

Valentine's Day Highlights



Bay Gardens Resorts celebrated Valentine's Day with three amazing romantic events on February 14, 2022. *Love Knows No Boundaries* was hosted at Bay Gardens Beach Resort & Spa and commenced at 7:30pm with an A la Carte dinner at the Hi Tide Restaurant. *'Affairs of the Heart'* took place at the Spices Restaurant at Bay Gardens Hotel from 6:45 pm with a cocktail reception and buffet dinner. A *Special Stuck On You* A la Carte dinner was also hosted at the Bay Gardens Marina Haven's Anchor Restaurant at 7:30pm with a champagne reception. The night was filled with live entertainment and great food. Bay Gardens Resorts continues to find ways to create memorable experiences for our local, regional and international guests and Valentine's Day was no exception.

Lo Tide Café returns to Bay Gardens Resorts

Immerse your senses in the delightful aromas of our newly reopened Lo Tide café'. Enjoy delicious sweet and savory treats served with one of our specialty coffees or local teas. Located poolside opposite Pebbles bar at Bay Gardens Beach Resort & Spa, this grab and go gem is opened daily for all guests and is included in the all-inclusive meal plan package.

Experience an array of mouthwatering desserts from double chocolate cake, Jam stuffed donuts, chocolate chip cookies, assorted quiche, and lots more. All treats are prepared fresh daily with no added preservatives and caters to all dietary needs including gluten and dairy free options.

Come visit us today for a warm welcome sure to satisfy your heart and tastebuds.



Saint Lucia's 43rd Independence Celebrations



Saint Lucia celebrated 43 years of Independence on February 22, 2022. The paradise island showcased several activities including a heritage culture exhibition, ecumenical service, banana festival, military parade, Saint Lucia showcase – my island home which was held in Dubai as part of Expo Dubai 2020 and the Independence Baton relay to name a few.

Our Directors, Management and Staff came out in large numbers to represent during the Independence 43 Baton Relay. The baton relay started on February 11, making its way around the island over the course of 11 days. The baton was handed over to and carried by movers and shakers of each constituency throughout the island.

Dr. Tanya Destang-Beaubrun, Director of the family-owned business Bay Gardens Resorts, represented the Destang family, recognized for their contributions towards community development in the constituency of Gros Islet.

In celebration of the prestigious event, Bay Gardens Resorts offered Saint Lucian residents an opportunity to buy four day passes and pay for three. Also offered was a Two for Twenty-Two Independence drink special at Bay Gardens Beach Resort & Spa where patrons enjoyed two drinks for EC\$22.00 every two hours. Bay Gardens Resorts feels privileged to give back to the people of Saint Lucia and invites all St. Lucians to take advantage of our year-round staycation specials available at all properties. Click here for a full listing of Independence activities.

<https://stluciaconsulate.ca/saint-lucias-43rd-anniversary-of-independence-calendar-of-events/>

Bay Gardens Beach Resort & Spa captures WeddingWire Couple's Choice Award 2022

The reviews are in, and couples have spoken! The Bay Gardens Beach Resort & Spa has won the WeddingWire Couple's Choice Award for the 3rd time. This award is given to the top local wedding professionals based solely on newlywed reviews. Bay Gardens Resorts extends a very special thank you to all our valued couples who shared their amazing reviews which earned us this honor. Thank you for trusting us. Kudos to our amazing staff for a job well done.



Bay Gardens Resorts is on TikTok

Bay Gardens Resorts has launched a TikTok account to further connect with its growing audience. This coincided with the unveiling of Saint Lucia's official TikTok account on January 31st, 2022. TikTok is currently the trendiest social media platform for creating, sharing, and discovering short videos.

The app is popularly used by people and brands as an outlet to showcase product offerings and experiences through creative singing, dancing, comedy, and lip-syncing, videos which allows users to share them across a community. Bay Gardens Resorts pages features culinary offerings, entertainment options and experiences available on property.

Follow and like pages [@TravelSaintLucia](#) and [@BayGardensResorts](#) to connect with us today.



Spa Feature – La Mer Pour Deux



Rekindle the flame of love with a Pour Deux package from La Mer Spa. This premium couple's rejuvenation package includes a deluxe tranquility massage which offers a medium level pressure point stroke that helps regulate blood circulation throughout the entire body. This massage covers every essential part of the body from head to foot and is followed by a relaxing hydrotherapy bath with a complementary bottle of champagne or wine for only US\$220.00 per

couple. To secure your desired appointment, we recommend that you pre-book treatments via email at: lammerspa@baygardensresorts.com, call: 758.457.8553 or [click here](#).

