# THE FULLERTON SPA

# CONTENT

WELCOME	2
WELCOME	
SIGNATURE TREATMENTS	4
MASSAGE EXPERIENCES	7
FACIAL INDULGENCES	9
BODY PAMPERING TREATMENTS	
EXPRESS TREATMENTS	14
PRICE LIST	
TERMS AND CONDITIONS	8 –   9

# WELCOME

Nestled in the 71<sup>st</sup> National Monument, in The Fullerton Hotel Singapore, the award-winning Fullerton Spa is an oasis of serenity in a timelessly elegant setting. Committed to providing the finest in luxury, quality and service, The Fullerton Spa has recently unveiled a range of exceptional treatments and products co-curated with world-renowned premium spa brand, ESPA.

We combine traditional holistic therapies with modern day techniques, utilising the purest natural ingredients to create truly unique treatments that deliver wellness and a renewed sense of inner calm.

The commitment to luxury, quality and service is reflected in our choice of products by ESPA, a world renowed premium spa brand. ESPA's products contain unique combinations of plant extracts, marine actives and essential oils to create the most effective natural products.

Select from a range of therapies that focus on delivering visible results and feel the uplifting difference in body and spirit through our treatments.

# SIGNATURE TREATMENTS

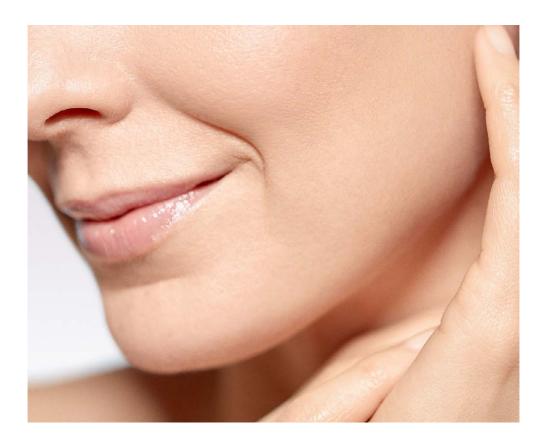
ES



## The Asian Heritage Signature

#### 90 Minutes

Unwind completely as busy thoughts and tension dissolve with this ultimate stressrelieving treatment. To restore peace and balance to body and mind, a stressrelieving scalp massage allows your body and mind to release any troubles and tension. Active stretching and ultimate deep muscle massage, using powerful, specialised massage techniques target areas most in need of attention – perfect for relaxing and releasing a stiff neck, aching lower back or tight shoulders. You will emerge supple and re-energised.



## The Fullerton Signature Facial

#### 60/90 Minutes

**Rapidly transform the visible health of your skin with this innovative treatment.** Blending the latest facial expertise and skincare know-how with powerful formulas, your skin is intensely purified and prepped with an advanced triple-cleanse treatment, before nutrient-rich formulas are activated to refine, quench and revitalise. Problem areas are rehydrated, balanced and nourished, before a bespoke facial massage smooths and boosts circulation, leaving skin radiantly revived and protected.

# MASSAGE EXPERIENCES

Rediscover inner calm and physical well-being. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

## Inner Calm Massage

# Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse and energise, while advanced massage techniques alleviate muscular pressure, soothe anxiety and invoke profound relaxation. Mind and body feel balanced, energy is renewed and inner calm is beautifully restored.

## Deep Muscle Massage

**Restore comfort, suppleness and movement with this intensely effective massage.** Specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

## Positivity Massage

#### 90 Minutes

60/90 Minutes

Soothe stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

# 60/90 Minutes

# FACIAL INDULGENCES

Reveal skin that glows with natural health and beauty. By assessing your skin, lifestyle and well-being needs, our therapists create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

# Inner Beauty Facial

**Deeply cleanse, hydrate and renew with this stimulating facial.** Tailored to your skin's precise needs, Tri-Active<sup>™</sup> formulas work immediately to transform your complexion while pure aroma therapeutic oils relaxes your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

## Intense Regenerating Facial

Visibly diminish wrinkles and fine lines with this age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

# Natural Face Lift

**Reveal visibly resilient, healthy-looking, youthful skin.** This specialised facial is the complete approach to improving skin health using cutting-edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age-defying techniques inspired by Japanese Kobido massage, along with stimulating Jade rollers, leave the skin firm, lifted and beautifully radiant.

### 60 Minutes

#### 90 Minutes

#### 60 Minutes

# Men's Deep Cleansing Facial

#### 60 Minutes

**Deeply cleanse, hydrate and renew with this intensive facial**. Tailored to your exact needs, Tri-Active<sup>™</sup> formulas work immediately to purify and reawaken your skin while aroma therapeutic oils relax your mind. Skin looks clear, smooth and energised, while inner calm is restored.

# Add on ...

# Eye Lift

#### 15 Minutes

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active<sup>™</sup> formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

# BODY PAMPERING TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective active ingredients and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

# **Body Ritual**

**Purify and revive body and mind with this deeply cleansing ritual.** Body exfoliation combines with a nourishing wrap, personalised aromatherapy massage and reviving scalp massage. Skin feels refreshed, smooth and intensely nourished. Toxins are eliminated, tension alleviated and your body and mind re-energised.

# Hero Treatment - Back, Face & Scalp

Release tension, instantly boost your complexion and restore inner calm with our hero treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial to help you look and feel your very best – restored, de-stressed and beautifully radiant.

