

## BREAKFAST

### ONE EGG BREAKFAST R48

1 egg, bacon, grilled tomato & a slice of white OR brown toast

### ENGLISH BREAKFAST R78

2 eggs, bacon, grilled tomato, baked beans, 1 breakfast sausage, French fries & 1 slice of white OR brown toast

### VEGETARIAN BREAKFAST R65

1 egg, French fries, creamy mushrooms, grilled tomato, baked beans & 2 slices of white or brown toast

### FRENCH OMELETTE TRIO R69

3 egg/egg white omelette packed with bacon bits, mushrooms & cheddar cheese, served with a slice of white or brown toast

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## TOASTIES

Served with French fries, on your choice of white OR brown bread

### CHEESE R42

### CHEESE & TOMATO R45

### CHICKEN & MAYO R52

### BACON, EGG & CHEESE R61

add a side salad R25

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## BASKETS

Accompanied by a dipping sauce

### CRUMBED CHICKEN STRIPS R62

### BATTERED HAKE BITES R60

### FRANKFURTER (Pork) R30

### PORK RIBS R79

### PLATE OF CHIPS R48

## BURGERS

Served with French fries

### BEEF R88

150g ground beef patty, lettuce, tomato, onion, pickles & cheddar cheese

### CHICKEN R85

Tender chicken fillet, lettuce, tomato, onion, pickles & cheddar cheese

add a side salad R25

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## SALADS

### GREEK STYLE SALAD R65

Fresh salad greens topped with Rosa tomatoes, onion, cucumber, black olives & Danish feta

### CAJUN CHICKEN SALAD R70

Grilled Cajun chicken strips on a bed of fresh salad greens, cucumber, onions, tomato & Danish feta

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## CHEFS CHOICE

Served with your choice of French fries OR Pap & Chakalaka

### SPARERIBS 400g R120

### SPARERIBS 600g R155

### GRILLED QUARTER CHICKEN R75

(Peri Peri OR Lemon & Herb)

### GRILLED HALF CHICKEN R98

(Peri Peri OR Lemon & Herb)

### HAKE R97

Accompanied by a lemon & garlic butter

### JUNIOR T-BONE, EGG & CHIPS R105

Junior T-bone served with a fried egg, French fries & cheese OR mushroom sauce

### SHISA NYAMA PLATTER R170

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## SWEET TREATS

### ICE-CREAM & CHOCOLATE SAUCE R45

(3 scoops)

### CAKE OF THE DAY R55

### SWEET TREAT OF THE DAY R55

## FROM THE BARISTA BAR

Espresso	R18
Americano	R20
Cappuccino	R24
Caffè Latte	R24
Caffè Macchiato	R22
Mochaccino	R23
Filter Coffee	R20

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## HOT DRINKS

Hot Chocolate	R26
White Hot Chocolate	R28
Milo	R26

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## MILKSHAKES

Chocolate, Vanilla, Strawberry, Large	R35
Bubblegum, Lime, Banana Kiddies	R20
Fred's Freaky Shake	R50

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## FRESH JUICE

Orange	R22
Guava	R22
Fruit Cocktail	R22
Mango	R22
Cranberry	R24

## TEA

Chai	R25
Ceylon	R20
Peach	R20
Lemon	R20
Peppermint	R20
Five Roses	R17
Rooibos	R20

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## COCKTAILS

<b>Mojito</b> Bacardí & lime served with a mint syrup, crushed ice & soda	R60
<b>Cosmopolitan</b> Vodka, triple sec & lime served with cranberry juice & ice	R60
<b>Strawberry Daiquiri</b> White rum, triple sec, lime, strawberry liqueur & grenadine served with crushed ice	R65
<b>Long Island Ice Tea</b> Vodka, gin, tequila, Bacardí, cane & lime topped with crushed ice & coke	R75
<b>Margarita</b> Tequila, triple sec & lime, shaken not stirred	R60
<b>Piña Colada</b> Blended coconut rum infused with piña colada mix	R65

A selection of additional alcoholic beverages are available on request.

## FRED KIDDIES

### KIDDIES BURGER

100g beef OR crumbed chicken patty served on a seeded bun & French fries

R54

### CHICKEN STRIPS

Crumbed chicken strips & French fries

R48

### FRANK ROLL

Pork Frankfurter & French fries

R42

### CHEESE TOASTIE

Served on your choice of white OR brown bread & French fries

R32

### CHICKEN MAYO TOASTIE

Served on your choice of white OR brown bread & French fries

R35

### ICE CREAM & CHOCOLATE SAUCE

(2 scoops)

R20

### FRED'S FREAKY SHAKE

Bubble-gum flavoured shake, loaded with an assortment of sweets

R50