La Mer Spa Winter Specials

Winter Escape Package

A choice of two treatments with the options of a Back Massage, La Mer Facial or Signature Body Scrub

US\$66 [EC\$178.20]

Holiday Magic Package

Includes a Classic Pedicure w/ a foot massage combo and a classic manicure
US\$66 [EC\$178.20] or an extra \$11US for Paraffin Pedicure Upgrade

Winter Wellness Package

Includes a Deep Cleansing Anti-Aging Facial & Foot Massage Combo
US\$88 [EC\$237.60]

Winter Retreat Package

Includes a Deluxe Tranquility Massage with a choice of a La Mer Facial or Signature Body Scrub
US\$99 [EC\$267.30]

Lucian Holiday Experience

Includes a Deluxe Tranquility Massage with a La Mer Facial & Signature Body Scrub
US\$121 [EC\$326.70]

Prices are per person and are inclusive of a 10% Service charge.
 Promotional Offer is subject to change.

Winter Sale

Book your winter getaway early with savings of up to 40% on accommodations. Bay Gardens Resorts is offering guests major savings at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn, and Bay Gardens Marina Haven. LIMITED TIME OFFER!

The Offer Includes:

- Complimentary breakfast daily
- Welcome cocktail on arrival
- FREE Rapid Antigen Test for Two for Return Flight*
- Two Kids Stay and Eat FREE*
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Complimentary unlimited passes to Splash Island Water Park



Terms and conditions:

- This promotion is valid for NEW BOOKINGS ONLY by March 31, 2022, for travel Now, to May 08, 2022.
- Inclusive of FREE breakfast daily, unlimited FREE non-motorized water sports, FREE Wi-Fi and FREE water park passes.
- Minimum 5-night stay required for the Bay Gardens Beach Resort & Spa & Water's Edge Villas, and minimum 3-night stay required at the Bay Gardens Hotel, Inn, and Marina Haven to take advantage of this offer.
- Book 5-nights or more on an all-inclusive plan and get FREE Rapid Antigen Test (accepted for the US, UK, and France) for two persons per room for return flight. Additional charges of US\$40 per person per Rapid Antigen (Lateral Flow) Test and US\$120 per person per PCR Tests apply.
- Two kids (4 to 12 years) stay and eat free when ordering off of the kids' menu (on the SAME BOARD BASIS when SHARING THE ACCOMMODATION with 2 adults). If adults would like the children to order off the regular menu (including theme nights), they MUST PURCHASE the SAME MEAL PLAN which is available at 1/2 price of the adults' cost for kids up to 12 years. **Supplement charges apply for two free kids on Dine Around Program and is payable to dine around partner restaurants DIRECTLY.
- Offer is NOT combinable with any other promotions, subject to availability throughout promotional period and may be changed or withdrawn at any time.
- All featured prices are in US Dollars Offer of up to 40% applicable on all room categories at all Bay Gardens Resorts properties.

For more info and to make a booking [click here](#)

European Spotlight Sale

Save 50% OFF All-Inclusive rates when you upgrade from a European Meal Plan board basis.

Book your Caribbean getaway now and save 50% off all-Inclusive at the Bay Gardens Hotel, Bay Gardens Inn, and Bay Gardens Marina Haven! LIMITED TIME OFFER!

Offer Includes (Direct Bookings ONLY):

- Breakfast, Lunch, and Dinner daily
- All house brand alcoholic and non-alcoholic drinks
- Welcome cocktail on arrival
- Access to our Dine Around Program*
- Daily FREE Spa Treatment (per room each day of your stay)
- FREE Rapid Antigen Test for Two for Return Flight*
- In-room starter pack featuring refreshments and snacks*
- Two Kids Stay and Eat FREE*
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Complimentary unlimited passes to Splash Island Water Park

Rates from US\$208
BOOK NOW

Highlights

Spa Services Available:

- Back Massage (30 mins)
- Head, Neck & Shoulder Massage (30 mins)
- Foot Massage (30 mins)

Terms And Conditions:

- This promotion is valid for NEW bookings ONLY made by June 30, 2022 for travel April 01 to December 19, 2022.
- Minimum 7-night stay required to qualify.
- Inclusive of breakfast, lunch, and dinner daily, plus all drinks including alcoholic and non-alcoholic house brand beverages, FREE Wi-Fi and unlimited FREE access to Splash Island Water Park (reservations required).



