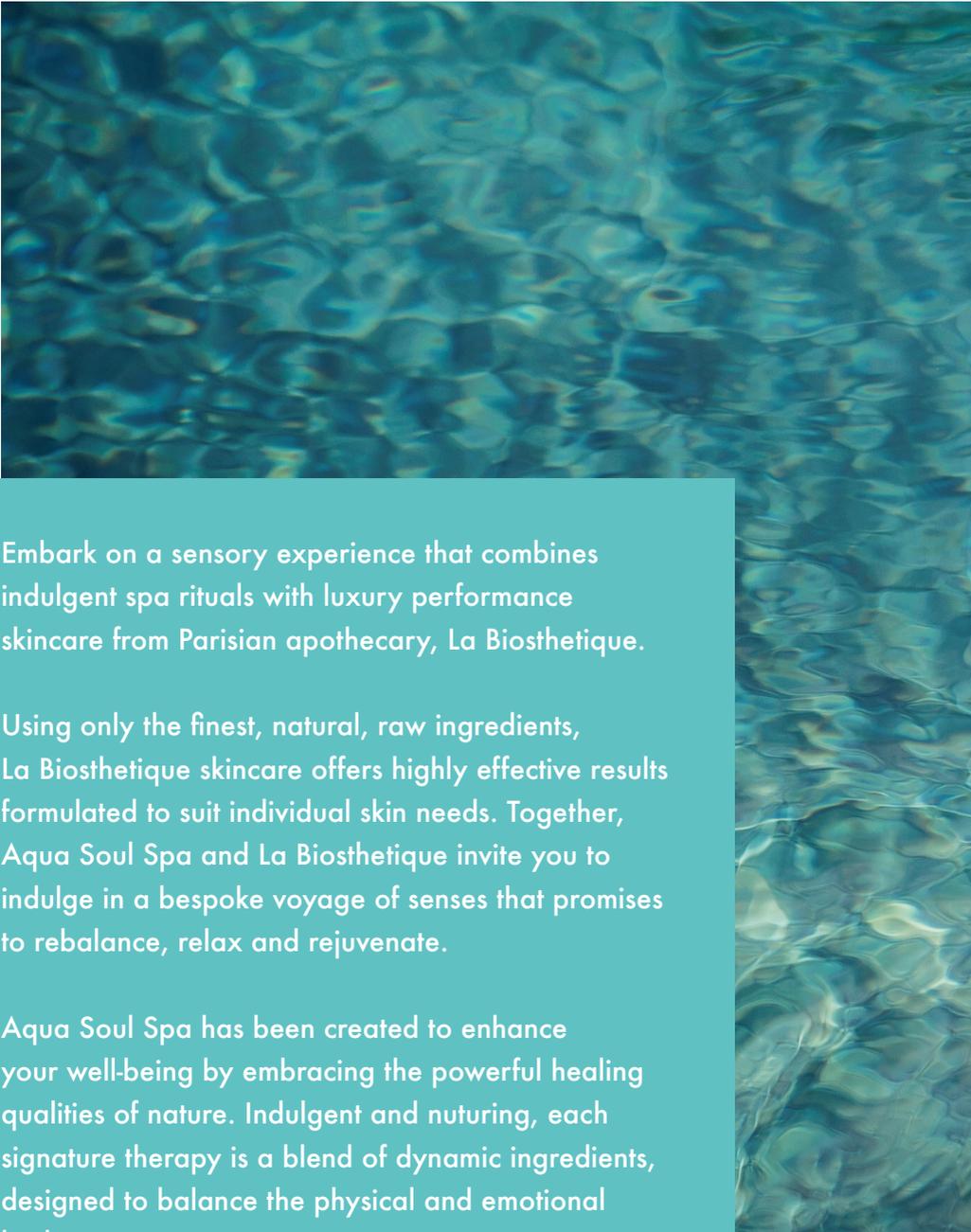


**AQUA SOUL**  
SPA & WELLNESS



**Heron Island**  
GREAT BARRIER REEF



Embark on a sensory experience that combines indulgent spa rituals with luxury performance skincare from Parisian apothecary, La Biothetique.

Using only the finest, natural, raw ingredients, La Biothetique skincare offers highly effective results formulated to suit individual skin needs. Together, Aqua Soul Spa and La Biothetique invite you to indulge in a bespoke voyage of senses that promises to rebalance, relax and rejuvenate.

Aqua Soul Spa has been created to enhance your well-being by embracing the powerful healing qualities of nature. Indulgent and nurturing, each signature therapy is a blend of dynamic ingredients, designed to balance the physical and emotional body.

## FACIALS

---

### AQUA SOUL TAILOR FACIAL

45 min

Trust your therapist to build you a custom facial that targets your specific skincare needs. With a cocktail of La Biosthetique's powerful cosmeceutical ranges experience immediate results with lasting effects.

### EDITION DELUXE

60 min

Push collagen stimulating and metabolism boosting ingredients deep within the skin for lasting repair of ageing skin. A gentle enzyme peel reveals a brighter complexion. The cocktail of free radical fighting serums employing Vitamin A and E decrease visible wrinkle depth by up to 15% within 24 hours. Skin is left, toned, vibrant with boosted ability to aid cell turnover.

### RADIANCE REVEAL

90 min

Reveal younger fresher skin through a chemical enzyme exfoliation which leaves the skin prepped to absorb powerful active ingredients. Through properties of green apple stem cells, collagen production is increased and mother cells repair themselves. A cell-active hydro-mask restores elasticity and plumpness for a glowing appearance.



