

BREAKFAST

ONE EGG BREAKFAST R48

1 egg, bacon, grilled tomato & a slice of white OR brown toast

ENGLISH BREAKFAST R78

2 eggs, bacon, grilled tomato, baked beans, 1 breakfast sausage, French fries & 1 slice of white OR brown toast

VEGETARIAN BREAKFAST R65

1 egg, French fries, creamy mushrooms, grilled tomato, baked beans & 2 slices of white or brown toast

FRENCH OMELETTE TRIO R69

3 egg/egg white omelette packed with bacon bits, mushrooms & cheddar cheese, served with a slice of white or brown toast

TOASTIES

Served with French fries, on your choice of white OR brown bread

CHEESE R42

CHEESE & TOMATO R45

CHICKEN & MAYO R52

BACON, EGG & CHEESE R61

add a side salad R25

BASKETS

Accompanied by a dipping sauce

CRUMBED CHICKEN STRIPS R62

BATTERED HAKE BITES R60

FRANKFURTER (Pork) R30

PORK RIBS R79

PLATE OF CHIPS R48

BURGERS

Served with French fries

BEEF R88

150g ground beef patty, lettuce, tomato, onion, pickles & cheddar cheese

CHICKEN R85

Tender chicken fillet, lettuce, tomato, onion, pickles & cheddar cheese

add a side salad R25

SALADS

GREEK STYLE SALAD R65

Fresh salad greens topped with Rosa tomatoes, onion, cucumber, black olives & Danish feta

CAJUN CHICKEN SALAD R70

Grilled Cajun chicken strips on a bed of fresh salad greens, cucumber, onions, tomato & Danish feta

CHEFS CHOICE

Served with your choice of French fries OR Pap & Chakalaka

SPARERIBS 400g R120

SPARERIBS 600g R155

GRILLED QUARTER CHICKEN R75

(Peri Peri OR Lemon & Herb)

GRILLED HALF CHICKEN R98

(Peri Peri OR Lemon & Herb)

HAKE R97

Accompanied by a lemon & garlic butter

JUNIOR T-BONE, EGG & CHIPS R105

Junior T-bone served with a fried egg, French fries & cheese OR mushroom sauce

SHISA NYAMA PLATTER R170

SWEET TREATS

CAKE OF THE DAY R55

SWEET TREAT OF THE DAY R55

Excludes R20 tray charge per order

FROM THE BARISTA BAR

Espresso	R18
Americano	R20
Cappuccino	R24
Caffè Latte	R24
Caffè Macchiato	R22
Mochaccino	R23
Filter Coffee	R20

HOT DRINKS

Hot Chocolate	R26
White Hot Chocolate	R28
Milo	R26

MILKSHAKES

Chocolate, Vanilla, Strawberry, Large	R35
Bubblegum, Lime, Banana Kiddies	R20
Fred's Freaky Shake	R50

FRESH JUICE

Orange	R22
Guava	R22
Fruit Cocktail	R22
Mango	R22
Cranberry	R24

TEA

Chai	R25
Ceylon	R20
Peach	R20
Lemon	R20
Peppermint	R20
Five Roses	R17
Rooibos	R20

COCKTAILS

Mojito Bacardí & lime served with a mint syrup, crushed ice & soda	R60
Cosmopolitan Vodka, triple sec & lime served with cranberry juice & ice	R60
Strawberry Daiquiri White rum, triple sec, lime, strawberry liqueur & grenadine served with crushed ice	R65
Long Island Ice Tea Vodka, gin, tequila, Bacardí, cane & lime topped with crushed ice & coke	R75
Margarita Tequila, triple sec & lime, shaken not stirred	R60
Piña Colada Blended coconut rum infused with piña colada mix	R65

A selection of additional alcoholic beverages are available on request.

Opening Hours:
Mon-Sat: 7am - 10pm
Sun: 7am - 3pm



Extention:
4130/4084

Includes R20 tray charge per order

FRED KIDDIES

KIDDIES BURGER

100g beef OR crumbed chicken patty served on a seeded bun & French fries

R54

CHICKEN STRIPS

Crumbed chicken strips & French fries

R48

FRANK ROLL

Pork Frankfurter & French fries

R42

CHEESE TOASTIE

Served on your choice of white OR brown bread & French fries

R32

CHICKEN MAYO TOASTIE

Served on your choice of white OR brown bread & French fries

R35

ICE CREAM & CHOCOLATE SAUCE

(2 scoops)

R20

FRED'S FREAKY SHAKE

Bubble-gum flavoured shake, loaded with an assortment of sweets

R50