- Book 5-nights or more on an all-inclusive plan and get FREE Rapid Antigen Test (accepted for the US, UK and France) for two persons per room for return flight. Additional charges of US\$40 per person per Rapid Antigen (Lateral Flow) Test and US\$120 per person per PCR Tests apply.
- Two kids (4 to 12 years) stay and eat free when ordering off of the kids menu (on the SAME BOARD BASIS when SHARING THE ACCOMMODATION with 2 adults). If adults would like the children to order off the regular menu (including theme nights), they MUST PURCHASE the SAME MEAL PLAN which is available at 1/2 price of the adults cost for kids up to 12 years. **Supplement charges apply for two free kids on Dine Around Program and is payable to dine around partner restaurants DIRECTLY.
- Offer is NOT combinable with any other promotions, subject to availability throughout promotional period and may be changed or withdrawn at any time.
- All featured prices are in US Dollars.
- Offer of 50% applicable on All-inclusive meal plans at the Bay Gardens Hotel, Inn, and Marina Haven.
- Must be a resident of countries within Europe to qualify (proof of residency must be provided upon check-in).
- Reservations are recommended. Blackout dates and certain conditions apply.

For more info and to make a booking [click here](#)

Featured Employee – Reuben Jn Francois

Meet Mr. Reuben Jn Francois our featured employee for the month of February. Mr. Jn Francois has been a member of the Bay Gardens family for over 3 years and is currently a Room Technician at Bay Gardens Beach Resort & Spa.

What fascinates him most about his job is meeting new people and putting smiles on their faces. It gives him great pleasure knowing that his efficient maintenance preventive checks can make someone's stay more memorable by ensuring that there are no hiccups.

Reuben is of the opinion that every day is memorable especially when your office is nestled within a garden paradise, just step away from the ocean. His most memorable moment was being recognized at our annual staff awards for punctuality and commitment to duty. When off duty he enjoys going to the beach and spending time with loved ones.

With his passion to exceed guests' expectations and friendly personality we look forward to more great things from Mr. Jn Francois.



Tour Feature - Dolphin & Whale Watching



Let your spirits soar and come experience the magical splendor of our unique Dolphin and Whale watching excursion.

Embark off the west coast of Saint Lucia in route to Soufriere, where the most spectacular sightings have occurred. Catch a glimpse of the stunning coastline and bustling fishing villages as you listen for the sounds of giant whales and cavorting dolphins in their natural habitat.

On this journey you will witness some of the ocean's most playful and majestic creatures as they search for food in the warm Caribbean waters, por poising for air and making big splashes with their tails. Spinner and Pantropical dolphins are usually spotted frolicking just a few miles off the coast. From there, your boat heads into deeper waters to spot pilot and sperm whales. If luck is on your side, see the giant humpback whale or even a false killer whale.

This four-hour tour which is inclusive of transfer time is available every Wednesday and Friday from 8:30 am. [Click here](#) to book today.

Our Guest Experience



Have you seen what our guests are saying about us on TripAdvisor?

BAY GARDENS BEACH RESORT & SPA

I LOVE IT HERE!! THE BEST VACATION EVER.

Reviewd by: [Paulam093](#)

Absolutely beautiful. The beachfront rooms are amazing. Going to sleep with the sound of the waves I love!! The decor classy chic. The beds are

very comfortable. The staff are super polite and helpful. We feel very safe. The covid protocols are in place. The location is perfect. There are lots of restaurants nearby and a grocery store. The beach is beautiful here.

BAY GARDENS HOTEL

WONDERFUL ACCOMMODATIONS AND STAFF

Reviewed by: [Jamaican88](#)

We just returned from beautiful St. Lucia. Our stay at the Bay Gardens Hotel was everything we had hoped for. The Croton Suite kitchen had everything we needed to cook breakfast (we did not do the all-inclusive plan) and the living room and bedroom were quite comfortable. Air conditioning worked well. The housekeeping staff cleaned daily and did a great job. The property has 3 pools and one of the pools (with a waterfall) was a 20 step walk from our small patio. Cheryl, Austin, and all the front desk staff were incredibly helpful to help us with dinner reservations, scheduling our departure Covid tests and anything else we needed. The shuttle to the Beach Resort (5 minutes away) was frequent and drivers were friendly and helpful. The Bay Gardens Beach Resort did an informative orientation for new guests. The beach was beautiful and non-motorized and motorized sports were available. We tried Big Mabel the boat pulled couch and had a blast. I would certainly recommend this hotel and will be back!

