.		
Gelish Paint Only	45 min	R240
Quick nail shaping and cuticle care, followed by Gelish application on hands or feet.		
Gelish Manicure	60 min	R350
A Deluxe manicure including Gelish application.		
Gelish Pedicure	60 min	R380
A Deluxe pedicure including Gelish application.		
Gelish Soak Off	45 min	R150
Gentle removal of Gelish from nails, followed by a nourishing hand cream.		

WAXING

	Leg:	Arm:
Half	R200	R120
Full	R250	R180
Underarm		R170
Bikini		R200
Eyebrow		R120
Lip		R120
Chin		R120

GROOMING

Brow Tint	R90
Lash Tint	R90
Brow Wax and Tint	R160

CUSTOMISED TREATMENTS FOR MEN

Stomach, back or chest wax	45 min	R380
Eyebrow grooming	30 min	R130
Deep-cleansing skin treatment	50 min	R780
Time For Men	150 min	R1200
Start by relaxing tight muscles in our sauna, before releasing any further tension with a full body sports massage. This treatment ends with an energising skin treatment, including a pressure point scalp massage.		
Create Your Own Package	120 min	R1450
Choose any 3 of the below to create a customised treatment to suite your needs:		

45 min destress back massage | Customised and brightening skin treatment | Pressure point scalp massage | Foot reflexology
Deluxe pedicure including hot stone massage | Deluxe manicure including hot stones

YOUTH

Heavenly Massage	25 min	R310
Massage away any school stress with this relaxing aromatherapy back massage.		
Mother & Daughter Paradise Massage	25 min	R620
Spend some quality time with mom, as you are pampered together with this relaxing, side-by-side massage.	50 min	R1100
Father & Son Chill Out Massage	25 min	R620
Grab dad and chill out together with this invigorating massage.	50 min	R1100
Surfer's Scrub	25 min	R225
An invigorating exfoliation treatment for your body, filled with vitamins and minerals. A refreshing end to a day of catching the waves.		

FOR YOUR FACE

Fabulous Facial	50 min	R480
Paired with the power of touch, this facial is deep-cleansing and purifying, leaving your skin perfectly moisturised and nourished.		
Acne Defence	50 min	R480
Struggling with spots? We'll take care of them with this revolutionary, deep pore cleansing facial.		

Spa Treatment Hours

April - September

Monday - Sunday: 9am - 9pm
including public holidays

October - March

Monday - Sunday: 9am - 9pm
including public holidays

Our Products

We are proud to stock the full range of Dermalogica and Africology products at our spa, for use in treatments and for retail purchase. Both brands are cruelty-free and support our ethos of holistic wellness and beauty.

Spa Facilities

Cayenne Spa features one double and three single treatment rooms, a sauna, outdoor pool and gym.

Cancellation Policy

Should the duration of a treatment exceed two hours, prepayment will be required. We will refund 100% of the cost if cancellation is made more than 24 hours before your scheduled treatment. Spa appointments cancelled less than 24 hours prior to your scheduled treatment will result in 100% of your fee being forfeited.

Reservations

Advanced booking is strongly recommended to secure your preferred date and time of treatment. Bookings can be made through Cayenne Spa reception, via email or telephonically.

Arrival

Please arrive at least 15 minutes before your scheduled treatment to change and complete a consultation form. We recommend arriving 30 minutes earlier to relax and enjoy our sauna or outdoor pool. Please note that late arrivals will have their treatment times reduced accordingly.

Spa Vouchers

The perfect gift for any occasion, gift vouchers are available for purchase at Cayenne Spa reception.

PEPPERCLUB HOTEL

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*Prices and cancellation terms are subject to change without prior notice.
Please confirm when booking.

