



**24 Seven Café at the Jamaica Pegasus**  
**81 Knutsford Blvd, Kingston 5, Jamaica**  
**W.I.**

**Phone: 876-926-3690**

**[www.jamaicapegasus.com](http://www.jamaicapegasus.com)**

All prices are quoted in Jamaican Dollars and attract a Government Tax and Service Charge.  
Prices are subject to change without notice.



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**SOUPS**

**RED PEAS SOUP (V).....\$360**

Red Peas Soup slowly simmered with Coconut Milk and all natural seasonings

**SOUP DU JOUR.....\$360**

**SALADS**

**ASIAN CHICKEN SALAD.....\$1,380**

Mixed Greens topped with slices of Chicken breast, Ramen Noodles, Almond slivers, Orange segments and Carrots with an Asian Peanut dressing

**EXECUTIVE CHEF’S SALAD.....\$1,380**

Ham, Chicken, Pepper Jack Cheese on gourmet greens with boiled Egg and fresh Vegetables. Served with house made Ranch dressing

**ENERGY MIX SALAD.....\$1,350**

Spring greens, Red Onion, Black Beans, Garbanzo Beans, Dried Cranberries and Walnuts served with Honey Mustard Dressing

Add Chicken for .....\$490

**HARVEST SALAD.....\$1,700**

Red seedless Grapes served on a bed of Baby Greens Feta Cheese, Sliced Almonds, Onions and served with a Poppy Seed Dressing

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**BREAKFAST BAGELS**

**BREAKFAST BAGEL.....\$695**

Toasted Bagel of your choice with:

- Seasoned Fried Egg, Chicken Sausage and Cheese
- Seasoned Fried Egg, Pork Sausage and Cheese
- Seasoned Fried Egg, Bacon and Cheese

**SMOKED MARLIN or SALMON BAGEL.....\$900**

Smoked Marlin OR Salmon, Cream Cheese, Red Onion, Lettuce, Tomato, Cucumbers and Capers sandwiched in a toasted Bagel of your choice.

Add Pepper Jelly.....\$100

**TOASTED BAGEL.....\$475**

Bagel of your choice, toasted and topped with up to two toppings of your choosing

Condiments include Peanut Butter, Jelly, Butter, or Cream Cheese

Additional Toppings.....\$100

<u>BAGEL VARIETIES</u>				
PLAIN	WHEAT	BLUEBERRY	EVERYTHING	CINNAMON

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## PANINIS

All Paninis are served with a side of our house made coleslaw

### **NEW KINGSTON STEAK PANINI.....\$1,380**

Marinated Roasted Beef, sautéed Mushrooms and Onions melted with Pepper Jack Cheese on Ciabatta Bread

### **CHICKEN CLUB PANINI.....\$960**

Layers of Sliced Chicken Breast, smoked Bacon, seasoned fried Egg, mild Cheddar Cheese and our house made flavoured Mayo on Ciabatta Bread

### **KNUTSFORD BOULEVARD PORK PANINI..\$980**

Slow roasted Pork Loin paired with Dill Pickles, Red Onion and melted Pepper Jack Cheese on Ciabatta Bread

### **CHICKEN PESTO PANINI.....\$1,160**

Grilled Chicken Breast, creamy Mozzarella cheese and our house made Basil Pesto sauce (Pine Nut-free) on Ciabatta Bread

### **SPICY JALAPEÑO CHICKEN PANINI.....\$1,260**

This Panini is super spicy. Breaded Chicken fillet surrounded by spicy Jalapeño peppers and Brie Cheese

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**GRILLED WRAPS**

All wraps are served with a side of our house made coleslaw

**CHICKEN WRAP.....\$960**

One of our signature dishes. Jerk flavoured Chicken Breast with sautéed Vegetables and Pepper Jack Cheese

**TUNA WRAP.....\$920**

Tuna Salad with a hint of Scotch Bonnet Pepper, sautéed Bell Peppers and Onion

**CURRY TOFU AND CHICK PEA WRAP (V)...\$920**

A vegetarian favourite. Tofu, Chickpeas and Irish Potato simmered in mild Curry flavors

**MEDITERRANEAN STYLE WRAP (V, cold wrap) ..\$500**

Hummus, Plaintain and Sundried Tomatoes wrapped in Pak Choy leaves,

**Please see our display fridge for today's  
Gluten Free Wrap**

**COMFORT FOOD**

**HAM MAC & CHEESE.....\$1,130**

This classic comfort food is made up of cheesy Macaroni baked with bits of Ham

**VEGETABLE LASAGNA.....\$1,420**

Sautéed variety of in-season vegetables with Feta, Parmesan and Cheddar Cheese baked in this meat-free Lasagna

