



**BREAKFAST AVAILABLE
ALL DAY 7:30-2pm**

Full Breakfast - \$16.95

Includes entrée, fresh baked pastry, cup of fresh fruit, juice, Ithaca coffee OR herbal tea

OATMEAL CRUSTED FRENCH TOAST - with Brown Sugar Cream & Berries

CLASSIC BREAKFAST

two local eggs served with toast, house potatoes, & choice of local bacon, ham or sausage

BUILD YOUR OWN OMELETTE OR BREAKFAST BURRITO

YOUR CHOICE OF THREE ITEMS

swiss - cheddar - lively run goat cheese - feta - onions - peppers - spinach - mushrooms -
asparagus - tomatoes - bacon - ham - sausage - chorizo sausage

Omelette served with toast & house potatoes

Burrito topped with cilantro crema - salsa - served with house potatoes

EGGS BENEDICT

two poached local eggs over Canadian bacon on English muffin topped with hollandaise
served with house potatoes

PANCAKES OR BELGIAN WAFFLE

three healthy and hearty pancakes OR Belgian waffle made with New Hope Mills flour -
served with local maple syrup (add chocolate chips or blueberries - \$1)

EGG IN A CUP (CHEF'S FAVORITE)

2 soft boiled local eggs - crumbled bacon OR sausage - crumbled Ithaca Bakery rye toast
seasoned and served in a cup with a side of house potatoes

ITHACAN (VEGAN)

tofu scramble with potatoes - vegan sausage - spinach - peppers - mushrooms
served with toast & Earth Balance spread

RED ROOSTER SAVORY BREAKFAST SANDWICH

Ithaca Bakery southwest sourdough with 2 fried local eggs - American cheese - bacon
Served with house potatoes

A La Carte Sides

Toast – Ithaca Bakery sourdough, wheat, rye, southwest sourdough	2.5
Gluten Free toast	3
House Potatoes	2.5
Bacon, Sausage or Ham	3
Fresh Assorted Pastry Basket	5.5
Greek Style Yogurt	3
Yogurt & Granola Parfait	6
Fresh Fruit	Cup 3 Bowl 5

Oatmeal	Cup 3 Bowl 5
add gingersnap granola	1
Bistro Side Salad	5
Avocado Toast	5
Sub La Tourelle's Duck Eggs	1
	(April - October)
Breakfast sandwich	8
Egg - choice of meat - choice of bread - cheese	

THE *Bistro*
at LA TOURELLE

BRUNCH MENU

Available 7:30 - 2pm SATURDAY & SUNDAY

- SWEET CREPES.....12**
Choice of berries, Nutella, Citrus Butter OR maple cream - topped with yogurt cream
cheese drizzle
- CORNED BEEF HASH.....13**
Soft poached eggs over corned beef hash - served with biscuits
- STEAK & EGGS.....17**
Sliced sirloin topped with bearnaise sauce - 2 eggs - house potatoes
Served with Ithaca Bakery bagel
- KASH'S CATCH (Gluten Free)15**
Lox - fresh avocado - cream cheese - capers - dill - greens on toasted gluten free bread
served with fresh fruit cup, mixed greens, OR house potatoes
- COTTAGE CHEESE SAVORY BREAKFAST BOWL17**
Cottage cheese - Lox - avocado - chives - tomatoes - cucumber
Served with hot sauce
- CHICKEN SALAD..... 16**
House made chicken salad on top of fresh croissant OR mixed greens
served with a side of yogurt OR cottage cheese
- BISTRO ROASTED TURKEY CLUB15**
Toasted Ithaca Bakery sourdough - roasted turkey - bacon - lettuce - tomato - mayo
served with fresh fruit cup, mixed greens, OR house potatoes
- FRITTATA.....16**
Sun Dried tomatoes - artichoke hearts - goat cheese - roasted red peppers
topped with mixed greens & vinaigrette
- MONTECRISTO13**
Egg dipped ham & cheese on sourdough bread - served with house potatoes