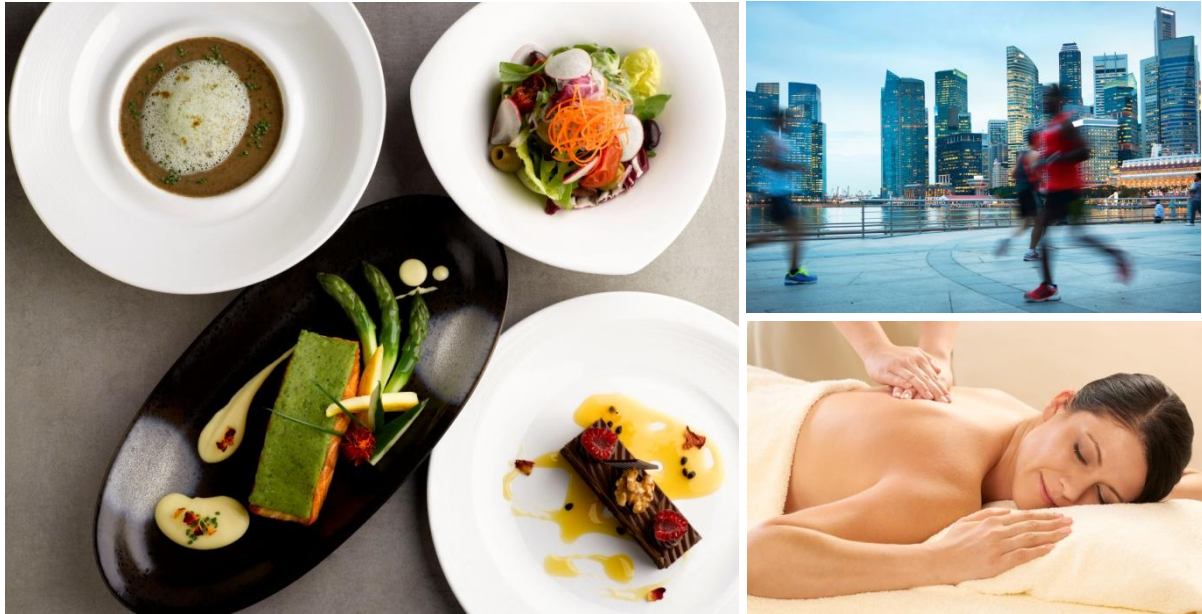


A #FULLERTONWELLNESS JOURNEY DEBUTS AT THE FULLERTON HERITAGE

Healthy dining choices, rejuvenating spa treatments and a wellspring of fitness activities allow guests to explore the historic and contemporary landmarks within the precinct



SINGAPORE, 8 November, 2016 – Based on a vision to create a balance of wholesome living, The Fullerton Heritage is pleased to launch the #FullertonWellness campaign. Embark on the #FullertonWellness journey, where a wide range of dining, spa and wellness offerings await in the vibrant precinct.

Comprising The Fullerton Hotel Singapore, The Fullerton Bay Hotel Singapore, The Fullerton Waterboat House, One Fullerton, The Fullerton Pavilion, Clifford Pier and Customs House, The Fullerton Heritage precinct is a world-class destination located where the dynamic developments of Marina Bay intersect with the famous Singapore skyline. The waterfront development's architecture combines both the historical and contemporary, adding vibrancy to the area's long-established cultural heritage and Central Business District.

Dine well, live well

The journey to wellness starts with a healthy diet. Our nine dining establishments at The Fullerton Hotel and The Fullerton Bay Hotel Singapore offer a plethora of wholesome options that cater to a diversity of dietary requirements. From a salad buffet at Town Restaurant and gluten-free afternoon tea sets at The Courtyard and The Landing Point (one day's advanced reservation is required), to nourishing Chinese specialities at Jade and vegetarian delights at The Clifford Pier, diners seeking healthier alternatives are spoilt for choice. Our culinary team has also created a gluten-free dinner set at Post Bar and healthy bites at our rooftop bar, Lantern. Dairy-free dishes can be prepared upon request.

For reservations and enquiries, please visit www.fullertonhotels.com or call Dining Reservations at (65) 6877 8911 / 891.

A wellspring of fitness activities

In-house and Public Guests

Guests in need of a workout can choose to go for a scenic run along the Singapore River or Marina Bay. Pick up a jogging trail map that is conveniently placed in all guest rooms or our hotels' Concierges for our recommended route. Whilst taking in the sights of Singapore's cityscape, spot our new visitors, in the form of marine life and a family of otters at Clifford Square. After a fulfilling jog, in-house guests can refresh themselves with wet towels and bottled water at our Concierge, available from 6.00 a.m. to 9.00 a.m. and 5.00 p.m. to 8.00 p.m. daily. Executives working in the financial areas can also discover a change of pace from their usual gym routines.