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**CHICKEN LASAGNA.....\$1,440**

Jerk mince chicken simmered in cream WITH VEGETABLES and layered between Lasagna Noodles then topped with Parmesan cheese

**CHICKEN POT PIE.....\$1,420**

A classic English style pot pie of Chicken, Potatoes, Carrots, Green Peas and Mushrooms, covered with a flaky Puff Pasty

**BAD DAWG CHILI.....\$540**

A warm and comforting bowl of Beef Mince, Bad Dawg Pork Sausage, Bacon and Beans slowly simmered in Beer and Spicy Tomato sauce. Served with a side of Sour Cream

**HAND CUT POTATO WEDGES**

**CLASSIC WEDGES.....Sm \$325, Lg \$720**

Our oven-baked Hand Cut Wedges are made with light butter for a healthier version of the classic potato wedge

**SEASONED WEDGES.....Sm \$350, Lg \$750**

Oven-baked, light butter, Hand Cut Wedges with a twist. Choose from:

- Parmesan and Herb
- Spicy Cajun
- Curry

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- Parmesan and Herb
- Spicy Cajun
- Curry

**KID'S MENU**

**GRILLED CHEESE SANDWICH.....\$550**

Grilled Cheese made with two types of Cheese , Swiss and Cheddar, on three slices of wheat or white bread

**PEANUT BUTTER & JELLY SANDWICH.....\$550**

A classic combination of Peanut Butter and Jelly on three slices of wheat or white bread

**HAM & CHEESE SANDWICH.....\$660**

Layers of Smoked Ham and Cheddar Cheese on your choice of sliced bread

**DESSERTS**

**ICE CREAM.....Single Scoop \$450**

.....Double Scoop \$700

**VARIETY OF CHEESECAKES.....\$620**

**BREAD & BUTTER PUDDING.....\$480**

**MUFFINS .....\$360**

**SCONES (2 PER SERVING).....\$450**

**COOKIES.....\$340**

**FRUIT BOX.....\$520**

**FOR DAILY & SEASONAL SELECTIONS, PLEASE  
ASK YOUR SERVER OR VISIT OUR DISPLAY  
CASE**

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**COFFEE MENU**

	Regular	Large*
	*takeout cup only	
100% Blue Mountain Coffee.....	\$375	\$450
Decaf Coffee.....	\$375	\$450
Cappuccino.....	\$420	\$550
Mocha.....	\$440	\$500
Café Latte.....	\$425	\$500
Iced Coffee.....	\$375	
Single Shot Espresso.....	\$320	
Double Shot Espresso.....	\$510	
Frappé (also available in non-caffeinated) .....	\$650	

<p><b>FLAVOUR ANY COFFEE</b></p> <p>\$50/Regular, \$100/Large</p> <p>HAZELNUT</p> <p>CARAMEL</p> <p>FRENCH VANILLA</p>
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<p><b>CHOOSE FROM:</b></p> <p>-WHOLE MILK</p> <p>-1% LOW FAT MILK</p> <p>-SOY MILK</p> <p>-ALMOND MILK (at an additional cost)</p>
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**TEA & CHOCOLATE BEVERAGES**

	Regular	Large*
	*takeout cup only	
Tea.....	\$420	\$520
Iced Tea.....	\$420	
Hot Chocolate.....	\$425	\$520

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Tea.....	\$420	\$520
Iced Tea.....	\$420	
Hot Chocolate.....	\$425	\$520



## SMOOTHIES

Fresh Fruit Smoothie.....	\$550
A blend of seasonal fruits and a splash of lime juice	
Breakfast in a Glass.....	\$870
A delicious blend of Oats, Honey, Ripe Banana and low fat yogurt	
Melon & Basil Smoothie.....	\$700
A refreshing mix of Watermelon, Cantaloupe, Ripe Banana, Honey and fresh Basil	
Green Smoothie.....	\$450
Assorted Green Vegetables blended with Pineapple and a touch of Lime and Orange Juice	

## OTHER BEVERAGES

Milkshake.....	\$820
Bottled Water.....Small....	\$300 Large....\$420
Perrier Sparkling Water.....	\$720
Homemade Lemonade.....	\$350
Frozen Lemonade.....	\$375
Fruit Juice.....	\$340
Mott's Apple Juice.....	\$800
Welch's Grape Juice.....	\$850
Soda.....	\$350

## ALCOHOLIC BEVERAGES

Santa Rita Merlot 187 ml (2 glasses).....	\$650
Santa Rita Chardonnay 187 ml (2 glasses).....	\$650
Red Stripe.....	\$400
Red Stripe Light.....	\$420
Heineken.....	\$460
Corona.....	\$750
Guinness.....	\$480

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