BREAKFAST			BURGERS Served with French fries	
FULL ENGLISH BREAKFAST 2 eggs, bacon, grilled tomato, baked 1 breakfast sausage, French fries & 1 white OR brown toast	beans,	R78	BEEF 150g ground beef patty, lettuce, tomato, onion, pickles & cheddar cheese	R88
THE EARLY RISER 2 eggs, bacon, grilled tomato & a slice of OR brown toast		R54	CHICKEN Tender chicken fillet, lettuce, tomato, onion, pickles & cheddar cheese	R85
SCRAMBLED EGGS ON TOAST Creamy scrambled eggs served on two of white or brown toast & topped with cl cheese	o slices	R35	add a side salad	R25
FRENCH OMELETTE TRIO		R69	SALADS	R65
3 egg/egg white omelette packed with bacon bits, mushrooms & cheddar cheese, served with a slice of white or brown toast			GREEK STYLE SALAD Fresh salad greens topped with Rosa tomatoes, onion, cucumber, black olives & Danish feta	
			CAJUN CHICKEN SALAD	R70
TOASTIES Served with French fries, on your choice OR brown bread	of white		Grilled Cajun chicken strips on a bed of fresh salad greens, cucumber, onions, tomato & Danish feta	
CHEESE		R42		
CHEESE & TOMATO		R45	CHEFS CHOICE Served with French fries.	
CHICKEN & MAYO		R52	SPARERIBS 400g	R150
BACON, EGG & CHEESE		R61	SPARERIBS 600g	R185
add a side	e salad	R25	QUEEN PRAWNS (12) Basted with your choice of peri peri OR lemon garlic butter sauce	R190
BUILD A BASKETS All baskets are served with chunky fries 8 dipping sauce	& a [R30	JUNIOR T-BONE, EGG & CHIPS Junior T-bone served with a fried egg, French fries & cheese OR mushroom sauce	R105
		D/0	HAKE Grilled OR battered served with a lemon garlic	R97
CRUMBED CHICKEN STRIPS	ADD		butter	
PORK RIBS	ADD			
FRANKFURTER (Pork)	ADD			
BREADED CALAMARI RINGS	ADD I		SWEET TREATS	
ADD EXTRA DIPPING SAUCE	ADD I	R2/	ICE-CREAM & CHOCOLATE SAUCE (3 scoops)	R45

CAKE OF THE DAY

SWEET TREAT OF THE DAY

R55

R55

ITALIAN AFFAIR CHICKEN ALFREDO Tender chicken pieces tossed in a rich creamy garlic sauce, served over al dente pasta. CHICKEN & PRAWN PASTA Tender chicken pieces tossed in an authentic Napolitana sauce & served over al dente pasta & topped with 3 Queen prawns.	R98	TEA Chai Ceylon Peach Lemon Peppermint Five Roses	R25 R20 R20 R20 R20 R17
CALAFORNIAN PIZZA Bacon bits, Danish feta & Avo*	R102	Rooibos	R20
HAWAIIAN PIZZA Ham & pineapple	R85	MILKSHAKES	
MARGHERITTA PIZZA Classic tomato & Mozzarella	R75	Chocolate, Vanilla, Strawberry Large Bubblegum, Lime, Banana kiddies	R35 R20
SPICY CHICKEN PIZZA Spicy Chicken pieces, mushroom & green pepper	R95	Fred's Freaky Shake	R50
REGINA Tasty mix of ham, mushrooms & Mozzarella	R89	FRESH JUICE	D00
CHICKEN MAYO Shredded chicken breast tossed in tangy mayo, mushrooms, green pepper, pickles & Mozzarella		Orange Guava Fruit Cocktail Mango	R22 R22 R22 R22
MEAT MANIA A carnivore's feast with ground beef, spicy chicken, bacon bits, mushroom, tomato, green pepper & Mozzarella		Cranberry	R24
FOCACCIA	R38	COCKTAILS Mojito Bacardí & lime served with a mint syrup, crushed ice & soda	R60
FROM THE BARISTA BAR Espresso Americano	R18	Cosmopolitan Vodka, triple sec & lime served with cranberry juice & ice	R60
Cappuccino Caffè Latte Caffè Macchiato	R20 R24 R24	Strawberry Daiquiri White rum, triple sec, lime, strawberry liqueur & grenadine served with crushed ice	R65
Mochaccino Filter Coffee	R22 R23 R20	Long Island Ice Tea Vodka, gin, tequila, Bacardí, cane & lime topped with crushed ice & coke	R75
HOT DRINKS		Margarita Tequila, triple sec & lime, shaken not stirred	R60
Hot Chocolate White Hot Chocolate Milo	R26 R28 R26	Piña Colada Blended coconut rum infused with piña colada mix A selection of additional alcoholic beverages are available	R65 on request.

FRED KIDDIES

KIDDIES BURGER 100g beef OR crumbed chicken patty served on a seeded bun & French fries	R54
CHICKEN STRIPS Crumbed chicken strips & French fries	R48
FRANK ROLL Pork Frankfurter & French fries	R42
CHEESE TOASTIE Served on your choice of white OR brown bread & French fries	R32
CHICKEN MAYO TOASTIE Served on your choice of white OR brown bread & French fries	R35
ICE CREAM & CHOCLATE SAUCE (2 scoops)	R20
FRED'S FREAKY SHAKE Bubble-gum flavoured shake, loaded with an assortment of sweets	R50