BAY GARDENS INN

12 NIGHTS STAY, LOVELY

Reviewed by: [jcampbell2022](#)

Would like to say that the staff at Bay Gardens Inn were all lovely throughout the duration of our trip. Many a joke was shared. They were always available and helpful; everything was booked seamlessly (excursions). There's a very good variation of tasty food for all 3 meals a day at the hotel restaurant and a lot of restaurants within 5-10 minutes' walk. The rooms are perfectly fine, Air Conditioned, ours had a huuuuge bed, and cleaned daily if you wish. Thanks for having us!

BAY GARDENS MARINA HAVEN

GREAT PLACE TO STAY

Reviewed by: [j0nes54](#)

Arrived late evening to welcoming friendly staff. This continued for the whole 2 weeks. Customer service was spot on. Rooms were bright and clean all with a view on pool. Hotel in excellent location for walking out to nearby marina, shops etc. Friendly locals. Shuttle bus to sister hotels and beach but we walked quite often for some exercise. Quality and choice of food at meals and drinks far exceeded our expectations .

We will return when Friday night street party opens again!

Daryl the General manager sets the whole tone of the hotel for the staff with her visible presence and interaction with all guests. Covid guidelines were in place and felt very reassured.

Green banana and saltfish topped with scored red snapper and garlic cucumber ribbons



Ingredients

- 6 green bananas
- 6 oz cooked and shredded saltfish (salted codfish)
- 2 lbs. red snapper fillet
- 4 oz chopped onions
- 2 medium size cucumbers
- 2 large tomatoes diced
- 2 smashed garlic cloves
- 4 diced garlic cloves
- 1 tsp pepper sauce
- Mayonnaise of your choice
- Mixed spices: turmeric, paprika, salt, pepper
- Chopped herbs (1 bundle parsley & celery, 6 seasoning peppers, 6 shadow benne leaves)

- 1 oz local blended seasoning
- 3 tbs oil
- 2 oz lime juice
- 1 oz vinegar
- 3 oz mix vegetables (preference)

Method:

- Prepare cucumber ribbons by simply using a vegetable shredder and making nice even ribbons with it. then season with salt, pepper, garlic, and some chopped parsley.
- Prepare saltfish by simmering in water for 1/2 hour, drain salty water, add fresh water, and repeat 2 more times. After final simmer, drain and using a fork or your hands, break cod into small, shredded bits.
- The green cooking bananas will be very firm and difficult to peel. add vegetable oil to hands for easy handling. Trim off stem from both ends and run a knife down the full length of banana the depth of the peel. Cover with salted water and bring to a boil for 10 to 15 minutes, the cut you made will open and allow for easy removal of the peel.
- Dice the seasoning peppers, chopped chives, shadow benne, onions, celery, and parsley. Place a nonstick frying pan on a medium heat with the vegetable oil and previously mentioned vegetables, garlic, cod bits, and hot pepper sauce can be added if you like. Turn down heat to med low and Sautee to bring out the natural flavors of these ingredients. Allow to cool. Allow Bananas to cool, remove and chop into small cube pieces.
- In a large bowl place, the diced (cooked and cooled) bananas, then top with the flavored ingredients (which should be cooled) and add mayonnaise. Taste to check for saltiness and adjust if necessary. Give it a good mix and Chill in refrigerator to allow flavors to mend.
- Whilst fig salad is in the fridge marinate snapper fillet with blended seasoning lime juice and spices listed in ingredients. Let set for about 2 hrs. or you can always season the day before. Place in a nonstick pan on medium heat lightly coat with vegetable oil and place snapper skin side down holding for a few seconds. leave until skin is lightly crisps then flip to the other side for 3- 5 mins based on thickness of snapper.
- Lastly mix diced tomatoes, some smashed garlic and some oil and lime juice with two shadow benne leaves for an additional salsa or tomato souse ski for fish.