



Verjú®

By Erchonia® at the spa at nita lake lodge

Frequently Asked Questions

How does it work?

Through clinical studies it has been demonstrated that the Verjú low-level laser system stimulates the fat cell to emulsify break up the fat within the cell. This then moves from inside the cell through a temporarily opened pore to outside the cell where it can be absorbed by the lymphatic system. This results in millions of fat cells becoming smaller and a noticeable difference to the waist, hips, and thighs. The fat cells are not permanently damaged in any way by this process.

For body contouring:

Verjú safely causes the release of fatty lipids from within fat cells causing the fat cells to collapse and shrink to a smaller size. The fatty lipids then enter the lymphatic system where they are broken down and used as energy in the cardiovascular system.

For the appearance of cellulite:

The Verjú laser system penetrates the skin to treat enlarged fat cells while increasing collagen. This is clinically proven to reduce the appearance of cellulite.

How is it different from other body slimming techniques?

The Verjú laser system is the only green laser completely safe and effective for body slimming and cellulite treatment on the market today. You simply lay beneath the Verjú machine. During the treatment you will feel no discomfort, no anesthesia will be used, and you can resume normal activities immediately following each treatment. There is absolutely zero downtime.



What can I expect at my appointments?

You can expect to relax, read, or do absolutely nothing. The Verjú treatment is completely painless. There is no heat or any sensation whatsoever while being treated. Each treatment you will be met by your Verjú technician who will position the laser at the desired areas of the body. After the laser portion of the treatment, the Verjú technician will use a special tool called a Percussor to gently massage the focus areas. The Percussor is a handheld device that uses a vibrating roller to help with lymphatic stimulation. This is a complimentary enhancement to every Verjú treatment and will assist in maximizing your results. After you are done you can get back to your normal activities immediately with absolutely no downtime, pain, swelling, or discomfort.

What happens if I miss an appointment?

It is not recommended that you miss an appointment. Prior to starting the Verjú treatment, it is important that you are committed to the recommended 5 Steps To Success:

1. Drink plenty of water
2. Eat for energy
3. Eat mindfully
4. Move your body
5. Commit to your treatment plan

What areas of the body can I use Verjú on?

The Verjú treatment was proven effective in a double-blind clinical trial for non-invasive body contouring of the waist, hips, and thighs. These are areas where localized fat deposits exist that are resistant to diet and exercise. Verjú was also proven effective in a double-blind clinical trial for the treatment of cellulite in the hips, thighs, and lower abdomen.

Is it safe?

Yes, there is no risk involved in using the Verjú low-level laser system therapy, and it is considered a safe alternative to other treatments available. The Verjú treatment is 100% non-invasive and causes no bruising, scarring, and zero downtime. During the treatment you will feel no discomfort, no anesthesia will be used, and you can resume normal activities immediately following each treatment.

How long has the Verjú laser been used?

The Verjú has been used in studies since 2012 and has been used by physicians and Verjú technicians in practice since early 2014.



Is it effective / How long do results last?

Yes, by following the recommended guidelines for success, Verjú clients see an average loss of 4.0 inches on the waist, hips, and thighs. In addition, clinical trials saw an average decrease of 1 grade of cellulite on Nurnberger-Muller Cellulite Scale (25% reduction). By maintaining a healthy lifestyle, you can expect long-term results.

Can I do the procedure multiple times? And how soon after my last treatment can I do a second treatment?

Yes, with additional treatments you can expect to see improved results. You can start an additional series of Verjú treatments immediately following your last treatment.

How long does it take to begin seeing results?

Some clients may see results after only a few treatments. Others notice the cumulative difference after 4-6 sessions. Family and friends often notice the difference, too, within the first 2 weeks of the Verjú program. Six is the minimum amount of sessions you can commit to as this is the recommended amount to see the full potential of your treatments.

Is everyone a good candidate for the Verjú treatment?

Most people are good candidates. Even people who are not overweight can lose inches. Be sure to discuss your health background with your Verjú Technician and ask any questions regarding areas of concern. You should only book when you are prepared to commit to the 5 Steps To Success and have no contraindications.

Contraindications

These contraindications are standard for all laser-based technologies and are standard guidelines suggested by the FDA:

- Active cancerous tissue (active cancer cells)
- Active infection or compromised immune system (chronic, progressive immunological condition that requires medical intervention) – i.e. HIV/AIDS
- Photo-sensitizing drugs (currently prescribed a photo-sensitizing agent i.e. Accutane)
- Pacemaker
- Presents with an open wound at site of treatment
- Pregnant and/or breastfeeding (It is recommended that you wait until after your last postpartum visit with your doctor (usually 6 weeks after birth) to begin your Verjú treatment)

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Consultation

We will happily book you in for a consultation with our Verju Specialist to determine your goals and answer any questions you may have to ensure Verju is the right treatment for you!

How do I book?

You can book by calling our Spa Reception Team at 604-905-5715,

...or email us at spa@nitalakelodge.com.

