

The background is a solid light beige color. Overlaid on this are three stylized white line-art flowers. Each flower has a long, thin stem and a cluster of petals. The petals are defined by simple white outlines and some internal lines suggesting texture. The flowers are arranged in a way that their stems cross each other. One flower is on the left, another is in the upper center, and the third is on the right side, lower than the others.

# THE FULLERTON SPA

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# WELCOME

Nestled in the 71<sup>st</sup> National Monument – The Fullerton Hotel Singapore, The Fullerton Spa is the ideal oasis for relaxation and renewal. Awarded Winner of Luxury Business Hotel Spa (Southeast Asia) by World Luxury Spa from 2017 to 2019 and Luxury Business Spa (Asia) for 2020, The Fullerton Spa is recognised for its expertise in providing exceptional treatments under the expert hands of our spa therapists.

We combine traditional holistic therapies with modern day techniques, utilising the purest natural ingredients to create truly unique treatments that deliver wellness and a renewed sense of inner calm.

The commitment to luxury, quality and service is reflected in our choice of products by ESPA, a world renowned premium spa brand. ESPA's products contain unique combinations of plant extracts, marine actives and essential oils to create the most effective natural products.

Select from a range of therapies that focus on delivering visible results and feel the uplifting difference in body and spirit through our treatments.



SIGNATURE TREATMENTS



## The Asian Heritage Signature

90 Minutes

**Unwind completely as busy thoughts and tension dissolve with this ultimate stress-relieving treatment.** To restore peace and balance to body and mind, a stress-relieving scalp massage allows your body and mind to release any troubles and tension. This is followed by the ultimate deep muscle massage, using powerful, specialised massage techniques which target areas most in need of attention – perfect for relaxing and releasing a stiff neck, aching lower back or tight shoulders. You will emerge supple and re-energised.



## The Fullerton Signature Facial

60/90 Minutes

**Rapidly transform the visible health of your skin with this innovative treatment.** Blending the latest facial expertise and skincare know-how with powerful formulas, your skin is intensely purified and prepped with an advanced triple-cleanse treatment, before nutrient-rich formulas are activated to refine, quench and revitalise. Problem areas are rehydrated, balanced and nourished, before a bespoke facial massage smooths and boosts circulation, leaving skin radiantly revived and protected.



## MASSAGE EXPERIENCES

Rediscover inner calm and physical well-being. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

## Inner Calm Massage

60/90 Minutes

**Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience.** Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse and energise, while advanced massage techniques alleviate muscular pressure, soothe anxiety and invoke profound relaxation. Mind and body feel balanced, energy is renewed and inner calm is beautifully restored.

## Deep Muscle Massage

60/90 Minutes

**Restore comfort, suppleness and movement with this intensely effective massage.** Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

## Positivity Massage

90 Minutes

**Soothe stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience.** Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.





## FACIAL INDULGENCES

Reveal skin that glows with natural health and beauty. By assessing your skin, lifestyle and well-being needs, our therapists create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

## Inner Beauty Facial

60 Minutes

**Deeply cleanse, hydrate and renew with this stimulating facial.** Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aroma therapeutic oils relaxes your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

## Intense Regenerating Facial

60 Minutes

**Visibly diminish wrinkles and fine lines with this age-defying facial.** Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

## Natural Face Lift

90 Minutes

**Reveal visibly resilient, healthy-looking, youthful skin.** This specialised facial is the complete approach to improving skin health using cutting-edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age-defying techniques inspired by Japanese Kobido massage, along with stimulating Jade rollers, leave the skin firm, lifted and beautifully radiant.

## Men's Deep Cleansing Facial

60 Minutes

**Deeply cleanse, hydrate and renew with this intensive facial.** Tailored to your exact needs, Tri-Active™ formulas work immediately to purify and reawaken your skin while aroma therapeutic oils relax your mind. Skin looks clear, smooth and energised, while inner calm is restored.

## Add on ...

### Eye Lift

15 Minutes

**Smooth, firm and hydrate with this instantly revitalising eye treatment.** Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.