## BODY

---

### REJUVENATING BODY COCOON

90 min

---

Detoxify the body and reveal smooth, soft skin through a combination of a toxin releasing mud wrap and gentle lactic acids that unveil, fresh new skin. Following an exfoliating scrub, a marine algae mud wrap cocoons you, drawing out toxins and saturating your pores with moisture. A finishing full body hydration massage with a coconut milk moisturiser uncoils deep-seated tension and refines and reveals cashmere skin.

### PLATINUM PAMPER AND POLISH

60 min

---

A full body cleanse and scrub with delicate bamboo extract will relax weary muscles and prepare you for a luxuriant candle massage using our SPA nourishing wax infusion. Relieve deep seated tension and emerge refreshed.





## PACKAGES

---

### DEEP SEA THERAPY

2 hrs

A full body massage and facial combination uses active ingredients to fight free radicals and helps your body expel toxins. Includes one hour of body massage with hot stone back massage, followed by a custom facial; a deep cleanse, tone, and chemical enzyme exfoliant.

### THE SIGNATURE

2 hrs 30 min

Embark on the sensory journey with a full body scrub followed by a cocooning body wrap. A tailored facial that tones and revitalises your complexion through a chemical enzyme peel and skin structuring hydro-gel mask. Complete your Signature Experience with a hot stone massage for the back to relieve tension. Followed with moisturising body care to leave your skin glowing.

## MASSAGE

---

### WELLNESS MASSAGE DELUXE

30 min or 60 min

---

Choose a massage by design. Your tailored massage will work out stubborn knots and release built up aches and tension in target areas. Back, neck, shoulders, or full body, fall into a deep state of relaxation in this truly therapeutic care that renews the body while extracts of balloon vine calm inflammation and sooth muscle tissue.

### STEAM RITUAL

15 min or 30min

---

Start your Aqua Soul Spa journey with a muscle melting, stress relieving steam ritual. Steam has many benefits to the body including toxin release, increase of circulation, warming of the muscles and many more. It is a great way to relax and unwind and allows the body to further benefit from the following treatment.

### AROMA STONE THERAPY

75 min

---

By using the ancient healing powers of hot basalt stones to soothe aches and pains this aroma stone ritual helps you to unwind and leaves your body feeling rejuvenated. Combined with essential oils and relaxing hot stone placement this therapeutic full body treatment will melt away tension and stress.



## HANDS

---

### WELLNESS HAND THERAPY

30 min

---

Nurture precious hands with this spa treatment including exfoliation, moisturising soak, spa mud and deeply nourishing cream massage, with a cuticle treatment oil.

### WELLNESS MANI SPA

60 min

---

This wellness treatment incorporates all the benefits of the Wellness Hand Therapy with the added benefit of a manicure.

## FEET

---

### WELLNESS FOOT THERAPY

30 min

---

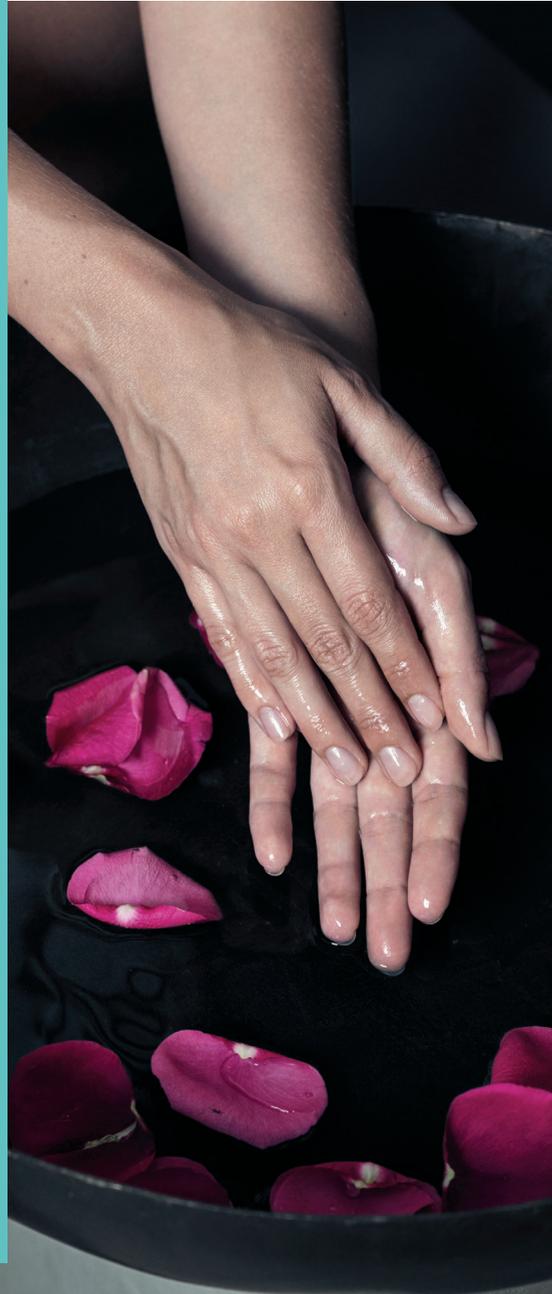
Nurture tired and sore feet with this spa foot treatment including exfoliation, moisturising soak, spa mud and deeply nourishing cream massage, finished by a cuticle treatment.

### WELLNESS PEDI SPA

60 min

---

This wellness treatment incorporates all the benefits of the Wellness Foot Therapy with the added benefit of a pedicure.



LA BIOTHETIQUE®  
PARIS



Heron Island  
GREAT BARRIER REEF

Your treatment time has been reserved especially for you. However, we understand that plans change. If you do need to change or cancel your treatment, you are required to provide four hours notice. Without notice the full charge of your treatment will apply.

Phone +61 7 4972 9055 [www.heronisland.com](http://www.heronisland.com)