



WELLNESS

Hiking Routes



Hiking in Marbella

Adventure beyond the Marbella Club and discover the best routes for a day's walk through the area's historical or natural landmarks.

Our personal trainer can accompany you and will personalise your work-out according to your skill level.

ROUTES

Sendero Acequias del Guadalmina

Benahavís · 4,52 km

Benahavís - Montemayor

Benahavís · 6,94 km

Refugio de Juanar - Cruz de Juanar

Istán · 8 km

Xarblanca - Arroyo de los Monjes - Ermita de los Monjes

Marbella, · 4,14 km

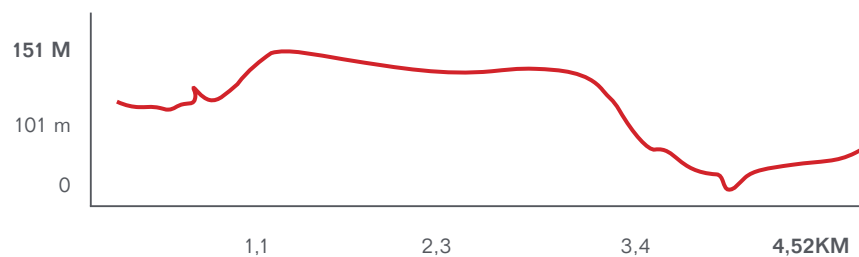
Pinar de Nagüeles - Arroyo de las Piedras- Mina de Agua de Buenavista

Marbella · 4,13 km

SENDERO ACEQUIAS DEL GUADALMINA

BENAHAVÍS, MÁLAGA

This path was used by the Arabs more than ten centuries ago to gather water from the Guadalmina River. Today, the irrigation ditch has been adapted for hiking. With only a few pronounced curves and nearly flat terrain, this route is ideal for all ages.



EUR 185 - 1 PERSON / EUR 275 - 2 OR 3 PEOPLE

Price includes a personal trainer for the duration of the activity.

Please note this route can be done individually.

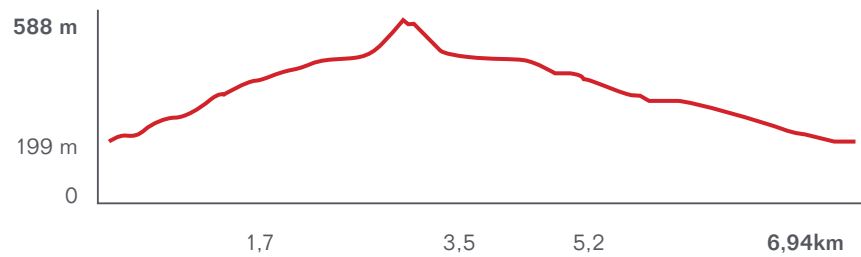
Complimentary transfer service available for this route.

LEVEL	TIME	TOTAL DISTANCE
Easy	2 hours 10 minutes	4,52 km

BENAHAVÍS - MONTEMAYOR

BENAHAVÍS, MÁLAGA

Starting in nearby Benahavís, this route ascends up to the peak of Montemayor mountain (579m). On top, you'll find the Montemayor Castle, an Arab fortress from where you can see more than 100 km of coastline and straight views to Africa.



EUR 240 - 1 PERSON / EUR 360 - 2 OR 3 PEOPLE

Price includes a personal trainer for the duration of the activity.

Please note this route can be done individually.

Complimentary transfer service available for this route.



LEVEL

Easy

TIME

3 hours 20 minutes

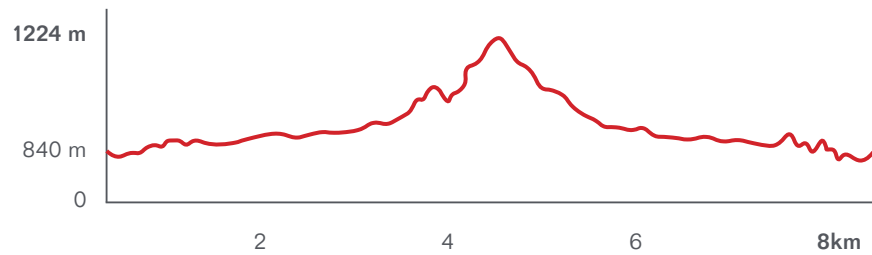
TOTAL DISTANCE

6,94 km

REFUGIO DE JUANAR - CRUZ DE JUANAR

MARBELLA, MÁLAGA

The walk begins in the Refugio de Juanar base and follows a well-defined track through open country with olive groves before starting with a steep hike to the Cross. The finish will prove especially challenging as it will require a bit of climbing.