# Body Wrap

**Purify your body and deeply replenish your skin with this personalised body wrap.** Reveal effective results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

#### 120 Minutes

# 60 Minutes

## 90 Minutes

# EXPRESS TREATMENTS

# Eye Lift

Smooth, firm and hydrate with this revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

# Salt & Oil Scrub

**Revive skin's natural softness and glow with this intensely exfoliating treatment.** An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dullness, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

# Back, Neck & Shoulder Massage

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

#### 30 Minutes

#### 25 Minutes

# 25 Minutes



# PRICE LIST

SIGNATURE TREATMENTS		
The Asian Heritage Signature	90 MINS	S\$260
The Fullerton Signature Facial	60 MINS	S\$220
	90 MINS	S\$340
MASSAGE EXPERIENCES		
Inner Calm Massage	60 MINS	S\$180
	90 MINS	S\$260
Deep Muscle Massage	60 MINS	S\$180
	90 MINS	S\$260
Positivity Massage	90 MINS	S\$260
FACIAL INDULGENCES		
Inner Beauty Facial	60 MINS	S\$200
Intense Regenerating Facial	60 MINS	S\$240
Natural Face Lift	90 MINS	S\$320
Men's Deep Cleansing Facial	60 MINS	S\$200
Add on: Eye Lift	15 MINS	S\$50
BODY PAMPERING TREATMENTS		
Body Ritual - Exfoliation & Aromatherapy Massage		S\$330
Hero Treatment - Back, Face & Scalp	90 MINS	S\$330 S\$320
BodyWrap		S\$220
	00111140	ΟΨΖΖΟ
EXPRESS (add on service to the above treatments)		
Eye Lift	30 MINS	S\$95
Salt & Oil Scrub	25 MINS	S\$90
Back, Neck & Shoulder Massage	25 MINS	S\$90

# The Fullerton Spa

# TERMS AND CONDITIONS

#### **OPERATING HOURS**

The Fullerton Spa's operating hours are from 10.00 a.m. to 10.00 p.m. daily.

The Fullerton Spa is a GST-registered company. Prices are in Singapore Dollars and are subject to 10 percent service charge and 7 percent GST. Gratuities are not included and are welcome at your discretion.

Please note that availability and pricing are subject to change and discontinuation at any time without prior notice. Major credit cards are accepted. We do not accept cheques.

#### COMMITMENT TO PROVIDE QUALITY GOODS AND SERVICES

The Fullerton Spa offers a selection of facial and massage therapies focused on delivering visible results. The products used are imported from an award-winning UK-based company, created with only natural ingredients.

The Fullerton Spa ensures that all its products and services are of satisfactory quality in accordance with the Sales of Goods Act, Consumer Protection (Fair Trading) Act and Lemon Law.

The Fullerton Spa ensures effective massages that soothe body tensions are based on these approaches.

#### CANCELLATION / RESCHEDULING POLICY

To cancel or reschedule your Spa appointment, please do so at least 12 hours prior to your scheduled treatment time. Rescheduled appointments are subject to availability. Cancellations within 12 hours would incur 50% charge. Cancellations less than 6 hours' notice would incur 100% charge. A credit card is required at the time of booking.

However, in the event that the booking is cancelled by The Fullerton Spa, no charges will be levied.

#### **EXCHANGE & REFUND POLICY (PRODUCTS)**

Products are refundable within 6 months if found defective, and if less than 1/3 of the product has been consumed. The customer must present evidence of defects, receipt and the original packaging.

#### HEALTH CONDITIONS

Prior to your treatment, you will be asked to complete a confidential questionnaire to assess your suitability for any treatment carrying contraindications. Please inform your Spa therapist if you are using contact lenses before a facial treatment.

#### LOSS & DAMAGE

We regret that we cannot be responsible for any loss and damage of personal articles. Please keep all valuables locked during your visit. For the protection of your clothing, we also ask that you wear the robe provided.

#### ACCIDENTS OR INJURIES

We shall not be liable for any accidents or injuries suffered by any member or guest.

#### **RESTRICTIONS ON THE USE OF FACILITIES**

The use of alcohol and tobacco is strictly prohibited.

#### SPA ETIQUETTE

The Spa welcomes guests of both genders from age 18 and above to experience the range of treatments. Guests from ages 16 to 18 are welcome to use the Spa with their parents' written consent. For guests below age 16, we require a parent to be present during the treatment.

Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone-, pager- and camera-free zone.

Please arrive 20 minutes prior to the scheduled appointment time, to allow us to have a brief discussion about your treatment expectations. Late arrivals will result in a reduction of treatment time.

#### **GIFT CERTIFICATES**

All gift certificates purchased are covered by Certificate of Insurance, and are valid for 12 months from date of purchase.

Prepayment made for Spa Gift Certificates is not refundable for cash after the "5-day cooling period". However, they can be exchanged for other services or products.

Validity of the gift certificates sold will be as specified and may not be extended. Expired gift certificates are not refundable.

The Hotel will not be responsible for the loss or damage of the gift certificates.

#### SPA PREMIUM PACKAGES

The Fullerton Spa's Premium Packages sold are covered by Certificate of Insurance. All packages are valid for 12 months from the date of purchase and are strictly non-transferrable.

Prepayment made for Spa Premium Packages is not refundable for cash after the "5-day cooling period". However, they can be exchanged for other spa treatments.

When a refund is granted, the refund amount is calculated by deducting charges and/ or fees already utilised by the customer and any charges imposed by the credit card company.

Additionally, if the customer has already utilised some of the treatments or credits purchased, those consumed treatments and/ or credits would also be deducted from the final initial amount paid by the customer.

Services sold are not refundable.

## FOR RESERVATIONS AND ENQUIRIES

Please call (65) 6877 8182 / 8183 or email thefullertonspa@fullertonhotels.com



Scan here to book



THE FULLERTON HOTEL

The Fullerton Hotel Singapore 1 Fullerton Square Singapore 049178 FULLERTONHOTELS.COM