

BREAKFAST

The health kick medley (V)

Create your own health combo for the day

Yoghurt	R 26
Muesli	R 22
Fresh fruit	R 25

The early riser

2 eggs served with 2 rashers of crispy bacon, grilled tomato & 2 slices of toast

R62

French omelette

Ham & cheese	R 85
Mushroom & cheese	R 68

Full english

2 eggs served with 1 pork banger, 2 rashers of bacon, grilled tomato, sautéed mushrooms, baked beans, French fries & 2 slices of toast

R88

Mince on toast

Traditional mince on 2 slices of toast, topped with a fried egg

R79

Extras:

Bacon	R 19
Pork banger	R 17
Mushrooms	R 17
Egg	R 10
Baked beans	R 7
French fries	R 10
Toast & butter	R 9

TOASTIES

Served with French fries OR side salad, on your choice of white OR brown bread

Cheese	R48
Cheese & tomato	R50
Ham, cheese & tomato	R68
Chicken & mayo	R60

ISALADI

Calamari salad	R65
Calamari rings, crisp lettuce, tomato, onion & cucumber	

Chicken & bacon	R60
Cajun chicken, bacon bits, lettuce, tomato, onion & cucumber	

iVUMBA

Chicken livers	R55
Portuguese style, finished with cream	

Crumbed mushrooms	R47
With French fries & tartare sauce	

Crumbed chicken strips	R50
With French fries & a sweet chilli or BBQ sauce	

Garlic snails	R68
Served with toasted bread fingers	

Nachos	R87
Tortilla chips, mince, chilli, Mexican style tomatoes and cheddar cheese	

Calamari tubes	R105
With salsa & tartare sauce	

SMASH iIHAMBHEGA

Served with french fries OR side salad

Chicken burger	R95
Tender chicken fillet, lettuce, tomato, onion & cheddar cheese	

Transkei beef burger	R95
150g beef patty, lettuce, tomato, onion & cheddar cheese	

Bacon & egg burger	R108
150g beef patty, bacon egg, cheese, lettuce, tomato & onion	

ZABA

Served with a sweet chili or tartar dipping sauce

Seafood platter	R220
Calamari tubes, hake, mussels, 4 prince prawns & French fries	

Hole in the wall shisa nyama platter	R215
200g rump strips, 4 sticky ribs, meatballs, boerewors bites & french fries	

Build your own basket

French fries	R 20
Chicken strips (2)	R 24
Crumbed mushrooms	R 25
Sticky ribs (2)	R 24
Boerewors bites	R 28
Rump strips 200g	R 68
Calamari rings (4)	R 21
Prince prawns (2)	R 55
Dipping sauce	R 16

PIZZA

Focaccia R54

Margherita R79
Tomato, oregano & mozzarella

Spicy chicken R115
Spicy chicken, mushroom, green pepper & mozzarella

Four seasons R146
Pepperoni, onion, green pepper, olives mushrooms & feta

Regina R128
Ham & mushrooms

Hawaiian R124
Ham, pineapple & mozzarella

Esikhaleni Pizza R115
Deboned sparerib, mushrooms, onion & mozzarella

Build your own pizza
R30 for base, pizza sauce & traditional accompaniments

ADD:

Spare rib	R 32
Mozzarella	R 35
Mushrooms	R 17
Peppers	R 15
Onions	R 4
Pepperoni	R 39
Chicken	R 23
Pineapple	R 12
Ham	R 22
Bacon	R 24

PASTA

Your choice of spaghetti, penne or tagliatelle pasta served with traditional accompaniments

Alfredo R105
Ham, mushrooms & cream

Macaroni & cheese R65

Bolognaise R95
Tossed in our traditional meat sauce topped with cheese

SWEETISH

Malva pudding & custard R 60

MILKSHAKES

Lime, banana, strawberry, chocolate, bubblegum R 35

MBANE

Mains served with french fries, rice, samp OR baked potato AND seasonal vegetables OR salad

Hake R115
Grilled or deep-fried and served with tartar sauce.

Mthatha inkukhu R95
Crispy quarter chicken in barbeque or Mozambican peri-peri sauce

Spare ribs R145
Pork ribs marinated & flame grilled - 400g

Rump
A prime cut, basted (or not)
200g R120
300g R145

Surf & turf R150
Calamari tubes & 200g rump

T-bone 500g R175
Flamed grilled (barbecue basted or not)

Eisbein R175
Smoked pork shank with sauerkraut & mustard
From 800g

Sauces

Mushroom	R 27
Cheese	R 27
Garlic butter	R 27
Peri-peri	R 27

Fred's Freaky Shake R50

BARISTA BAR

Filter	R 20
Cappuccino	R 24
Latte	R 24
Espresso	R 18

HOT DRINKS

Hot chocolate	R 35
Milo	R 26
Five roses	R 25
Rooibos	R 21

FRESH JUICE

Orange / guava / fruit cocktail R 22