

BREAKFAST

SERVED DAILY 8AM-11AM

BOWLS

OVERNIGHT OATS 9
oat milk, berries, super seeds

COCONUT & CHIA
SEED PUDDING 9
blueberries, cocoa nibs,
toasted coconut flakes

ACAI BOWL 9
coconut yogurt, berries,
banana chips, almonds, cocoa nibs

FRESH FRUIT 8
seasonal fruit cuts, fresh berries

EGGS & THINGS

TATER TOT BREAKFAST BOWL 16
two eggs any style, maple sausage, smoked bacon,
tater tots, heirloom tomatoes

TWO EGGS ANY STYLE 8
sourdough, rye or gluten free

SMASHED AVOCADO TOAST 12
chilli, spring onion, coriander, tomato, lime
sourdough, rye or gluten free
add an egg +2

BUTTERMILK PANCAKES 14
maple whipped cream cheese, fresh berries

SMOKED SALMON BAGEL 18
whipped cream cheese, capers, dill, red onion, cucumber

ON THE SIDE

BAGEL 3

MAPLE SAUSAGE 3

SMOKED BACON 3

TOAST 3
sourdough, rye or gluten free
whipped butter, preserves