Guest may also choose to recharge, renew and rejuvenate with yoga classes by the Bay. Be guided through the flow of yoga by certified instructors from Under Armour at Clifford Square, or Outta Hatha Yoga at Customs House Terrace whilst enjoying the great outdoors and waterfront view. Sign up for a complimentary class with Under Armour on Tuesdays directly via www.tripleready.com/events, or a class with Outta Hatha Yoga from Mondays to Thursdays via www.outtahatha.com/registration. Up to three in-house guests are entitled to a complimentary class with Outta Hatha Yoga (first-come-first-serve basis). Simply sign up at our Concierge and present your room key card to the yoga instructor before class. Should members of the public wish to join the classes, they are available at S\$50 nett for 3 classes or S\$15 nett per class for 10 classes.

In-house Guests

As the ultimate refresher, in-house guests may take a dip in our hotels' 25-metre outdoor infinity or rooftop pools. Fitness Centres are also conveniently located at the Mezzanine level of The Fullerton Hotel or rooftop of The Fullerton Bay Hotel.

Bliss, pampering and relaxation

A relaxing haven nestled in the hallowed hallways of a national monument, The Fullerton Spa features a selection of therapies focused on delivering visible results. Our therapists, with an innate sense of touch, will create a passage to allow you to escape, renew and relax within the neoclassical tranquillity of The Fullerton Hotel. The Fullerton Spa uses the product line by the award-winning UK based company, Aromatherapy Associates. Its products are created with the purest natural oils and extracts and are paraben-free. Indulge in the 90-minute Asian Heritage Signature treatment, a holistic approach which combines Oriental techniques to detoxify and energise the body and spirit. For those short of time, try the 30-minute Back Relief Massage which targets areas of tension and releases pressure around the back, neck and shoulders.

For reservations and enquiries, please contact The Fullerton Spa at (65) 6877 8182 / 8183 or email thefullertonspa@fullertonhotel.com

Opening Hours: 10.00 a.m. to 10.00 p.m. daily

For more information on #FullertonWellness, please visit, www.bit.ly/FHWellness

THE FULLERTON HERITAGE
SINGAPORE



About The Fullerton Heritage

Located where the dynamic developments of Marina Bay intersect with the world famous Singapore skyline, and where the historic district meets the future, The Fullerton Heritage precinct is the focal point for waterfront fine dining, upscale shopping and entertainment. The waterfront development's architecture combines both the historical and contemporary, adding vibrancy to the area's long-established cultural heritage and central business district. An exquisite dining and hospitality complex, the precinct consists of The Fullerton Hotel Singapore, The Fullerton Bay Hotel Singapore, The Fullerton Waterboat House, One Fullerton, The Fullerton Pavilion, Clifford Pier and Customs House.

www.thefullertonheritage.com

About The Fullerton Hotel Singapore

Gazetted as Singapore's 71st National Monument, The Fullerton Hotel Singapore was once home to the General Post Office, The Singapore Club and the Chamber of Commerce. It is a luxury hotel with 400 rooms and suites carefully designed to provide both business and leisure travellers with a sanctuary of serenity and comfort in which to retreat and rejuvenate. Dynamically located in the heart of the financial and arts districts, the hotel successfully blends rich heritage with contemporary style and personalised service to offer guests a world-class accommodation experience. Epicureans can enjoy a delectable array of dining selections. There are a total of 5 restaurants and bar in the hotel, namely Town Restaurant which presents international buffets and an a la carte menu, Jade features authentic Chinese cuisine, The Courtyard offers an Indian buffet, Japanese buffet and Afternoon Tea, and The Lighthouse Restaurant & Rooftop Bar with breathtaking views of the bay serves authentic Italian cuisine. Post Bar, which features the original ceiling and pillars of the General Post Office, is the popular choice amongst the trendy elite.

Aside from the dining selections, The Fullerton Hotel also features an exquisite and intimate retail wing. Guests seeking rejuvenation can pamper themselves with the indulgent treatments at The Fullerton Spa. www.fullertonhotels.com

About The Fullerton Bay Hotel Singapore

The Fullerton Bay Hotel Singapore is a stunning, jewel-like addition to the sparkling Marina Bay waterfront, with breathtaking architecture and stunning interiors that combine modernity and heritage. Seated on prime waterfront location in the Central Business District and arts and cultural precinct, the Hotel offers classic luxurious hospitality and exquisite service with rooms featuring 360 degree spectacular views of the Marina Bay and Singapore skyline. Step into a world of chic sophistication where The Fullerton Bay Hotel Singapore will set the tone for an indulgent lifestyle experience. www.fullertonhotels.com

THE FULLERTON HERITAGE
SINGAPORE



SOCIAL MEDIA LINKS:

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Hashtag: #FullertonHotel #FullertonFlavours

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Hashtag: #FullertonBayHotel #FullertonFlavours

For media enquiries, please contact:

Maria Singh
Assistant Director of Marketing Communications
The Fullerton Hotel & The Fullerton Bay Hotel Singapore
Tel: (65) 6877 9010
Fax: (65) 6877 8010
Email: maria.singh@fullertonhotel.com

Joyce Shen
Marketing Communications Administrator
The Fullerton Hotel & The Fullerton Bay Hotel Singapore
Tel: (65) 6877 8977
Fax: (65) 6877 8010
Email: joyce.shen@fullertonhotel.com