



**BREAKFAST AVAILABLE  
ALL DAY 7:30-2pm**

**Full Breakfast - \$16.95**

Includes entrée, fresh baked pastry, cup of fresh fruit, juice, Ithaca coffee OR herbal tea

**OATMEAL CRUSTED FRENCH TOAST** - with Brown Sugar Cream & Berries

**CLASSIC BREAKFAST**

two local eggs served with toast & house potatoes Choice of local bacon, ham or sausage

**BUILD YOUR OWN OMELETTE OR BREAKFAST BURRITO**

YOUR CHOICE OF THREE ITEMS

swiss - cheddar - lively run goat cheese - feta - onions - peppers - spinach - mushrooms -  
asparagus - tomatoes - bacon - ham - sausage - chorizo sausage

**Omelette** served with toast & house potatoes

**Burrito** topped with cilantro crema - salsa - served with house potatoes

**EGGS BENEDICT**

two poached local eggs over Canadian bacon on English muffin topped with hollandaise  
served with house potatoes

**PANCAKES OR BELGIAN WAFFLE**

three healthy and hearty pancakes OR Belgian waffle made with New Hope Mills flour -  
served with local maple syrup (add chocolate chips or blueberries - \$1)

**EGG IN A CUP (CHEF'S FAVORITE)**

2 soft boiled local eggs - crumbled bacon OR sausage - crumbled Ithaca Bakery rye toast  
seasoned and served in a cup with a side of house potatoes

**ITHACAN (VEGAN)**

tofu scramble with potatoes - vegan sausage - spinach - peppers - mushrooms  
served with toast & Earth Balance spread

**RED ROOSTER SAVORY BREAKFAST SANDWICH**

Ithaca Bakery southwest sourdough with 2 fried local eggs - American cheese - bacon  
Served with house potatoes

**A La Carte Sides**

<b>Toast – Ithaca Bakery sourdough, wheat, rye, southwest sourdough</b>	<b>2.5</b>
<b>Gluten Free toast</b>	<b>3</b>
<b>House Potatoes</b>	<b>2.5</b>
<b>Bacon, Sausage or Ham</b>	<b>3</b>
<b>Fresh Assorted Pastry Basket</b>	<b>5.5</b>
<b>Greek Style Yogurt</b>	<b>3</b>
<b>Yogurt &amp; Granola Parfait</b>	<b>6</b>
<b>Fresh Fruit</b>	<b>Cup 3 Bowl 5</b>

<b>Oatmeal</b>	<b>Cup 3 Bowl 5</b>
add gingersnap granola	<b>1</b>
<b>Bistro Side Salad</b>	<b>5</b>
<b>Avocado Toast</b>	<b>5</b>
<b>Sub La Tourelle's Duck Eggs</b>	<b>1</b>
	(April - October)
<b>Breakfast sandwich</b>	<b>8</b>
Egg - choice of meat - choice of bread - cheese	



# LUNCH MENU

Available 11AM - 2PM Monday thru Friday

- NY STATE CHEESE BOARD.....16**  
Local NY cheese varieties - smoked almonds & fresh berries - served with crackers
  
- AHI TUNA BOWL.....17**  
Microgreens with arugula - fresh avocado - quinoa - Ahi Tuna  
served with wasabi balsamic vinaigrette
  
- LA TOURELLE SALAD.....15**  
Mixed greens - fresh tomatoes - red onion - blueberries - strawberries - sliced almonds  
served with our house made fig-yogurt dressing
  
- KASH’S CATCH (Gluten Free) .....15**  
Lox - fresh avocado - cream cheese - capers - dill - greens on toasted gluten free bread  
served with fresh fruit cup, mixed greens, OR house potatoes
  
- JOYCE’S CRAB SALAD CROISSANT .....17**  
Crab salad on top of halved croissant toasted - available gluten free in avocado half  
served with fresh fruit cup OR mixed greens
  
- CLASSIC RUEBEN..... 16**  
Pastrami - Ithaca Bakery rye - swiss cheese - sauerkraut - Russian dressing  
served with fresh fruit cup, mixed greens, OR house potatoes
  
- BISTRO ROASTED TURKEY CLUB .....15**  
Toasted Ithaca Bakery sourdough - roasted turkey - bacon - lettuce - tomato - mayo  
served with fresh fruit cup, mixed greens, OR house potatoes
  
- DRY AGE BEEF BURGER.....16**  
8oz Beef burger - grilled bun - lettuce - tomato - thinly sliced onion - steak sauce  
served with potato chips
  
- NAAN BREAD PERSONAL PIZZA .....13**  
Red sauce - fresh tomato - garlic - arugula - shredded mozzarella