



RESORT LUNCH MENU

Served Daily 11:00 AM-5PM

Appetizers

Tomato Bruschetta♥V

Diced tomato, red onions, garlic basil, Kalamata olives, feta cheese, topped with balsamic reduction \$7.50
Add grilled diced Chicken \$3 Add grilled diced Shrimp \$4

Lettuce Wraps♥ GF

Romaine heart, choice of jerk chicken, caramelized red onions; curried chicken salad with roasted red peppers \$9.50

Signature Safety Harbor Crab Cakes

Two lump crab cakes, Harbor Bay remoulade, ginger slaw \$14

Mediterranean Tapas♥V

Roasted garlic hummus, tzatziki, dolmades, house marinated olives, feta cheese, spanakopita, roasted peppers, pita \$13

Salads

Caesar Salad, Parmesan cheese with fresh herb croutons \$9

Add Chicken \$5 Add Shrimp \$6 Add Salmon \$6

Spa Cobb

Iceberg lettuce, avocado, grape tomato, bacon, hard-boiled egg, blue cheese, grilled chicken, buttermilk ranch dressing \$12

Fruit & Blackened Chicken♥ GF

Blackened chicken, fresh berries, baby greens, toasted sesame seeds, raspberry vinaigrette \$12

Harbor Mandarin Splash♥ GF

Salmon, mixed greens & Romaine, Mandarin oranges, strawberries, shaved red onion, walnuts \$13.50

♥ Heart Healthy GF/WGF Gluten Free/Gluten Free Bread V Vegetarian V+ Vegan

Price does not include tax and gratuity. 21% gratuity will be added to all parties of six or more.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase the consumer's risk of food-borne illness.

We will provide for special dietary needs upon request. Not all ingredients are listed; inquire if you have food allergies.



Sandwiches & More

All Sandwiches served with Terra Chips unless specified

Chicken Sandwich

Grilled chicken breast, bacon, melted provolone, lettuce, tomato, red onion, Kaiser bun, French fries \$12

Signature Steak Burger

Applewood smoked bacon, American cheese, lettuce, tomato, onion, brioche bun, French fries \$13.50

Make it vegetarian with our **Veggie Burger** \$11

Blackened Grouper

Provolone, remoulade sauce, lettuce, tomato, French fries \$Market Price

Monte Cristo

Ham, turkey, Swiss cheese, French toast, topped with powdered sugar, red berry preserves \$12

Traditional Gyro

Gyro meat, shaved lettuce, tomatoes, red onions, pita bread, tzatziki sauce \$12

Quesadillas

Select One: Cheese (\$10), Chicken (\$12), Beef (\$14) or Shrimp (\$15)

Assorted cheeses, shredded lettuce, tomato, sour cream. Add salsa or guacamole \$4

Chicken Salad or Tuna Salad♥ ...Anyway you want it!

On a Mixed Green Salad, your Choice of Bread, On a Tomato Bowl, On a Wrap \$10

Can't decide? Sample Platter with all three on a bed of lettuce \$13

Luncheon Specialties

Salmon Athena♥

Salmon filet, sautéed spinach, tomato, red onion, Greek orzo pasta, garlic, lemon, feta cheese \$14

Grecian Grouper

Pan-seared grouper, basmati rice, tomato, olive, lemon, feta tapenade \$Market price

Jumbo Shrimp Scampi

Linguini pasta, butter, lemon, garlic, white wine \$16

Linguini Garden Pasta Primavera GF V

Linguini pasta, asparagus, spinach, tomato, onion, squash, zucchini, garlic, lemon, olive oil, white wine \$13

Add Chicken \$5 Add Shrimp \$6

French Signature Carved Steak Frites

Sauce au poivre, French fries \$19

Blackened Seared Chicken, ♥GF Double portion broccoli, almond, lemon \$14

Vegetable Stir Fry ♥ GF V+

Sautéed fresh seasonal vegetables, served over steamed brown rice \$12

Add Chicken \$5 Add Shrimp \$6

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