## BODY PAMPERING TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective active ingredients and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

## Body Ritual

120 Minutes

**Purify and revive body and mind with this deeply cleansing ritual.** Body exfoliation combines with a nourishing wrap, personalised aromatherapy massage and reviving scalp massage. Skin feels refreshed, smooth and intensely nourished. Toxins are eliminated, tension alleviated and your body and mind re-energised.

## Hero Treatment - Back, Face & Scalp

90 Minutes

**Release tension, instantly boost your complexion and restore inner calm with our hero treatment.** Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial to help you look and feel your very best – restored, de-stressed and beautifully radiant.

## Body Wrap

60 Minutes

**Purify your body and deeply replenish your skin with this personalised body wrap.** Reveal effective results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.



EXPRESS TREATMENTS

## Eye Lift

30 Minutes

**Smooth, firm and hydrate with this revitalising eye treatment.** Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

## Salt & Oil Scrub

25 Minutes

**Revive skin's natural softness and glow with this intensely exfoliating treatment.** An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dullness, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

## Back, Neck & Shoulder Massage

25 Minutes

**Ease tension where you need it most with this fast-acting de-stressing treatment.** Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.



ESPA

NATURAL BEAUTY  
INNER CALM

TRI-ACTIVE<sup>®</sup>  
RESILIENCE  
DETOX & PURIFY  
CLEANSER

Comforting cleanser to melt away  
impurities and pollution  
Hydrating / réconfortant pour toute  
peau. Les hydrates et la pollution.

ESPA

NATURAL BEAUTY  
INNER CALM

TRI-ACTIVE<sup>®</sup>  
RESILIENCE  
PRO-BIOME SERUM

Intensive age-defying formula  
for strong resilient skin  
Serum anti-âge intensif  
pour une peau résistante

ESPA

TRI-ACTIVE<sup>®</sup>  
RESILIENCE  
PRO-BIOME MOISTURIZER

Hydrating / réconfortant pour toute  
peau. Les hydrates et la pollution.

ESPA

TRI-ACTIVE<sup>®</sup>  
RESILIENCE  
REST & RECOVERY NIGHT BALM

Intensive age-defying formula  
for strong resilient skin  
Serum anti-âge intensif  
pour une peau résistante

ESPA

TRI-ACTIVE<sup>®</sup>  
RESILIENCE  
PRO-BIOME EYE TREATMENT

Intensive age-defying formula  
for strong resilient skin  
Serum anti-âge intensif  
pour une peau résistante



## PRICE LIST

### SIGNATURE TREATMENTS

|                                      |         |        |
|--------------------------------------|---------|--------|
| The Asian Heritage Signature .....   | 90 MINS | S\$260 |
| The Fullerton Signature Facial ..... | 60 MINS | S\$220 |
|                                      | 90 MINS | S\$340 |

### MASSAGE EXPERIENCES

|                           |         |        |
|---------------------------|---------|--------|
| Inner Calm Massage .....  | 60 MINS | S\$180 |
|                           | 90 MINS | S\$260 |
| Deep Muscle Massage ..... | 60 MINS | S\$180 |
|                           | 90 MINS | S\$260 |
| Positivity Massage .....  | 90 MINS | S\$260 |

### FACIAL INDULGENCES

|                                   |         |        |
|-----------------------------------|---------|--------|
| Inner Beauty Facial .....         | 60 MINS | S\$200 |
| Intense Regenerating Facial ..... | 60 MINS | S\$240 |
| Natural Face Lift .....           | 90 MINS | S\$320 |
| Men's Deep Cleansing Facial ..... | 60 MINS | S\$200 |
| <i>Add on:</i> Eye Lift .....     | 15 MINS | S\$50  |

### BODY PAMPERING TREATMENTS

|   |          |        |
|---|----------|--------|
| Body Ritual - <i>Exfoliation &amp; Aromatherapy Massage</i> ..... | 120 MINS | S\$330 |
| Hero Treatment - <i>Back, Face &amp; Scalp</i> .....              | 90 MINS  | S\$320 |
| BodyWrap .....  | 60 MINS  | S\$220 |

### EXPRESS *(add on service to the above treatments)*

|                                     |         |       |
|-------------------------------------|---------|-------|
| Eye Lift .....                      | 30 MINS | S\$95 |
| Salt & Oil Scrub .....              | 25 MINS | S\$90 |
| Back, Neck & Shoulder Massage ..... | 25 MINS | S\$90 |

THE FULLERTON SPA

## TERMS AND CONDITIONS

### OPERATING HOURS

The Fullerton Spa's operating hours are from 10.00 a.m. to 10.00 p.m. daily.