EUR 325 - 1 PERSON / EUR 450 - 2 OR 3 PEOPLE

Price includes a personal trainer for the duration of the activity.

Please note this route can be done individually.

Please contact our Concierge to arrange for transfer service to the route starting point (included in the price).



LEVEL

Medium

TIME

3 hours 17 minutes

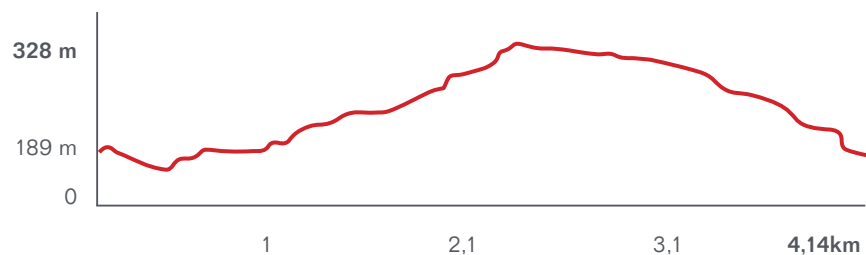
TOTAL DISTANCE

8 km

XARBLANCA - ARROYO DE LOS MONJES - ERMITA DE LOS MONJES

MARBELLA, MÁLAGA

Only a few kilometres away from the beaches of Marbella, this route will take you through lush and humid plant life of Sierra Blanca. After following the riverbed for a couple of kilometers, you will have to jump over - and sometimes through (depending on the season) natural pools and small waterfalls. Best done in winter or spring.



EUR 190 - 1 PERSON / EUR 270 - 2 OR 3 PEOPLE

Price includes a personal trainer for the duration of the activity.

Please note this route can be done individually.

Please contact our Concierge to arrange for transfer service to the route starting point (included in the price).

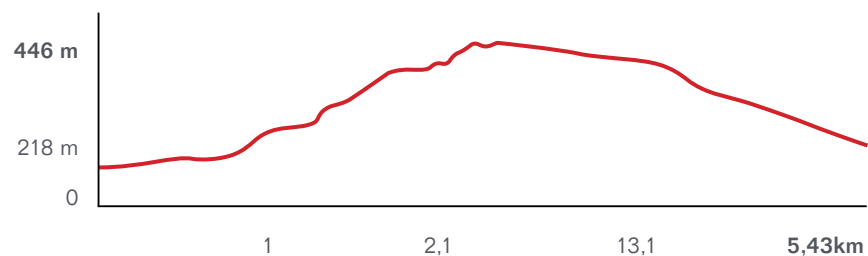


LEVEL	TIME	TOTAL DISTANCE
Easy	2 hours	4,14 km

PINAR DE NAGÜELES - ARROYO DE LAS PIEDRAS - MINA DE AGUA DE BUENAVISTA

MARBELLA, MÁLAGA

This route will take you through the pine forest of Nagüeles and then on to a bit of stone-stepping through a stream. Finally, you'll arrive at an 1800s lead foundry, a vestige of the mining history of Marbella.



EUR 170 - 1 PERSON / EUR 235 - 2 OR 3 PEOPLE

Price includes a personal trainer for the duration of the activity.

Please note this route can be done individually.

Please contact our Concierge to arrange for transfer service to the route starting point (included in the price).



LEVEL

Easy

TIME

1 hour 46 minutes

TOTAL DISTANCE

5,43km

RECOMMENDED ITEMS

FEET

Worn-in, waterproof hiking boots with suitable ankle support
Loose, casual trousers for trekking

BODY

Windproof, waterproof outer shell garment
(breathable if possible!)
Fleece windstopper jacket

HEAD

Hat or cap for sun protection

ACCESSORIES

Rucksack
Sunglasses with UV protection
Sunscreen lotion and lip balm
Toilet kit

YOUR GUIDE WILL BRING

Water bottles
First aid kit

ADDITIONAL INFORMATION

BOOKING

These hiking routes present various difficulty levels and durations.
Please note that these routes can be done either accompanied by a personal trainer or individually. Should you choose to be accompanied by a personal trainer, booking is required 48 hours in advance.

Should you choose to enjoy the routes alone, please contact our Concierge Desk to explore the various transfer options.

All our routes can be customized for groups.
To enquire about which routes are most suitable for children and specific age groups, please contact our Concierge Desk.

Telephone (+34) 952 822 211
concierge@marbellaclub.com
Dial 5 from your room

MEETING POINT

Hotel lobby
Departure and arrival varies according to the selected route

Marbella Club Hotel, Golf Resort & Spa

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