

fruit & salads

yogurt parfait

panna cotta, strawberry- rhubarb compote, almonds, granola
8

petite lettuce

goat cheese, pine nuts, cantaloupe, champagne vinaigrette
10

eggs

two farm eggs*

roasted fingerling potatoes, choice of breakfast meat
15

herons featured omelet

roasted potatoes, seasonal ingredients, local cheese
15

specialties

super oats

goji berries, raw almonds, cocoa nibs, blueberries, cinnamon
12

old-fashioned pancakes

traditional, blueberry, chocolate chip, banana, maple syrup
12

umstead burger*

vine ripened tomatoes, pickles, choice of cheese, herb fries
19

breakfast meats

turkey bacon
pork sausage
smoked bacon
chicken-apple sausage
north carolina country ham
6

sides

fresh fruit
roasted potatoes
buttermilk biscuits
buttered local grits
5

*May be cooked to order. May be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.