The Fullerton Spa is a GST-registered company. Prices are in Singapore Dollars and are subject to 10% service charge and 7% GST. Gratuities are not included and are welcome at your discretion.

Please note that availability and pricing are subject to change and discontinuation at any time without prior notice. Major credit cards are accepted. We do not accept cheques.

### COMMITMENT TO PROVIDE QUALITY GOODS AND SERVICES

The Fullerton Spa offers a selection of facial and massage therapies focused on delivering visible results. The products used are imported from an award-winning UK-based company, created with only natural ingredients.

The Fullerton Spa ensures that all its products and services are of satisfactory quality in accordance with the Sales of Goods Act, Consumer Protection (Fair Trading) Act and Lemon Law.

The Fullerton Spa ensures effective massages that soothe body tensions are based on these approaches.

### CANCELLATION / RESCHEDULING POLICY

To cancel or reschedule your Spa appointment, please do so at least 12 hours prior to your scheduled treatment time. Rescheduled appointments are subject to availability. Cancellations within 12 hours would incur 50% charge. Cancellations less than 6 hours' notice would incur 100% charge. A credit card is required at the time of booking.

However, in the event that the booking is cancelled by The Fullerton Spa, no charges will be levied.

### EXCHANGE & REFUND POLICY (PRODUCTS)

Products are refundable within 6 months if found defective, and if less than 1/3 of the product has been consumed. The customer must present evidence of defects, receipt and the original packaging.

### HEALTH CONDITIONS

Prior to your treatment, you will be asked to complete a confidential questionnaire to assess your suitability for any treatment carrying contraindications. Please inform your Spa therapist if you are using contact lenses before a facial treatment.

### LOSS & DAMAGE

We regret that we cannot be responsible for any loss and damage of personal articles. Please keep all valuables locked during your visit. For the protection of your clothing, we also ask that you wear the robe provided.

## **ACCIDENTS OR INJURIES**

We shall not be liable for any accidents or injuries suffered by any member or guest.

## **RESTRICTIONS ON THE USE OF FACILITIES**

The use of alcohol and tobacco is strictly prohibited.

## **SPA ETIQUETTE**

The Spa welcomes guests of both genders from age 18 and above to experience the range of treatments. Guests from ages 16 to 18 are welcome to use the Spa with their parents' written consent. For guests below age 16, we require a parent to be present during the treatment.

Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone-, pager- and camera-free zone.

Please arrive 20 minutes prior to the scheduled appointment time, to allow us to have a brief discussion about your treatment expectations. Late arrivals will result in a reduction of treatment time.

## **GIFT CERTIFICATES**

All gift certificates purchased are covered by Certificate of Insurance, and are valid for 12 months from date of purchase.

Prepayment made for Spa Gift Certificates is not refundable for cash after the "5-day cooling period". However; they can be exchanged for other services or products.

Validity of the gift certificates sold will be as specified and may not be extended. Expired gift certificates are not refundable.

The Hotel will not be responsible for the loss or damage of the gift certificates.

## **SPA PREMIUM PACKAGES**

The Fullerton Spa's Premium Packages sold are covered by Certificate of Insurance. All packages are valid for 12 months from the date of purchase and are strictly non-transferrable.

Prepayment made for Spa Premium Packages is not refundable for cash after the "5-day cooling period". However; they can be exchanged for other spa treatments.

When a refund is granted, the refund amount is calculated by deducting charges and/ or fees already utilised by the customer and any charges imposed by the credit card company.

Additionally, if the customer has already utilised some of the treatments or credits purchased, those consumed treatments and/ or credits would also be deducted from the final initial amount paid by the customer.

Services sold are not refundable.

FOR RESERVATIONS AND ENQUIRIES

Please call (65) 6877 8182 / 8183 or email [thefullertonspa@fullertonhotels.com](mailto:thefullertonspa@fullertonhotels.com)



Scan here to book



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SINGAPORE

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