

## BREAKFAST

### FULL ENGLISH BREAKFAST R78

2 eggs, bacon, grilled tomato, baked beans, 1 breakfast sausage, French fries & 1 slice of white OR brown toast

### THE EARLY RISER R54

2 eggs, bacon, grilled tomato & a slice of white OR brown toast

### SCRAMBLED EGGS ON TOAST R35

Creamy scrambled eggs served on two slices of white or brown toast & topped with cheddar cheese

### FRENCH OMELETTE TRIO R69

3 egg/egg white omelette packed with bacon bits, mushrooms & cheddar cheese, served with a slice of white or brown toast

## TOASTIES

Served with French fries, on your choice of white OR brown bread

### CHEESE & TOMATO R45

### CHICKEN & MAYO R52

### BACON, EGG & CHEESE R61

add a side salad R25

## BUILD A BASKETS

All baskets are served with chunky fries & a dipping sauce R30

### CRUMBED CHICKEN STRIPS ADD R62

### FRANKFURTER (Pork) ADD R30

### CRUMBED MUSHROOMS ADD R36

### PORK RIBS ADD R79

## BURGERS

Served with French fries

### BEEF R88

150g ground beef patty, lettuce, tomato, onion, pickles & cheddar cheese

### CHICKEN R85

Tender chicken fillet, lettuce, tomato, onion, pickles & cheddar cheese

add a side salad R25

## SALADS R65

### GREEK STYLE SALAD

Fresh salad greens topped with Rosa tomatoes, onion, cucumber, black olives & Danish feta

### CAJUN CHICKEN SALAD R70

Grilled Cajun chicken strips on a bed of fresh salad greens, cucumber, onions, tomato & Danish feta

## CHEFS CHOICE

Served with French fries.

### CHICKEN ALFREDO R80

Tender chicken pieces tossed in a rich creamy garlic sauce, served over al dente pasta

### CHICKEN & PRAWN PASTA R98

Tender chicken pieces tossed in an authentic Napolitana sauce & served over al dente pasta & topped with 3 Queen prawns.

### JUNIOR T-BONE, EGG & CHIPS R105

Junior T-bone served with a fried egg, French fries & cheese OR mushroom sauce

### HAKE R97

Grilled OR battered served with a lemon garlic butter

## SWEET TREATS

### CAKE OF THE DAY R55

### SWEET TREAT OF THE DAY R55

Excludes R20 tray charge per order

## FROM THE BARISTA BAR

Espresso	R18
Americano	R20
Cappuccino	R24
Caffè Latte	R24
Caffè Macchiato	R22
Mochaccino	R23
Filter Coffee	R20

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## MILKSHAKES

Chocolate, Vanilla, Strawberry, Large	R35
Bubblegum, Lime, Banana Kiddies	R20
Fred's Freaky Shake	R50

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## FRESH JUICE

Orange	R22
Guava	R22
Fruit Cocktail	R22
Mango	R22
Cranberry	R24

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## HOT DRINKS

Hot Chocolate	R26
White Hot Chocolate	R28
Milo	R26

## TEA

Chai	R25
Ceylon	R20
Peach	R20
Lemon	R20
Peppermint	R20
Five Roses	R17
Rooibos	R20

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## COCKTAILS

Mojito Bacardí & lime served with a mint syrup, crushed ice & soda	R60
Cosmopolitan Vodka, triple sec & lime served with cranberry juice & ice	R60
Strawberry Daiquiri White rum, triple sec, lime, strawberry liqueur & grenadine served with crushed ice	R65
Long Island Ice Tea Vodka, gin, tequila, Bacardí, cane & lime topped with crushed ice & coke	R75
Margarita Tequila, triple sec & lime, shaken not stirred	R60
Piña Colada Blended coconut rum infused with piña colada mix	R65

A selection of additional alcoholic beverages are available on request.



Opening Hours:  
Mon – Sun: 8am – 8pm

Extention:  
1009

Excludes R20 tray charge per order

## FRED KIDDIES

### KIDDIES BURGER

100g beef OR crumbed chicken patty served on a seeded bun & French fries

R54

### CHICKEN STRIPS

Crumbed chicken strips & French fries

R48

### FRANK ROLL

Pork Frankfurter & French fries

R42

### CHEESE TOASTIE

Served on your choice of white OR brown bread & French fries

R32

### CHICKEN MAYO TOASTIE

Served on your choice of white OR brown bread & French fries

R35

### ICE CREAM & CHOCOLATE SAUCE

(2 scoops)

R20

### FRED'S FREAKY SHAKE

Bubble-gum flavoured shake, loaded with an assortment of sweets

R50

