



THE ABBEY INN
SPA 

The Abbey Inn Spa is a peaceful sanctuary to create positive change for body and mind. Our sacred space utilizes the healing properties of nature with a collection of rejuvenating treatments to leave guests with restored balance, renewed energy, and natural radiance.





Facials

We personally design each facial to meet your individual skincare needs.

THE ABBEY INN SIGNATURE FACIAL

50 min - \$165

This individualized facial treatment is highly personalized to meet your unique needs. Cleanse, exfoliate and soothe your skin with a mask made from an infusion of ultra-hydrating botanicals. Your skin is left repaired and nourished.

VITAMIN C BRIGHTENING FACIAL

50 min - \$145

Blended with clean ingredients formulated to deliver professional Vitamin C results. Apple stem cell technology, alpha hydroxy acids, lemon essential oil and high concentration of Vitamins C & E deliver exceptional brightening and rejuvenation that will leave the skin smooth, lifted and radiant.

EXPRESS GLOW

30 min - \$75

This mini facial can be combined with other treatments or can be enjoyed alone if you have limited time. It's a quick fix that includes a gentle exfoliation, a hydrating mask, and firming serum leaving your complexion revitalized.

GENTLEMAN'S FACIAL

50 min - \$145

For the man who wants his skin to belie his age. Clears enlarged pores and hydrates dry skin.

Massages

THE ABBEY INN CORNERSTONE MASSAGE

50 min - \$155 | 80 min - \$215

The healing properties of Swedish massage and the heat from lava stones are combined to relieve tension and stress. This warming massage loosens muscles, increases circulation, and promotes deep relaxation.

RESTORATIVE MASSAGE

50 min - \$135 | 80 min - \$215

This aromatic sensory journey is designed to relieve tension and restore your balance. Using a customized blend of essential oils and therapeutic massage techniques, you'll drift away into total relaxation and leave restored, renewed, and radiant.

SWEDISH MASSAGE

50 min - \$125 | 80 min - \$200

Provides relaxation for the entire body using long gliding strokes in upward motions along muscle groups. Improves circulation and lymph drainage.

DEEP TISSUE MASSAGE

50 min - \$135 | 80 min - \$215

This therapeutic massage combines long, deep strokes and firm pressure to enhance circulation, balance energy, and promote well-being. This massage is ideal after sports activities or to improve flexibility and relaxation.

MOTHER-TO-BE

50 min - \$135

Our expert therapists will create a personalized treatment for your specific needs using massage techniques safe for expecting mothers. This specialty service will focus on releasing stress and inflammation and promoting well-being.





Body Treatments

RENEW AND RESTORE BODY SCRUB

50 min - \$135

A warming custom blend of sugar and aromatic oil are used to exfoliate and nourish your body. The scrub includes a scalp massage and a full body application of Shea butter that moisturizes and revitalizes the skin.

SOUL REVIVAL BODY WRAP

50 min - \$145

A restorative service using hydrating essential oils and Shea butter to firm, plump and replenish skin from head to toe. While skin is infused with potent ingredients, you'll enjoy a relaxing scalp massage.



Enhancements

EYE MASK - \$25

HOT STONES - \$25

CBD OIL - \$50

AROMATHERAPY - \$25

FOOT MASK - \$25

HAND MASK - \$25

Package

A DAY AT THE ABBEY

110 min - \$350

Spend the day in total bliss. A skilled esthetician will customize a 50 minute facial to revitalize your complexion and provide ultra hydration. Your body will be polished followed with a 50 minute signature massage based on your personal needs to enhance your circulation, release tension, and balance your energy.

Finish the day by relaxing in the whirlpool and sauna.

GIFT CERTIFICATE AVAILABLE

Spa gift cards are a wonderful way to give the gift of health, relaxation and beauty to the special people in your life. We will be more than happy to assemble a group of services to fit all personalities or special occasions. Gift cards may be purchased at the front desk or by phone and may not be redeemed for cash; only for product and services please.

How to Spa

Welcome to the Abbey Inn Spa

We are pleased to offer the ultimate spa experience, which includes use of our fitness center, hot tub, sauna and luxurious locker rooms.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

ARRIVAL

We suggest that you arrive 15 minutes before your appointment's time to sign in and shower in our well appointed locker rooms.

WHAT SHOULD YOU WEAR?

A robe, slippers and day locker will be provided for you upon arrival to the spa.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any body exfoliation treatments or hair removal services. We do, however, recommend that MEN PLEASE SHAVE 2 HOURS PRIOR to their scheduled facial treatment.

IS THERE AN AGE REQUIREMENT TO USE THE SPA?

All spa guests must be 16 or older to schedule a treatment or use the fitness center.

CELLULAR PHONES

In consideration of our other guests, we ask that you turn off your cell phone before entering the spa.

PAYMENT

We accept all major credit cards, personal checks, and traveler's checks. Hotel guests may also charge the service to their room. Prices and treatments are subject to change.

SERVICE CHARGE

Please note that a mandatory service charge of 4% will be added for all. For your convenience, a suggested gratuity of 18% has also been added to your service(s). Gratuities are optional, can be adjusted, and are left at your discretion. Gratuities are retained in full by the provider(s) performing or staff contributing to the service(s).

PERSONAL PROPERTY / VALUABLES

Please do not bring or leave valuables in the facility or lockers. We are not responsible for any theft or loss of personal property, including jewelry or other personal items.

Thank you and we look forward to your visit!

